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| <p>*Child centered services available †Domestic violence/sexual assault services available ^Psychiatric services available</p> |
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SUICIDE PREVENTION LIFELINES

If you or someone you know is struggling emotionally, is in crisis, or needs someone to talk to, please reach out and get support:

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
TTY: 1-800-799-4889
- Spanish Language National Suicide Prevention Lifeline:
1-888-628-9454
- Crisis Text Line: 741741
- Veterans Crisis Line: call 1-800-273-8255 and Press 1
- Trans Lifeline: 1-877-565-8860
- Disaster Distress Helpline: 1-800-985-5990
- Trevor Helpline: 1-866-4u-TREVOR (488-7386)
- Love Is Respect: 1-866-331-9474 or text “loveis” to 22522

ANDERSON COUNTY

Rehabilitation

Anderson/Oconee Behavioral Health Services

Provides adult and adolescent counseling and support services for substance use/abuse.

Address: 226 McGee Road, Anderson, SC 29625

Phone: (864) 260-4168

Email: aobhs@aobhs.org

Web: www.aobhs.org

Payment: accepts Medicaid and offers a sliding scale

Haven of Rest Ministries

Residential men's and women's bible-based discipleship programs for overcoming addiction.

Address: 219 West Whitner Street, Anderson, SC 29624

Phone: (864) 226-6193

Web: www.havenofrest.cc

Payment: services are free

Southwest Carolina Treatment Center

Specializes in opiate addiction treatment through Medication-Assisted Treatment (MAT) and counseling.

Address: 341 West Beltline Boulevard, Anderson, SC 29625

Phone: (864) 222-9798

Phone After Hours: (864) 516-5449

Web: www.carolinatreatmentcenters.com/anderson-sc/

Support Services

Mental Health America - Anderson County

Provides advocacy and education about mental illness as well as customized training programs and some support services.

Address: P.O. Box 1925, Anderson, SC 29622

Phone: (864) 984-0635

NAMI Anderson-Oconee-Pickens

Provides free education, support groups, and advocacy to people with a mental illness and their families.

Address: P.O. Box 45, Pendleton, SC 29670

Phone: (864) 882-5131

Email: michelleready@hotmail.com

Web: www.namiaop.org

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

Address: 3001 Martin Luther King Jr. Boulevard, Anderson, SC 29625

Phone: (864) 224-6391

Web: www.scvrd.net

Therapy

Anderson Center for Mindfulness

Offers therapy for children, adolescents, adults, families, and groups, specializing in anxiety, trauma, PTSD, depression, mood disorders, EMDR, and grief.

Address: 616 Bonham Court, Anderson, SC 29621

Phone: (864) 844-8019

*** ^Anderson-Oconee-Pickens Mental Health Center**

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

Address: 200 McGee Road, Anderson, SC 29625

Phone: (864) 260-2220

Child, Adolescent, and Family William E. Pascoe Center

Address: 515 A Camson Road, Anderson, SC 29625

Phone: (864) 716-2316

Web: www.aopmentalhealth.org

Payment: accepts Medicaid

^AnMed Health Psychiatry

Offers adult and geriatric services, individual supportive therapy and psychotherapy, counseling and intervention, medication management, and couples therapy.

Address: 400 North Fant Street, Suite D, Anderson, SC 29621

Phone: (864) 226-1166

Web: anmedhealth.org/Services/Additional-Services/Behavioral-Health

Payment: accepts Medicaid

Brie Childress, LISW-CP, LLC

Offers therapy for adolescents, adults, and families, specializing in trauma, PTSD, dissociative disorders, depression, and LGBT issues.

Address: 2315 North Main Street, Suite 221B, Anderson, SC 29621

Phone: (864) 362-2631

Payment: accepts Medicaid

Carlene M. Wentworth, PhD, LPC

Offers therapy and counseling for adults, specializing in PTSD, depression, anxiety, addiction, anger, trauma, infidelity, and divorce.

Address: 4120 Clemson Boulevard, Suite E, Anderson, SC 29621

Phone: (864) 760-3150

Web: www.drcarlenewentworth.com

Payment: accepts Medicaid and offers a sliding scale

Counseling for Life

Offers psychotherapy and counseling services for individuals, couples, and families, specializing in anxiety, depression, parenting, mood disorder, dual diagnosis, sensory integration, adjustment disorder, PTSD, women's issues, and divorce.

Address: 125 Muddy Toes Drive, Anderson, SC 29626

Phone: (864) 353-3384

Web: www.counseling4life.net

Payment: accepts Medicaid

^Dana Wiley, MD, P.A.

Offers comprehensive psychiatric and psychological services including depression, anxiety disorders, counseling, healthy nutrition, and suboxone therapy.

Address: 4325-A Old Mill Road, Suite 2B, Anderson, SC 29621

Phone: (864) 225-1195

Web: www.danawileymd.com

^Ernest C. Martin, MD, PA Behavioral Health Group

Provides outpatient treatment services for adults.

Address: 102 Buford Avenue, Anderson, SC 29621

Phone: (864) 261-9506

Web: www.ernestmartinmd.com

*** † Foothills Child Advocacy Center**

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.

Address: 216 East Calhoun Street, Anderson, SC 29621

Phone: (864) 261-6111

Web: www.foothillsalliance.org

*** ^ Gateway Children's Mental Health Services**

Specializes in children and adolescents (ages birth to 18), offering general practice.

Address: 2406 North Main Street, Suite A, Anderson, SC 29621

Phone: (864) 406-6041

Email: referrals@gatewaychildrens.com

Web: www.gatewaychildrens.com

Payment: accepts Medicaid

Hopetown Counseling

Provides counseling for adults, specializing in anxiety, depression, spirituality, divorce, family conflict, life coaching, men's issues, and transitions.

Address: 2303 B Main Street, Anderson, SC 29621

Phone: (864) 559-8844

Email: thisishopetown@gmail.com

Web: www.thisishopetown.com

Inspiring Change Professional Counseling Services

Offers counseling for adolescents, adults, couples, families, and groups, specializing in mental health disorders, relationship issues, grief/loss, life transitions, anger, and divorce.

Address: 4120 Clemson Boulevard, Suite I, Anderson, SC 29621

Phone: (864) 724-7552

Email: info@inspiringchangesc.com

Web: www.inspiringchangesc.com

Life's Transitions

Provides therapy for adolescents and adults, specializing in addiction, anger management, emotional disturbance, and mood disorders.

Address: 2410 North Main Street, Anderson, SC 29621

Phone: (864) 712-4813

Payment: accepts Medicaid and offers a sliding scale

New Life Family Counseling

Offers therapy for children, adolescents, adults, couples, and families, specializing in Cognitive Behavioral Therapy, anxiety, relationship issues, and anger.

Address: 2135 North Main Street, Suite 201, Anderson, SC 29621

Phone: (864) 225-3937

Web: newlifefamilycounseling.vpweb.com

Restoring Hope Counseling, LLC

Offers counseling for children, adolescents, adults, and families, specializing in anxiety, women's issues, ADHD, adoption, mood disorders, family conflict, grief, life transitions, peer relationships, self-esteem, spirituality, and stress.

Address: 218 Tribble Street, Anderson, SC 29625

Phone: (864) 642-1171

Web: www.arestoredhope.com

Stress Management Center

Offers psychotherapy and counseling for adults, specializing in anxiety, adjustment disorders, relationship issues, and stress management.

Address: 1115 Dunlap Road, Anderson, SC 29621

Phone: (864) 225-0792

Web: www.fernviewcenterforwellbeing.com/stressmanagementcenter

*** † The Family Counseling Center of Anderson**

Provides counseling for children, adolescents, and families with behavioral and emotional challenges, specializing in trauma, parenting, anger, and victim therapy.

Address: 410 East Shockley Ferry Road, Anderson, SC 29624

Phone: (864) 225-6266

Web: newfoundationschildren.com/nfhfc-who-we-are-and-what-we-do/family-counseling-center-anderson/

Payment: accepts Medicaid

CHEROKEE COUNTY

Rehabilitation

Cherokee County Commission on Alcohol and Drug Abuse

Provides adult and adolescent counseling and support services for substance use/abuse.

Address: 210 West Montgomery Street, Gaffney, SC 29341

Phone: (864) 487-2721

Payment: Accepts Medicaid

Clear Skye Treatment Centers

Provides comprehensive treatment services to assist individuals dealing with opiate addiction.

Address: 104 Willis Plaza, Gaffney, SC 29341

Phone: 1-800-792-9030

Web: clearskyetreatmentcenters.com

Support Services

Mental Health America-Cherokee County

Provides advocacy and education about mental illness as well as customized training programs and some support services.

Address: 126 Foxfire Drive, Gaffney, SC 29340

Email: clifmartha@aol.com

ReGenesis Community Health Center

Provides quality health care to the community.

Address: 1604 N. Limestone St., Gaffney, SC 29340

Phone: (864) 902-1000

Web: www.myrhc.org

Payment: Accepts Medicaid, offers a sliding scale

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

Address: 364 Huntington Rd, Gaffney, SC 29341

Phone: (864) 489-9954

Web: www.scvrd.net

Therapy

*** ^ Cherokee Mental Health Center**

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders

Address: 125 East Robinson Street, Gaffney, SC 29340

Phone: (864) 487-2710

24-Hour Emergency On-Call Services: 1(800) 277-1366

Deaf/Hard of Hearing after hours contact: deafhotline@scdmh.org

Payment: Accepts Medicaid, offers a sliding scale

Epiphany Family Services

Offers counseling.

Address: 423 North Granard Street, Gaffney, SC 29341

Phone: (864) 649-1046

Outside of the Box Therapy

Offers individual and couples therapy for grief, trauma, caregiver support.

Address: 115 E Montgomery St #864, Gaffney, SC 29340

Phone: (864) 597-9493

Web: outsideoftheboxtherapy.com

Payment: accepts Medicaid, offers a sliding scale

† SAFE Homes

Provides services to victims of sexual assault and domestic violence.

Address: 405 North Logan Street, Gaffney, SC 29341

Phone: (864) 583-9803

Web: www.shrcc.org

Sara Baker Counseling, LLC

Offers counseling services.

Address: 302 S. Limestone St. Suite 1, Gaffney, SC 29340

Phone: (864) 425-7076

Email: sarabakercounseling@yahoo.com

Payment: accepts Medicaid

CHESTER COUNTY

Rehabilitation

Hazel Pittman Center

Provides adult and adolescent counseling and support services for substance use/abuse.

Address: 130 Hudson Street, Chester, SC 29706

Phone: (803) 377-8111

Web: www.hazelpittman.org

Payment: accepts Medicaid

Therapy

^ Catawba Community Mental Health Center - Chester Clinic

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

Address: 524 Doctors Court, Chester, SC 29706

Phone: (803) 581-8311

Payment: accepts Medicaid and offers a sliding scale

^ The Saluda Counseling Center

Offers psychotherapy for children, adolescents, adults, couples, and families, specializing in art therapy, medication management, anxiety, depression, grief, trauma, stress, addiction recovery, chronic illness, PTSD, and ADD/ADHD.

Address: 135 Wylie Street, Chester, SC 29706

Phone: (803) 327-6103

Email: contactus@thesaludacenter.net

Web: www.thesaludacenter.org

FAIRFIELD COUNTY

Rehabilitation

Fairfield Behavioral Health Services

Provides adult and adolescent counseling and support services for substance use/abuse.

Address: 200 Calhoun Street, Winnsboro, SC 29180

Phone: (803) 635-2335

Email: jjohnson@fairfieldbhs.org

Web: www.fairfieldbhs.org

Payment: accepts Medicaid and offers a sliding scale

Therapy

*** ^ Columbia Area Mental Health Center Fairfield County Clinic**

Offers services to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

Address: 1073 US Highway 321 Bypass South, Winnsboro, SC 29180

Phone: (803) 898-0123

Web: www.state.sc.us/dmh/camhc/index.html

Payment: accepts Medicaid and offers a sliding scale

Eau Claire Cooperative Health Center Ridgeway Family Practice

Offers counseling for children and offers medication management and counseling for adolescents and adults. Family medicine and dental services are also offered at this practice.

Address: 755 US Highway 21 South, Ridgeway, SC 29130

Phone: (803) 337-2920

Web: www.ecchc.org/Locations/RidgewayFamilyPractice

Payment: accepts Medicaid and offers a sliding scale

Watertree Counseling Boutique

Offers Counseling for adults, couples, families, and groups, specializing in relationship issues, aging, grief, dream work, life transitions, coping skills, and self-esteem.

Address: Lake Watertree, Ridgeway, SC 29130

Phone: (803) 252-1866

Email: donna@watertreecounseling.com

Web: www.watereecounseling.com

GREENVILLE COUNTY

Rehabilitation

^ A New Crossroad

Treats addiction through Medication Assisted Treatment for recovery from opioids and other drugs. Also provides individual and group therapy.

Address: 206 Wall Street, Piedmont, SC 29673

Phone: (864) 295-1280

Web: www.anewcrossroad.com

^ Crossroads Treatment Center of Greenville

Provides outpatient rehabilitation for opiate addiction.

Address: 157 Brozzini Court, Suite A-D, Greenville, SC 29615

Phone: (800) 805-6989

Web: crossroadstreatmentcenters.com

Payment: accepts Medicaid

Don Foster and Associates

Provides substance use treatment services.

Address: 104 Mills Avenue, Greenville, SC 29605

Phone: (864) 235-5666

FAVOR Greenville

Offers addiction recovery coaching services and peer support groups.

Address: 355 Woodruff Road, Suite 303, Greenville, SC 29607

Phone: (864) 385-7757

Email: info@favorgreenville.org

Web: www.favorgreenville.org

Payment: does not charge for services or bill insurance companies

^ Greenville Metro Treatment Center

Provides opioid addiction treatment and recovery services including medically supervised withdrawal, Medication Assisted Treatment and counseling.

Address: 602 Airport Road, Suite C, Greenville, SC 29607

Phone: (864) 234-7952

Hope for Families Recovery Center

Provides adolescents, adults, and families treatment for alcohol and drug abuse.

Address: 136 Milestone Way, Greenville, SC 29615

Phone: (864) 906-2395

Email: appointments@hffrc.com

Web: hopeforfamiliesrecoverycenter.com

Miracle Hill Overcomers Center

Offers a 27-week Christian-based addiction recovery program for men.

Address: 1916 North Pleasantburg Drive, Greenville SC 29609

Phone: 864-631-0088

Web: www.miraclehill.org/how-we-help/addiction-recovery/overcomers-program/

Miracle Hill Renewal Center

Offers a 6-month Christian-based addiction recovery program for women.

Address: 19 Graves Drive, Greenville, SC 29609

Phone: 864-242-2166

Web: www.miraclehill.org/how-we-help/addiction-recovery/miracle-hill-renewal-program/

^ Pavillon Greenville Outpatient Services

Offers outpatient treatment for adults with substance use disorders and any co-occurring disorders.

Address: 101 Pelham Commons Boulevard, Greenville, SC 29615

Phone: (864) 241-6688

Web: www.pavillon.org/iop.php

Solutions Recovery Center

Offers sober living and outpatient services for adults with substance abuse disorders.

Address: 207 West Antrim Drive, Greenville, SC 29607

Phone: (864) 567-7010

Web: solutionsrecoverycenter.com

The Phoenix Center

Drug addiction treatment center providing inpatient and outpatient services for adults and adolescents, detoxification services for adults, and a program for children who live in substance abusing families.

Address: 1400 Cleveland Street, Greenville, SC 29607

Phone: 864-467-3790

Help Line: 864-467-4747

Web: www.phoenixcenter.org

Turning Point of South Carolina

Offers programs for healing from addiction.

Address: 24 Bruce Rd, Greenville, SC 29605

Phone: 864-299-0090

Web: www.turningpointofsc.org

Support Services

Alzheimer's Association

Provides advocacy, education, and support for people living with Alzheimer's and for all of those impacted by Alzheimer's including caregivers.

Address: 123 Antrim Drive, Greenville, SC 29607

Phone: (864) 250-0029

Web: www.alz.org/sc

Gateway

Provides employment services, housing, and a day program for individuals with persistent mental illness.

Address: 415 Rutherford Street, Greenville, SC 29609

Phone: (864) 242-9193

Web: www.gateway-sc.org

Payment: accepts Medicaid

McKinney House

Specialized housing for deaf individuals with mental illness who are clients with the Department of Mental Health

Address: 307 Miller Road, Mauldin, SC 29662

Phone: (864) 297-5044

Web: www.mhagc.org/mckinney-house.php

Mental Health America of Greenville County

Provides advocacy and education about mental illness as well as customized training programs and some support services.

Address: 429 North Main Street, Suite 2, Greenville, SC 29601

CRISISline: (864) 271-8888

Phone: (864) 467-3344

Web: www.mhagc.org

NAMI Greenville

Provides free education, support groups, and advocacy to people with a mental illness and their families.

Address: 2303 East North Street, Suite L, Greenville, SC 29607

Phone: (864) 331-3300

Email: info@namigreenvillesc.org

Web: www.namigreenvillesc.org

South Carolina Autism Society

Provides support services and referral for families with children with Autism.

Address, Main Office: 806 12th Street, West Columbia, SC 29169

Address, Case Management Satellite Office: 318 Prado Way, Greenville, SC 29607

Phone: (864) 609-4950

Web: www.scautism.org

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

Address: 105 Parkins Mill Road, Greenville, SC 29607

Phone: (864) 297-3066

Web: www.scvrd.net

Upstate Warrior Solution

Offers support services to former and current military and their families.

Address: 3 Caledon Court, Suite 2A, Greenville, SC 29615

Phone: (864) 520-2073

Email: info@upstatewarriorsolution.org

Web: upstatewarriorsolution.org

Therapy

An Inner View Counseling & Consult Services, LLC

Offers counseling to adolescents, adults, couples, and families, specializing in anxiety, stress, and depression.

Address: 3114 Highway 153, Suite G, Piedmont, SC 29673

Phone: (864) 343-8734

Payment: offers a sliding scale

Associates at Park Avenue

Offers coaching, psychological evaluations, relationship counseling, and psychotherapy and counseling for a range of mental health concerns.

Address: 101 East Park Avenue, Greenville, SC 29601

Phone: (864) 271-2740

Email: associatesatparkavenue@gmail.com

Web: associatesatparkavenue.net

B. McDonald Therapy, LLC

Provides therapy for adolescents, adults, and the LGBTQ population, specializing in anxiety, OCD, suicidality, depression, self-harm, borderline personality disorder, and body-focused repetitive behaviors.

Address: 37 Villa Road, Suite 206, Greenville, SC 29615

Phone: (864) 248-6012

Web: www.bmcdonaldtherapy.com

Email: bmcdonaldtherapy@gmail.com

*** Bay Laurel Center for Psychotherapy**

Offers child, adolescent, adult, and family therapy, specializing in anxiety, depression, behavioral issues, life transitions, parenting, mood regulation, play therapy, trauma, and ODD.

Address: 110 Manly Street, Greenville, SC 29601

Phone: (864) 298-8026

Web: www.baylaureltherapy.com

Bennefield & Associates, LLC

Offers counseling to children, adults, adolescents, and couples specializing in trauma, PTSD, and mood disorders.

Address: 400 C South Main Street, Mauldin, SC 29662

Phone: (864) 293-7575

Payment: accepts Medicaid and offers a sliding scale

Blue Ridge Counseling Services, LLC

Offers counseling to adolescents and adults, specializing in alcohol/drug dependency, stress, PTSD, anger, childhood trauma, and EMDR.

Address: 1 Chick Springs Road, Suite 216 C, Greenville, SC 29609

Phone: (864) 421-7777

Web: blueridgecounseling.info

Breckenridge Counseling Services, LLC

Offers cancer support, caregiver support, and stress management.

Address: 200 North Main Street, Suite 301E, Greenville, SC 29601

Phone: (732) 245-8505

Web: www.shervanfossan.com

Payment: accepts Medicaid

Browning Geriatric Consulting, LLC

Provides counseling specializing in aging, life changes, caregiver stress, adjustment, and family dynamics.

Address: 311 Mills Avenue, Greenville, SC 29605

Phone: (864) 233-5260

Email: administrator@browninggeriatric.com

Web: www.browninggeriatric.com

Burke's Consulting, LLC

Offers marriage/relationship, individual, and group counseling.

Address: 1200 Woodruff Road, Greenville, SC 29607

Phone: (864) 527-1253

Web: www.burkescounseling.org

Canterbury Counseling Center

Provides pastoral counseling services.

Address: 7 Pettigru Street, Greenville, SC 29601

Phone: (864) 235-7501

Email: help@canterburycounseling.org

Web: canterburycounseling.org

Payment: offers a sliding scale fee

*** Carolina Center for Counseling & Behavioral Interventions, LLC**

Provides counseling for children, adolescents, adults, and families, specializing in depression, bipolar disorder, anxiety, PTSD, ADHD, and autism spectrum disorders.

Address: 421 South East Main Street, Suite 201, Simpsonville, SC 29681

Phone: (864) 963-4028

Web: www.cccbi.net

Carolina Counseling and Consulting, LLC

Provides therapy services for children, adolescents, and adults.

Address: 10 West Pointe Boulevard, Mauldin, SC 29662

Phone: (864) 675-1350

Carolina Counseling Partners

Offers therapy for adolescents, adults, couples, and families, specializing in anxiety, depression, grief, trauma, ADHD, transitions, and relationships.

Address: 3150 South Highway 14, Greenville, SC 29615

Web: carolinacounselingpartners.com

Cheryl B. Wells, MS, LPC, CEDS

Offers counseling for adolescents, adults, couples, and families, specializing in anxiety, depression, eating disorders, and body image.

Address: 2 Shannon Creek Court, Greenville, SC 29615

Phone: (864) 404-1200

Choices for Change Counseling, PC

Offers counseling for adolescents, adults, families, and groups, specializing in ODD, grief, anger, mood issues, and sexual abuse.

Address: 25 Woods Lake Road, Greenville, SC 29607

Phone: (864) 553-6741

Email: ronnie@choicesforchangecounseling.org

Web: choicesforchangecounseling.org

Payment: accepts Medicaid

Clarify Counseling DBT

Offers DBT for children, adolescents, and adults.

Address: 14 Manly Street, Greenville, SC 29601

Phone: (864) 634-4876

Clear Path Family Therapy

Offers individual and couples therapy.

Address: 198 Roper Mountain Rd Ext., Suite C, Greenville, SC 29615

Phone: (864) 670-2070

Email: ashley@clearpaththerapyservices.com

Web: clearpaththerapyservices.com

† Compass of Carolina

Offers counseling for children, adults, adolescents, couples and families.

Address: 1100 Rutherford Road, Greenville, SC 29609

Phone: (864) 467-3434

Email: info@compassofcarolina.org

Web: www.compassofcarolina.org

Payment: offers a sliding scale

Crockett Assessment & Trauma Services

Offers therapy to adults, specializing in trauma, PTSD, depression, and traumatic brain injury.

Address: 30 Memorial Medical Drive, Greenville, SC 29605

Phone: (864) 501-5938

Cynthia K. Whitaker, LISW-CP

Provides counseling to adults and couples, specializing in the female reproductive tract, relationship problems, panic disorder, PTSD, sexual disorders, anxiety, pain, stress, depression, menopause, and grief.

Address: 101 Halton Village, Greenville, SC 29607

Phone: (864) 455-1600

^ Dana Wiley, MD, P.A.

Offers psychiatric and psychological services including nutrition, anxiety, depression, and suboxone therapy.

Address: 102 Commons Boulevard, Suite C, Piedmont, SC 29673

Phone: (864) 220-9115

Web: www.danawileymd.com

Debbie Plonkey, MS, LMFT

Provides individual, couples, and family therapy, specializing in anxiety, depression, IMAGO relationships, and addiction/recovery.

Address: 702 East Washington Street, Greenville, SC 29601

Phone: (864) 627-9968

Web: www.dplonkeytherapy.com

Email: debbie@dplonkeytherapy.com

Deborah K. Leporowski, Psy.D., LLC

Offers child, adolescent, and adult services, specializing in assessment, PTSD, diagnostic clarification, expert witness testimony, and CALOCAS.

Address: 124 Edinburgh Court, Suite 105, Greenville, SC 29607

Phone: (864) 752-7577

Web: www.drleporowski.com

Destination Greatness, PLLC

Offers services to families, couples, adults, and adolescents, specializing in depression, anxiety, and addiction.

Address: 1 Chick Springs Road, Suite 214F, Greenville, SC 29609

Phone: (864) 354-9985

Web: destinationgreatnesspllc.org

Payment: accepts Medicaid and offers a sliding scale

Eastside Family Therapy Associates

Offers adolescent, adult, couples, and family counseling, specializing in grief, anxiety, depression, trauma, eating disorders, and relationships.

Address: 28 Parkway Commons Way, Greer, SC 29650

Phone: (864) 879-4388

Web: eastsidefamilytherapy.net

Evolve Psychotherapy, LLC

Provides services to individuals with eating disorders and disordered eating

Address: 216 Adley Way, Greenville, SC 29607

Phone: (864) 605-3545

Web: evolvepsychotherapy.net

Family Alliance Counseling Services, LLC

Offers individual, couples, and family services for depression, anxiety, anger, trauma, and life transitions.

Address: 25 Woodslake Road, Suite 706, Greenville, SC 29607

Phone: (864) 238-0590

Web: www.familyalliancecs.com

Family Restoration Counseling Services, LLC

Offers individual, family, and group counseling specializing, in adoptions, foster care, anxiety, trauma, EMDR, and visual disability

Address: 101B Hospital Drive, Simpsonville, SC 29681

Phone: (864) 688-2618

Web: www.frcounseling.net

Family Therapy and Trauma Center

Offers services to adults, couples, and groups, specializing in veterans, PTSD, and marriage and family.

Address: 311 Bennett Center Drive, Greer, SC 29650

Phone: (864) 968-9687

^ FastBraiiin Greenville

Offers services for children, adolescents, and adults with ADHD

Address: 201-B Old Boiling Springs Road, Greer, SC 29650

Phone: (864) 558-0092

Web: www.fastbraiin.com

*** † Forensic Counseling Associates, P.C.**

Works with children, adolescents, and adults, specializing in sexual abuse, anxiety, PTSD, ODD, and depression.

Address: 124 Edinburgh Court, Suite 105, Greenville, SC 29607

Phone: (864) 607-2833

Email: dmstabb@gmail.com

Payment: accepts Medicaid and offers a sliding scale

*** ^ Gateway Children's Mental Health Services**

Offers general practice for birth to 18.

Address: 515 West Butler Road, Suite A, Greenville, SC 29607

Address: 721 Lowndes Hill Road, Suite A, Greenville, SC 29607

Phone: (864) 406-6041

Email: referrals@gatewaychildrens.com

Web: www.gatewaychildrens.com

Payment: accepts Medicaid

*** GIFT Counseling Center for Wellness, LLC**

Offers individual counseling services including play therapy, EMDR, and trauma-focused treatment.

Address: 119 Manly Street, Greenville, SC 29601

Phone: (864) 534-1224

Email: office@giftcounselingcenter.com

Web: www.giftcounselingcenter.com

Ginger Culbertson, MSW, LISW-CP

Offers counseling for children, adults, and adolescents, specializing in EMDR, trauma, relationships, anger, bipolar disorders, depression, and spirituality.

Address: 414 Pettigru Street, Suite E, Greenville, SC 29601

Phone: (864) 242-1807

Grace Jones Family Therapy, LLC

Offers individual, couples, and family therapy for anxiety, eating disorders, body image, coping skills, depression, self-esteem, and bipolar disorder.

Address: 28 Parkway Commons Way, Greer, SC 29650

Phone: (864) 990-5617

Web: gracejonesfamilytherapy.com

Email: gracejonesfamilytherapy@gmail.com

^ Greenville ADHD Specialists, PA

Provides testing, individualized treatment plans, and medication management for ADHD.

Address: 211 East Butler Road, Mauldin, SC 29662

Phone: (864) 305-1662

Web: www.greenvilleadhd.com

Greenville Counseling Associates

Offers Christian adolescent, adult, couples, and family counseling, specializing in trauma, anxiety, depression, bipolar disorders, eating disorders, grief, and ADD/ADHD.

Address: 4 Parkway Commons Way, Greer, SC 29650

Phone: (864) 877-7025

Address: 1627 East North Street, Greenville, SC 29607

Web: www.greenvillecounseling.com/

*** ^ Greenville Health System Department of Psychiatry and Behavioral Medicine**

Offers acute inpatient, intensive outpatient, and psychiatry outpatient care for children, adolescents, and adults.

Address: 701 Grove Road, Greenville, SC 29605

Phone: (864) 455-8988

Web: www.ghspsych.org

*** ^ Greenville Mental Health Center**

Offers services to adults, children, and families affected by serious mental illnesses and emotional disorders

Address: 124 Mallard Street, Greenville, SC 29601

Phone: (864) 241-1040

Web: greenillementalhealth.com/

Payment: accepts Medicaid

Greenville Relationship Institute

Offers counseling to individuals and couples, specializing in Emotionally Focused Couples Therapy, relationship distress, and marriage enrichment.

Address: 710 Pettigru Street, Greenville, SC 29601

Phone: (864) 990-4442

Web: greenillemarriagecounseling.com Email: info@greenillemarriagecounseling.com

Payment: offers a sliding scale

Gregory S. Smith & Associates

Offers counseling for children, adolescents, and adults for mental disorders, addiction, and trauma.

Address: 161 Landmark Drive, Taylors, SC 29687

Phone: (864) 244-0154

Web: gregorysmithcounseling.com

Payment: accepts Medicaid

Hal Stewart, LPC, LLC

Offers counseling for adolescents, adults, and couples, specializing in sex addiction, sexually compulsive behavior, infidelity, and relationships.

Address: 12 Pelham Road, Greenville, SC 29615

Phone: (864) 397-5970

Halsey Counseling and Educational Center

Provides psychoeducational evaluations for learning disabilities and ADD/ADHD, and provides individual, group, and family therapy.

Address: 1326 Haywood Road, Suite 101, Greenville, SC 29615

Phone: (864) 527-5910

Web: www.halseycounseling.com

Happy Hooves

Offers equine therapy for children and adults with special needs.

Address: 4700 Dacusville Highway, Marietta, SC 29661

Phone: (864) 898-0043

Email: happyhoovessc@aol.com

Web: www.happyhoovessc.com

^ Havenwood Behavioral Health

Offers inpatient adult behavioral health and substance use services.

Address: 1 Havenwood Lane, Suite A, Travelers Rest, SC 29690

Phone: (864) 660-6217

Web: www.havenwoodbehavioral.com

*** Hope & Healing Family Counseling, LLC**

Offers counseling to individuals, couples, and families, specializing in childhood emotional and behavioral disorders, PTSD, mood disorders, grief, and relationships.

Address: 212 Whitsett Street, Greenville, SC 29601

Phone: (864) 430-5326

Web: www.hopeandhealingfc.com

Payment: offers a sliding scale

Illuminate Upstate

Offers counseling for adolescents and adults, specializing in anxiety, depression, substances, eating disorders, self-harm, divorce, trauma.

Address: 101 East Park Avenue, Greenville, SC 29601

Phone: (864) 380-6889

Web: www.illuminateupstate.com

^ iTrust Wellness Group, LLC

Offers mental health services to all ages, specializing in addiction, grief, anxiety, depression, bipolar, PTSD, panic disorder, OCD, and schizophrenia

Address: 111 Commons Way, Greenville, SC 29611

Phone: (864) 520-2020

Web: www.itrustwellnessgroup.com

Jeanna Smith Counseling

Offers counseling for individuals, couples, and families, specializing in relationships, trust, blended families, grief, trauma, depression, and anxiety.

Address: 200 North Main Street, Greer, SC 29651

Phone: (864) 977-1296

Payment: offers a sliding scale

Jonathan Kittel Counseling

Offers counseling for children, adults, adolescents, couples, and families.

Address: 156 Milestone Way, Suite D, Greenville, SC 29615

Phone: (864) 214-2084

Email: jonathan@jonathankittelcounseling.com

Web: jonathankittelcounseling.com

Joseph Feleppa, MSW, LISW-CP

Provides individual outpatient therapy for adults with substance use disorders, depression, anxiety, and panic disorder.

Address: 101 Pelham Commons Boulevard, Greenville, SC 29645

Phone: (864) 275-3419

Web: www.joefelepatherapy.com

Joy D. Bennet, LISW-CP

Specializes in therapy for children, adults, couples, and divorcing and blended families.

Address: 109 Laurens Road, Suite 4-D, Greenville, SC 29607

Phone: (864) 230-6300

Email: joy@joybennet.org

Web: www.joybennet.org

Judith Alexander, MSW

Specializes in EMDR, depression, anxiety, trauma, grief, spiritual issues, and couples counseling.

Address: 315 Miller Road, Greenville, SC 29662

Phone: (864) 232-9922

Email: judithalexandermsw@gmail.com

Web: www.judithalexandermsw.com

Keystone Counseling and Consulting, LLC

Offers individual, marriage, and family therapy.

Address: 3443 Pelham Road, Suite 300, Greenville, SC 29615

Phone: (864) 297-5377

Web: www.keystonehw.com

Living Bread

Offers mental health and nutrition counseling for eating disorders.

Address: 1627 East North Street, Greenville, SC 29607

Phone: (864) 660-9407

Web: www.livingbreadgreenville.org

Payment: offers a sliding scale

*** Margaret W. Lee, Med, LPC**

Provides counseling for children, adolescents, and adults, specializing in ADHD, addiction, anxiety, mood, divorce, grief, and play therapy.

Address: 412 Pettigru Street, Greenville, SC 29601

Phone: (864) 250-0229

Web: healingheartandmind.com

Marley J. Wolf M.Ed LPC Counseling Services

Offers individual, couples, and family counseling, specializing in anxiety, depression, parenting, grief, career issues, stress, addiction, and conflict.

Address: 6 West Pointe Boulevard, Mauldin, SC 29662

Phone: (864) 360-4287

Web: marleyjwolfecounseling.com

Email: info@marleyjwolfecounseling.com

McCall Counseling and Therapy, LLC

Offers counseling for adolescents and adults, specializing in trauma, PTSD, substance abuse, and relationships.

Address: 508-A Pettigru Street, Greenville, SC 29601

Phone: (864) 270-9324

Melissa Panasko, LISW-CP

Offers counseling for adolescents and adults, specializing in grief, anxiety, depression, eating disorders, mood disorders, and relationships.

Address: 7C Cleveland Court, Greenville, SC 29607

Phone: (864) 270-2753

Web: www.melissapanasko.com

Meredith Manker, LPC, PA

Offers individual, couples, and family counseling, specializing in depression, anxiety, grief, stress, addiction, anger, and elder care issues.

Address: 250 South Pleasantburg Drive, Greenville, SC 29607

Phone: (864) 630-6185

Web: www.meredithmanker.com

Email: meredithmanker@gmail.com

Mind Renewal Services, LLC

Provides individual, family, and group counseling, specializing in child abuse, behavior, depression, CALOCUS, Autism, HIV, and parenting.

Address: 10 Century Drive, Suite B, Greenville, SC 29607

Phone: (864) 509-9087 x101

Web: mindrenewalservicesllc.com

Payment: accepts Medicaid

New Beginnings Palmetto

Provides counseling for individuals, couples, and families, specializing in grief, military PTSD, work and career issues, stress, addiction, and conflict.

Address: 216 Adley Way, Greenville, SC 29607

Phone: (864) 356-3184

Email: rosa@newbeginningspalmetto.com

Web: newbeginningspalmetto.com

Payment: offers a sliding scale

^ New Hope Behavioral Health

Provides psychiatric services and counseling for addictions and mental health diagnoses.

Address: 81 Pointe Circle, Suite A, Greenville, SC 29615

Phone: (864) 608-4578

Web: newhopebehavioralhealth.com

New Horizon Family Health Services

Offers behavioral health care services

Address, Greenville: 975 West Faris Road, Greenville, SC 29605

Phone: (864) 729-8330

Address, Travelers Rest: 1588 Geer Highway, Travelers Rest, SC 29690

Phone: (864) 836-1109

Address, Greer: 111-A Berry Avenue, Greer, SC 29651

Phone: (864) 801-2035

Web: www.newhorizonfhs.org

Payment: offers a sliding fee

† New Leaf Counseling LLC

Specializes in ages 16+, domestic violence, couples counseling, divorce, stress, and sexual assault

Address: 3443 Pelham Road, Suite 200, Greenville, SC 29615

Phone: (864) 612-3004

Web: newleafcounselingllc.com

^ North Hills Medical Center

Offers general psychiatric services.

Address: 800 Pelham Road, Greenville, SC 29615

Phone: (864) 234-5800

Web: northhillsmedicalcenter.net

Payment: accepts Medicaid

North Main Counseling

Offers counseling for adolescents, adults, couples, families, and groups, specializing in adjustment, emotional and behavioral problems, and ADHD.

Address: 702 Pettigru Street, Greenville, SC 29601

Phone: (864) 232-2212

Email: info@northmaincounseling.com

Web: northmaincounseling.com

Optima Counseling and Consulting, LLC

Offers counseling to adolescents and adults, specializing in LGBT issues, dementia, grief, loss, and adjustment.

Address: 3505 Pelham Road Suite B, Greenville, SC 29615

Phone: (864) 762-4355

*** Palmetto Family Works, LLC**

Provides individual, family, and group counseling, specializing in stress, play therapy, depression, anxiety, trauma, grief, career issues, and conflict.

Address: 102 Renaissance Circle, Mauldin, SC 29662

Phone: (864) 538-6906

Web: palmettofamilyworks.com

Payment: accepts Medicaid and offers a sliding scale

Pam Amatucci, LISW-CP

Specializes in mood, stress, anxiety, anger, ADHD, adjustment, trauma, relationships, grief, and pet therapy.

Address: 5 Center Street, Travelers Rest, SC 29690

Phone: (864) 832-0186 x4

Payment: offers a sliding scale

*** Pathways Counseling Center, LLC**

Offers counseling to children, adults and adolescents, specializing in OCD, grief, ADHD, chronic illness, anxiety, development disorder, and depression

Address: 58 Parkway Commons Way, Greer, SC 29650

Phone: (864) 561-1133

Web: www.pathwaysofgreenville.com

Pettigru Counseling Associates, Inc.

Offers psychotherapy to individuals, couples, families, and groups, specializing in depression, anxiety, stress, trauma, blended families, divorce, adoption, and relationships.

Address: 405 Pettigru Street, Greenville, SC 29601

Phone: (864) 271-3549

Web: www.pettigrucounseling.com

*** ^ Piedmont Center for Mental Health Services**

Provides assessment, psychotherapy, treatment services, and day programs to adults, children, and their families experiencing mental health issues.

Address, Greer: 220 Executive Drive, Greer, SC 29651

Phone: (864) 879-2111

Address, Simpsonville: 20 Powderhorn Rd, Simpsonville, SC 29681

Phone: (864) 963-3421

Address, Rainbow House: 900 West Poinsett Street, Greer, SC 29650

Address, Sunshine House: 526 Main Street, Simpsonville, SC 29681

Web: www.state.sc.us/dmh/piedmont/contact.html

^ Piedmont Psychiatric Services

Provides psychiatric care and psychotherapy services to adults, children, adolescents, and geriatrics.

Address: 2094 Woodruff Road, Greenville, SC 29607

Phone: (864) 676-9211

Web: www.piedmontonline.com

^ Poinsett Psychiatric Innovations, PA

Provides psychiatric intake evaluation, medical management, neuropsychological testing, and individual and group therapy.

Address: 414 Pettigru Street, Suite C, Greenville, SC 29601

Phone: (864) 404-9706

Email: gabriel@psychiatryinnovations.com

Web: psychiatryinnovations.com

^ Psychiatry of Greenville

Provides psychiatric evaluation and medication management for adults, and adolescents with depression, bipolar, anxiety, eating disorders, psychotic disorders, and ADHD/ADD.

Address: 12 Maple Tree Court, Suite 201, Greenville, SC 29615

Phone: (864) 315-3736

Web: psychiatryofgreenville.com

Queen Counseling Services

Provides counseling to individuals, couples, and families, specializing in stress, anxiety, depression, grief, relationships, changes, and parenting.

Address: 2 Sevier Street, Suite 2A, Greenville, SC 29605

Phone: (864) 918-6416

Web: queencounselingservices.com

Email: josh@queencounselingservices.com

Reedy River Counseling Associates

Offers evidence-based treatment for a variety of issues including eating disorders, feeding disorder, nutrition, trauma, PTSD, anxiety, depression, bipolar disorders, abuse, ADD/ADHD, and relationships.

Address: 1 Chick Springs Road, Suite 103, Greenville, SC 29609

Phone: (864) 626-3696

Web: reedyrivercounseling.com

Renewal Life Counseling, LLC

Offers individual and group therapy, specializing in anxiety, mood disorders, stress, grief, trauma, and relationships.

Address: 127 A Commons Way, Greenville, SC 29611

Phone: (864) 416-4560

Web: renewallifecounseling.com

Email: info@renewallifecounseling.com

Payment: accepts Medicaid

Reproductive Journey Counseling and Support

Offers individual and couples counseling, specializing in infertility, pregnancy or postpartum distress, pregnancy or infant loss, traumatic childbirth, and adjustment to parenthood.

Address: 25 Woods Lake Road, Suite 712, Greenville, SC 29607

Phone: (864) 242-0005

Web: www.reproductivejourney.com

Payment: offers sliding scale fees

*** ^ Richardson Psychiatry**

Provides medication management, supportive therapy, and consultations for children, adolescents, and adults.

Address: 5 Center Street, Travelers Rest, SC 29690

Phone: (864) 436-1627

Web: www.aprilrichardsonmd.com

Riner Counseling, LLC

Provides individual, couples, and group, counseling, evaluations, and consultations, specializing in eating disorders, addiction, self-harm, OCD, trauma, ADHD, and career counseling.

Address: 1990 Augusta Street, Greenville, SC 29605

Phone: (864) 608-0446

Web: www.rinercounseling.com

Email: drmarycatherine@rinercounseling.com

River Falls Counseling

Offers counseling services for adults, adolescents, couples, and families.

Address: 185 Riley Smith Drive, Greenville, SC 29615

Phone: (864) 907-4443

Payment: offers a sliding scale

*** Riverstone Family Counseling, LLC**

Offers child and adolescent, couples, family, and sports counseling.

Address: 137 Commons Way, Greenville, SC 29611

Phone: (864) 263-3039

Email: contactus@riverstonefamily.com

Web: www.riverstonefamily.com

Payment: accepts Medicaid

Ross A. Collins, MS, LPC, NCC

Offers individual, couples, and family counseling, specializing in relational difficulties, and adjustment disorders.

Address: 250 South Pleasantburg Drive, Greenville, SC 29607

Phone: (864) 380-5231

Web: www.rossacollins.com

† Safe Harbor

Offers services to victims of domestic violence including emergency shelter, counseling and case management, assistance with orders of protection, and transitional housing.

Address: 429 North Main Street, Greenville, SC 29601

Phone: (864) 467-1177

24-Hour Crisis Line: 1 (800) 291-2139

Web: www.safeharborsc.org

*** ^ Sherbondy's Psychiatric Solutions**

Offers psychiatric and therapeutic services including addiction, medication management, and individual, marriage, family, and play therapy.

Address: 225 Adley Way, Greenville, SC 29607

Phone: (864) 987-9747

Email: sherbondys@sherbondyspsychiatric.com

Web: sherbondyspsychiatric.com

*** Shine Counseling Services, LLC**

Offers family, couples, teen, and child counseling, and group therapy.

Address: 3449 Pelham Road, Greenville, SC 29615

Phone: (864) 704-7809

Email: danielle@shinecounselingservices.com

Web: shinecounselingservices.com

^ South Carolina Psychiatric Group

Offers medication management, clinical evaluations for psychiatric disorders, and opioid dependence treatment.

Address: 68 Parkway Commons Way, Greer, SC 29650

Phone: (864) 877-5688

Web: www.scpsychiatricgroup.com

Payment: accepts Medicaid

*** ^ Stephens Psychiatry**

Provides psychiatric evaluations and treatments for children, adolescents, and adults.

Address: 509 Pettigru Street, Greenville, SC 29601

Phone: (864) 520-1133

Web: www.stephenspsychiatry.com

*** Still Wind Ministries**

Offers counseling for children, adults, adolescents, couples, and families, specializing in adoption, trauma, abuse, neglect, and animal-assisted therapy.

Address: 111 Lovett Drive, Greenville, SC 29607

Phone: (864) 234-1150

Web: www.stillwindministries.org

Suntia Smith, MSW, LISW-CP

Provides individual, couples, and family counseling, including for members of the LGBT community.

Address: 3445 Pelham Road, Suite B, Greenville, SC 29615

Phone: (864) 559-8181

Web: www.suntiasmith.com

Payment: accepts Medicaid

Susanne Latessa

Offers counseling for adults, specializing in grief, loss, and spiritual direction.

Address: 8 Clarendon Avenue, Greenville, SC 29609

Phone: (864) 484-5707

Web: www.supportheals.com

Email: slatessa33@gmail.com

*** ^ Synergy Group Psychiatry**

Offers counseling for children, adults, and adolescents, and psychological, psychoeducational, adoption, and pre-surgical assessments.

Address: 127 West Antrim Drive, Greenville, SC 29607

Phone: (864) 239-4110

Web: www.synergysgroupsc.com

^ The Brewer Center for Psychiatry and Counseling

Offers individual, couples, and family therapy, specializing in ADHD, anxiety, depression, and medication management

Address: 121 Interstate Boulevard, Suite 2-A, Greenville, SC 29615

Phone: (864) 297-4275

Web: www.brewercenter.com

^ The Carolina Center for Behavioral Health

Offers treatment for teens, adults, and seniors with psychiatric and substance abuse disorders, and dual-diagnosis.

Address: 2700 East Phillips Road, Greer, SC 29650

Phone: (864) 235-2335

Web: www.thecarolinacenter.com

Payment: accepts Medicaid ages 12-21

The Cottage Counseling

Offers counseling for adolescents and adults, specializing in eating disorders, anxiety, and depression.

Address: 710 Pettigru Street, Greenville, SC 29601

Phone: (864) 631-1035

Web: www.lynnvictoryrd.com

The Journey Home

Counseling for women, specializing in anxiety, depression, grief, emotional problems, abuse, change, and personality disorders.

Address: 710 Pettigru Street, Greenville, SC 29601

Phone: (864) 855-3231

Web: www.thejourneyhomellc.com

*** † The Julie Valentine Center**

Provides free, confidential services for sexual assault/child abuse survivors and their families, including child advocacy therapy, forensic interviews, rape crisis services, and adult therapy.

Address: 2905 White Horse Road, Greenville, SC 29611

Phone: (864) 331-0560

24/7 Crisis Hotline: (864) 467-3633

Web: www.julievalentinecenter.org

Thomas E. Thorsheim, PhD

Offers individual and group therapy and psychological assessment, specializing in anxiety, OCD, depression, grief, and addiction.

Address: 45 Greenland Drive, Greenville, SC 29615

Phone: (864) 421-0098

Web: www.drthorsheim.com

Three Springs DBT Group of Greenville County, LLC

Provides DBT which is useful for clients with bipolar disorder, depression, anxiety, PTSD or OCD.

Address: 14 Manly Street, Greenville, SC 29601

Phone: (864) 242-5551

Web: www.3springsdbt.com

Touchstone Counseling and Coaching

Offers counseling for individuals, couples, families, and groups, specializing in depression, anxiety, bipolar disorder, sexual abuse, domestic violence, grief, and stress.

Address: 105 Commons Way, Greenville, SC 29611

Phone: (864) 451-2258

Email: giovanna@touchstone-counseling.org

Web: touchstone-counseling.org

Payment: offers a sliding scale

Travelers Rest Counseling Associates, LLC

Offers individual and family therapy, couples counseling, and parent education.

Address: 128 South Main Street, Travelers Rest, SC 29690

Phone: (864) 918-5515

Web: travelersrestcounseling.com

Payment: some associates offer a sliding scale

UPlift Counseling Services, LLC

Offers individual therapy to adolescents and adults, specializing in OCD, coping, depression, anxiety, bipolar disorder, social skills, relationships, and family dynamics.

Address: 400 South Main Street, Suite C, Mauldin, SC 29662

Phone: (864) 458-8176

Web: www.uplifecounselingllc.com

Upstate Family Solutions, LLC

Offers counseling for individuals, couples, and families, specializing in relationships, depression, anxiety, abuse, divorce, grief, and trauma.

Address: 107 Sunbelt Court, Greer, SC 29650

Phone: (864) 354-5957

Email: amywoodmft@gmail.com

Web: upstatefamilysolutions.com

*** ^ Upstate Psychiatry, P.A.**

Provides psychiatric services to children and adults.

Address: 27 Memorial Medical Drive, Greenville, SC 29605

Phone: (864) 295-2221

Web: upstatepsychiatry.com

Upstate Recovery Center

Offers therapy to individuals, groups, couples, and families, specializing in sexual addiction, infidelity, partner trauma, depression, anxiety, and PTSD.

Address: 37 Villa Road, Greenville, SC 29615

Web: upstaterecoverycenter.com

Wendy Chaney Therapy Services

Provides individual, couples, and family therapy, specializing in ADHD, behavior, anger, relationships, anxiety, depression, mood, addiction, school issues, abuse, grief, and PTSD

Address: 345 Prado Way, Greenville, SC 29607

Phone: (864) 901-8845

Email: wendy@wendychaneyllc.com

Web: www.wendychaneyllc.com

Payment: accepts Medicaid

^ William M. Fisher, MD

Specializes in behaviors associated with Autism Spectrum Disorder

Address: 1 Havenwood Lane, Travelers Rest, SC 29690

Phone: (864) 834-8013

Payment: accepts Medicaid

Willow Tree Counseling

Offers counseling for teens, young adults, women, and members of the LGBTQ+ community.

Address: 9 Toy Street, Greenville, SC 29601

Phone: (864) 729-4184

Email: info@willowtreecounselingsc.com

Web: willowtreecounselingsc.com

Payment: accepts Medicaid

† Wright Choice Consulting, LLC

Offers adolescent, adult, couples, and family services, specializing in behavior, mood, anger, domestic violence, behavior, mood, depression, parenting, and ADHD

Address: 250 South Pleasantburg Drive, Greenville, SC 29607

Phone: (866) 323-7760

Email: wrightchoiceconsulting@gmail.com

Web: wrightchoiceconsulting.org

Yadira Baez-Lockard, PsyD, LLC

Offers individual, family, and group counseling, specializing in criminal forensic, clinical, psychosexual, and neuropsychological assessment and treatment.

Address: 102 Commons Boulevard, Suite C, Piedmont, SC 29673

Phone: (864) 501-0165

Payment: accepts Medicaid

LANCASTER COUNTY

Rehabilitation

Counseling Services of Lancaster

Provides adult and adolescent counseling and support services for substance use/abuse.

Address: 114 South Main Street, Lancaster, SC 29720

Phone: (803) 285-6911

Web: www.counselingserviceslanaster.org

Payment: accepts Medicaid

Support Services

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

Address: 1150 Roddey Drive, Lancaster, SC 29720

Phone: (803) 285-6909

Web: www.scvrd.net

Therapy

*** Horse "N" Around Therapeutic Riding Center**

Offers equine therapy for children and adolescents with physical or developmental disabilities.

Address: 2593 North Rocky River Road, Lancaster, SC 29720

Phone: (704) 641-2146

Email: horsenaroundtrc@yahoo.com

Web: www.horsenaroundtrc.org

Payment: accepts Medicaid

^ Catawba Community Mental Health Center - Lancaster Clinic

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

Address: 1906 Highway 521 Bypass South, Lancaster, SC 29720

Phone: (803) 258-7456

Payment: accepts Medicaid and offers a sliding scale

*** † Palmetto CASA - Children's Advocacy Center**

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.

Address: 106 North York Street, Lancaster, SC 29720

Phone: (803) 286-5232

Web: www.palmettocasa.org

Rebound Behavioral Health

Offers adult inpatient behavioral health and substance abuse treatment, specializing in depression, bipolar disorder, substance abuse, anxiety, PTSD, and co-occurring disorders.

Address: 134 East Rebound Road, Lancaster, SC 29720

Phone: (888) 641-8385

Web: reboundbehavioralhealth.com

Payment: accepts Medicaid for individuals ages 18-21 and 65+

^ The Saluda Counseling Center

Offers psychotherapy for children, adolescents, adults, couples, and families, specializing in art therapy, medication management, anxiety, depression, grief, trauma, stress, addiction recovery, chronic illness, PTSD, and ADD/ADHD.

Address: 700 North Main Street, Lancaster, SC 29720

Phone: (803) 327-6103

Email: contactus@thesaludacenter.net

Web: www.thesaludacenter.org

LAURENS COUNTY

Rehabilitation

GateWay Counseling Center

Provides adult and adolescent counseling and support services for substance use/abuse.

Address: 219 Human Services Road, Clinton, SC 29325

Phone: (864) 833-6500

Web: www.gatewaycounseling.org

Payment: accepts Medicaid

Support Services

Mental Health America - Laurens County

Provides advocacy and education about mental illness as well as customized training programs and some support services.

Address: P.O. Box 369, Laurens, SC 29360

Phone: (864) 984-0635

Email: Tjohnson.mha@gmail.com

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

Address: 22861 Highway 67 E, Clinton, SC 29325

Phone: (864) 984-6563

Web: www.scvrd.net

Therapy

Community Care and Counseling of Laurens County

Offers counseling for adults, couples, and families, specializing in anxiety, depression, grief, stress management, trauma, and relationship and parenting issues.

Address: 300 West Main Street, Laurens, SC 29360

Phone: (864) 442-7585

Payment: offers a sliding scale

*** ^ Laurens Mental Health Clinic**

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

Address: 442 Professional Park Road, Clinton, SC 29325

Phone: (864) 938-0912

Web: www.beckmancenter.com

Payment: accepts Medicaid and offers a sliding scale

*** Let's Saddle Up Therapeutic Horsemanship**

Offers equine therapy for children, military veterans, and senior adults with physical, mental, social, or emotional challenges.

Physical Address: Solid Rock Stables, 1907 Durbin Road, Fountain Inn, SC 29644

Mailing Address: 554 Spring Road, Laurens, SC 29360

Phone: (864) 871-1744

Web: www.letsaddleup.org

Lumos Counseling Services

Offers therapy for adolescents, adults, and families, specializing in EMDR, Cognitive Behavioral Therapy (CBT), Solution Focused Therapy, Dialectical Behavior Therapy (DBT), and working with members of the LGBTQ+ community.

Address: 210 Physicians Park Drive, Suite S, Clinton, SC 29325

Phone: (864) 939-8224

Email: jacob@lumoscounselingservices.com

Web: lumoscounselingservices.com

*** Palmetto Equestrian Therapeutic Riding Program**

Offers equine therapy for children, adolescents, and adults with cognitive, physical, social, and/or emotional disabilities.

Address: PO Box 71, Clinton, SC 29325

Phone: (864) 923-4998

Email: petprogram@bellsouth.net

Web: www.petprogram.org

The Winding Road

Offers counseling for children, adolescents, adults, couples, and families, specializing in anxiety, addiction, mood disorders, and trauma.

Address: 112 Henderson Lane, Laurens, SC 29360

Phone: (864) 683-8240

Web: www.thewindingroad.info

Payment: accepts Medicaid and offers a sliding scale

NEWBERRY COUNTY

Rehabilitation

Westview Behavioral Health Services

Offers inpatient and outpatient services for individuals, couples, and families experiencing alcohol and substance abuse issues, as well as parenting and educational programs.

Address: 800 Main Street, Newberry, SC 29108

Phone: (803) 276-5690

Web: www.westviewbehavioral.org

Payment: accepts Medicaid and offers a sliding scale

Support Services

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

Address: 2601 Evans Street, Newberry, SC 29108

Phone: (803) 276-8438

Web: www.scvrd.net

Therapy

*** ^ Newberry Mental Health Clinic**

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

Address: 2043 Medical Park Drive, Newberry, SC 29108

Phone: (803) 276-8000

Web: www.beckmancenter.com

Payment: accepts Medicaid and offers a sliding scale

OCONEE COUNTY

Rehabilitation

Anderson/Oconee Behavioral Health Services

Provides adult and adolescent counseling and support services for substance use/abuse.

Address: 691 South Oak Street, Seneca, SC 29678

Phone: (864) 260-4168

Email: aobhs@aobhs.org

Web: www.aobhs.org

Payment: accepts Medicaid and offers a sliding scale

^ Crossroads of Seneca

Provides outpatient rehabilitation for opiate addiction.

Address: 209 Oconee Square Drive, Seneca, SC 29678

Phone: (864) 888-2337

Web: crossroadstreatmentcenters.com

Payment: accepts Medicaid

Support Services

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

Address: 1951 Wells Highway, Seneca, SC 29678

Phone: (864) 882-6669

Web: www.scvrd.net

Therapy

*** ACG Counseling Center**

Offers counseling for children, adults, adolescents couples, and families, specializing in trauma, EMDR, anxiety, play therapy, depression, addiction, ADHD, ODD, anger, and emotional regulation.

Address: 111 North Earle Street, Walhalla, SC 29691

Phone: (864) 916-4349

Email: admin@acgcounseling.com

Web: www.acgcounseling.org

Payment: accepts Medicaid

*** Carolina Counseling Professionals**

Offers counseling for children, adults, adolescents, families, couples, and groups, specializing in equine assisted therapy, play therapy, trauma, anxiety, depression, transitions, and stress.

Address: 203 Central Park Lane, Suite A, Seneca, SC 29678

Phone: (864) 973-1359

Web: carolinacounselingprofessionals.com

Payment: accepts Medicaid

Cheryl Smart, LISW-CP

Offers counseling for adolescents and adults, specializing in depression, anxiety, trauma, stress, transitions, relationships, and health issues.

Address: 206 West North 1st Street, Suite C, Seneca, SC 29678

Phone: (864) 888-4211

Email: cheryl@cherylsmart.net

Web: cherylsmart.net/index.html

Fortitude Consulting, Counseling, and Supervision Services, LLC

Offers counseling for children, adolescents, adults, and families, specializing in trauma, PTSD, sexual abuse, veterans, anxiety, and mood disorders.

Address: 530 Bypass 123, Site E-2, Seneca, SC 29678

Phone: (864) 952-1219

Web: fortitudeccss.com

Jeanne Malmgren, MEd, LPC, NCC, CCTP

Offers counseling for adults and groups, specializing in midlife, aging, grief, trauma, depression, anxiety, anger, LGBTQ concern, and transitions.

Address: 206 West North 1st Street, Seneca, SC 29678

Phone: (864) 784-1077

Email: malmgrenjeanne@gmail.com

Web: upstatecounselor.com

*** ^ Oconee Mental Health Clinic**

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

Address: 115 Carter Park Road, Seneca, SC 29678

Phone: (864) 855-0157

Web: www.aopmentalhealth.org

Payment: accepts Medicaid

Sherri S. Brown-Osborne, LISW-CP

Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, working with the LGBTQ+ community, anxiety disorders, grief, trauma, and depression.

Address: 200 West North 1st Street, Seneca, SC 29678

Phone: (864) 610-5264

Payment: offers a sliding scale

PICKENS COUNTY

Rehabilitation

Behavioral Health Services of Pickens County

Provides adult and adolescent counseling and support services for substance use/abuse.

Address: 309 East Main Street, Pickens, SC 29671

Phone: (864) 898-5800

Payment: accepts Medicaid and offers a sliding scale

Home with A Heart

Residential treatment for men struggling with alcohol and substance abuse that uses a 12-step and bible-centric approach to recovery.

Address: 220 James Mattison Road, Liberty, SC 29657

Phone: (864) 843-3058

Web: www.homewithaheart.com

Payment: services are free

^ Recovery Concepts, LLC

Offers Medication Assisted Opioid Dependence Treatment and services for co-occurring disorders.

Address: 1653 East Main Street, Easley, SC 29640

Phone: (864) 306-8533

Email: director@recoveryconcepts.us

Web: www.recoveryconcepts.us

Therapy

Anchor of Hope Counseling

Offers individual, couples, and family therapy, specializing in building strong relationships, EMDR, grief, resilience, stress, and conflict.

Address: 110 Liberty Drive, Suite 203, Clemson, SC 29631

Phone: (864) 654-7858

Email: hope@anchorofhopecounseling.com

Web: anchorofhopecounseling.com

Baptist Easley Pastoral Counseling Center

Offers individual, couples, and family counseling, specializing in marriage and family therapy, grief, anxiety, depression, and stress.

Address: 112 John Street, Suite 101, Easley, SC 29640

Phone: (864) 442-7585

Web: www.ghs.org/patients-visitors/visitor-info/spiritualcare/

Payment: offers a sliding scale

Counseling and Psychological Services of the Upstate

Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, grief, relationships, stress, anger, trauma, ADHD, and sport performance.

Address: 402-4 Pendleton Road, Clemson, SC 29631

Phone: (864) 633-0210

Email: drruth@counselingpsychologyupstate.com

Web: counselingpsychologyupstate.com

DMT Counseling

Offers counseling for adolescents and adults, specializing in anxiety, depression, grief, life transitions, dementia, and chronic health/pain.

Address: 406 Piedmont Road, Suite 4, Easley, SC 29642

Phone: (864) 616-1203

Email: towdenise@gmail.com

Web: www.dmtcounseling.com

Easley Counseling Services

Offers counseling for adolescents and adults, specializing in substance abuse, depression, ADHD, adjustment, trauma, PTSD, grief, and anxiety.

Address: 312 East First Avenue, Suite D, Easley, SC 29640

Phone: (864) 404-6724

Easley Counseling and Training Center

Offers individual, couple, and family counseling, specializing in adjustment disorders and relational difficulties.

Address: 406 Piedmont Road, Suite 5, Easley, SC 29642

Phone: (864) 380-5231

Web: www.rossacollins.com

Family Wellness Counseling Center

Offers counseling for children, adults, adolescents, and families, specializing in adoption issues, transitions, grief, divorce, and aging.

Address: 316 C West Main Street, Easley, SC 29671

Phone: (864) 561-6485

Email: familywellnesscounseling@hotmail.com

Web: www.sites.google.com/site/familywellness3/home

Payment: accepts Medicaid and offers a sliding scale

Foothills Community Health Care

A medical home that includes behavioral health services for children, adolescents, and adults, specializing in anxiety, depression, trauma, substance abuse recovery, and grief.

Address: 403 Hillcrest Drive, Suite E, Easley, SC 29640

Phone: (864) 343-1220

Web: www.myfchc.org

Payment: accepts Medicaid and offers a sliding scale

Kimberly Chastain, MS, LMFT

Offers therapy for adolescents, adults, and couples, specializing in marital and premarital counseling, family conflict, and anxiety.

Address: 406 Piedmont Road, Easley, SC 29642

Phone: (864) 220-1177

Email: kimberly@kimberlychastain.com

Web: www.kimberlychastain.com

Payment: offers a sliding scale

Nature's Way Home Counseling and Life Coaching

Offers nature-based individual and couples counseling, specializing in equine-assisted therapy, anxiety, depression, PTSD, sexual abuse, grief, relationships, and stress.

Address: P.O. Box 1233, Pickens, SC 29671

Phone: (864) 933-8000

Email: shellyascoach@gmail.com

Web: www.shellysmith.org

*** ^ Pickens Mental Health Clinic**

Offers services to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

Address: 337 West Main Street, Easley, SC 29640

Phone: (864) 878-6830

Web: www.aopmentalhealth.org

Payment: accepts Medicaid

Ravan Counseling Services

Offers counseling for adults, couples, families, and groups, specializing in anger, anxiety, depression, trauma, self-esteem, grief, transitions, phobias, relationships, divorce, and stress.

Address: 404-A East First Avenue, Easley, SC 29640

Phone: (864) 644-8251

Email: jrava.ucca@bellsouth.net

Web: www.ravancounseling.com

Payment: accepts Medicaid

*** Robin's Nest Counseling, LLC**

Offers therapy for children, adults, and adolescents, specializing in family therapy, family life adjustments, adolescent issues, grief, and families with children with chronic illness.

Address: 300 Couch Lane, Easley, SC 29642

Phone: (864) 553-6100

Web: www.robinsnestcounseling.com

Southern Solace Counseling, PC

Offers counseling for adolescents and adults, specializing in anxiety, stress, self-esteem, relationships, women's issues, and depression.

Address: 1011 Tiger Boulevard, Suite 610, Clemson, SC 29631

Phone: (864) 633-7937

Web: www.clemsoncounseling.com

The Family Doctor

Offers counseling for children, adults, adolescents, couples, and families, specializing in Marriage/Family therapy, addiction, divorce mediation, and psychological testing for personality disorders and ADD.

Address: 1011 Tiger Boulevard, Suite 610, Clemson, SC 29631

Phone: (864) 840-8644

The Journey Home

Provides counseling and support to women, specializing in anxiety, depression, grief, loss, abuse, life change, emotional problems, and personality disorders.

Address: 303 South First Street, Easley, SC 29640

Phone: (864) 855-3231

Web: www.thejourneyhomellc.com

*** The Well Center**

Offers counseling for children, adults, and adolescents, specializing in art therapy, transitions, anxiety, anger, depression, self-esteem, pregnancy and postpartum mental health.

Address: 209 Pendleton Road, Suite C, Clemson, SC 29631

Phone: (864) 383-1996

Email: ginny@wellcentertherapy.com

Web: www.wellcentertherapy.com

^ Upstate Carolina Counseling Associates

Offers counseling for children, adults, adolescents, and families, specializing in mood disorders, conflict, emotional disturbance, impulse control, and autism.

Address: 405-A East First Avenue, Easley, SC 29640

Phone: (864) 644-8251

Email: admin@UCCASC.com

Web: upstatecarolinacounseling.com

Payment: accepts Medicaid and offers a sliding scale

Upstate FORT (Family Oriented Recreation and Therapy)

Offers counseling for children, adults, adolescents, couples, and families, specializing in art therapy, transitions, self-esteem, parenting, and adventure therapy.

Address: 100 McCollum Street, Suite 2, Clemson, SC 29631

Phone: (864) 710-0391

Email: upstatefort@gmail.com

Web: www.upstatefort.com

Payment: offers a sliding scale

SPARTANBURG COUNTY

Rehabilitation

^ BHG Spartanburg Treatment Center

Specializes in opioid treatment through Medication-Assisted Treatment (MAT) and addiction counseling.

Address: 239 Access Road, Spartanburg, SC 29303

Phone: (864) 503-0207

Web: spartanburg.bhgrecovery.com

Payment: accepts Medicaid

Celebrate Recovery / Hope Church

A Christ-based approach to addiction recovery

Address: 102 John Dodd Road, Spartanburg, SC 29303

Phone: (864) 497-4642

Email: lhillstock@yahoo.com

Faith Home Inc. Christian Rehabilitation for Alcoholics & Addicts

Provides rehabilitation for individuals with a substance abuse addiction.

Women's Facility: 309 Washington St., Abbeville, SC 29620

Men's Facility: 144 Faith Home Rd., Greenwood, SC 29649

Men's Facility: 180 Battleground Rd., Cowpens, SC 29330

Phone: (864) 223-0694

Email: faithhomegwd@msn.com

Web: www.faithhomegwd.net

FAVOR Spartanburg

Offers addiction recovery coaching services and peer support groups.

Address: Episcopal Church of the Advent, 141 Advent Street, Spartanburg, SC 29302

Phone: (864) 940-1136

Email: favor@favorspartanburg.org

Web: www.favorgreenville.org

Payment: free

GoForth Recovery

Offers housing and a structured environment that allows alcoholics and addicts to recover.

Address: P.O. Box 6560, Spartanburg, SC 29304

Phone: (864) 586-5886

Email: info@goforthrecovery.com

Web: www.goforthrecovery.com

Mel-Med

Medication-assisted recovery for alcohol, opiates, and tobacco recovery.

Address: 1451 East Main Street, Suite 2A, Spartanburg, SC 29307

Phone: (864) 586-3979

Email: DrMel@Mel-Med.com

Web: www.Mel-Med.com

Palmetto Carolina Treatment Center, LLC

Specializes in opiate addiction treatment through Medication-Assisted Treatment (MAT) and counseling.

Address: 325 Inglesby Parkway, Unit F, Duncan, SC 29334

Phone: (864) 433-8443

Web: carolinatreatmentcenters.com/

The Forrester Center for Behavioral Health

Provides adult and adolescent counseling and support services for substance use/abuse.

Address: 187 W. Broad Street, Spartanburg, SC 29306

Phone: (864) 582-7588

Web: www.theforrestercenter.org

Payment: accepts Medicaid

Support Services

Access Health Spartanburg

Designed to be a link between the uninsured and local health professionals, AccessHealth guides eligible clients to a medical home.

Address: 631 N Church Street, Spartanburg, SC 29302

Phone: (864) 560-0190

Web: accesshealthspartanburg.org

Payment: free (must not have health insurance and live at or below 150% of the federal poverty level)

Alzheimer's Association

Provides advocacy, education, and support for people living with Alzheimer's and for all of those impacted by Alzheimer's including caregivers.

Address: 901 South Pine Street, Spartanburg, SC 29302

Phone: (864) 542-9998

Web: www.alz.org/sc

*** Family Connection of SC**

Family supports and trainings for families with a member that has a disability.

Address: 249 North Grove Medical Park Dr., Ste 200, 2nd floor, Spartanburg, SC 29303

Phone: (864) 585-5462

Email: info@familyconnectionsc.org

Web: www.familyconnectionsc.org

Mental Health America—Spartanburg

Provides advocacy and education about mental illness as well as customized training programs and some support services.

Phone: (864) 345-2523

Email: nholland@mha-sc.org

NAMI Spartanburg

Provides free education, support groups, and advocacy to people with a mental illness and their families.

Address: 187 W. Broad Street, Spartanburg, SC 20306

Phone: (864) 707-2814

Email: office@namispartanburgsc.org

Web: www.namispartanburgsc.org

New Day Clubhouse

Provides employment services, housing, as well as the day program for individuals with persistent mental illness.

Address: 325 South Church Street, Spartanburg, SC 29306

Phone: (864) 582-5431

Web: www.newdayclubhouse.com

Payment: accepts Medicaid

ReGenesis Community Health Center

Provides quality health care to our community.

Administration / Medical Offices: 460 Langdon Street, Spartanburg, SC 29306

Phone: (864) 582-2411 / (864) 594-4465

Pediatrics/Teen Center & Pharmacy: 750 South Church St., Spartanburg, SC 29306

Phone: (864) 582-2411

Woodruff Office: 220 Irby St., Woodruff, SC 29388

Phone: (864) 670-9415

Web: www.myrhc.org

Payment: accepts Medicaid and offers a sliding scale

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

Address: 353 South Church St, Spartanburg SC 29306

Phone: (864) 585-3693

Web: www.scvrd.net

Upstate Warrior Solution

Offers support services to former and current military and their families.

Address: 160 East St. John Street, 3rd Floor, Spartanburg, SC 29306

Phone: (864) 977-1288

Email: info@upstatewarriorsolution.org

Web: upstatewarriorsolution.org

Therapy

Almost Perfect Counseling

Specializes in adolescents through adults, individuals, couples, families, anxiety, depression, life changings.

Address: 1714 Boiling Springs Road, Boiling Springs, SC 29316

Phone: (864) 415-5068

Email: almostperfectconsulting@gmail.com

Anna S Rickell, LISW CP

Offers counseling services for a variety of diagnosis including grief & trauma.

Address: 210 North Radcliff Way, Spartanburg, SC 29301

Phone: (864) 541-728 / (914) 714-3816

Email: anna@rickell.com

Ashley Kemp Counseling, LLC

Specializes in ages 15-65, depression, anxiety, trauma, CBT, DBT, and EMDR.

Address: 707 East Main Street, Spartanburg, SC 29302

Phone: (864) 932-3215

Betty Tysinger, Ph.D.

Specializes in young adults through elderly, couples and families.

Address: 707 East Main Street, Spartanburg, SC 29302

Phone: (864) 814-9801

*** Dr. Caleb Loring**

Provides individual therapy, parenting techniques and psychological assessments.

Address: 324 East Saint John Street, Suite B, Spartanburg, SC 29302

Phone: (864) 641-6979

Web: www.drcalebloring.com

Carrie H. Edmonds, LPC

Offers individual and family counseling.

Address: 561 East Main Street, Spartanburg, SC 29301

Phone: (864) 706-2265

Email: carrie@chelpc.com

† Children's Advocacy Center of Spartanburg, Cherokee, & Union

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.

Address: 100 Washington Place, Spartanburg, SC 29302

Phone: (864) 515-9922, ext. 112

Web: cacsp.org

Coda Counseling

Specializes in age 4+, individuals and families, substance abuse, anxiety, OCD, depression, mood management, and grief/loss.

Address: 110 South Dean Street, Spartanburg, SC 29302

Phone: (864) 316-8242

Counseling on Pine

Specializes in ages 12+, individuals, anxiety, self-esteem, and life transitions.

Address: 378 South Pine Street, Suite 3, Spartanburg, SC 29302

Phone: (864) 568-0252

David G Heatherly, PhD

Specializes in children 10+, adults, individuals, couples and families.

Address: 707 East Main Street, Spartanburg, SC 29302

Phone: (864) 542-9601

Denise Levereaux, MSW

Specializes in adults, individuals, trauma, PTSD, anxiety and depression, work stress, divorce, family conflicts, and social stressors.

Address: 1953 Old Reidville Road, Spartanburg, SC 29301

Phone: (864) 680-0495

Web: dltherapy.com/

Don Foster and Associates, Inc.

Specializes in addiction, co-occurring disorders, and offender counseling.

Address: 975 Asheville Highway, Spartanburg, SC 29303

Phone: (864) 235-5666

Elena Mendez Counseling

Specializes in Asperger/high functioning Autism issues, children, adolescents, adults, individuals, couples, and families.

Address: 2165 Chesnee Highway, Spartanburg, SC 29303

Phone: (864) 237-5961

Web: elenamendezcounseling.com

Payment: offers a sliding scale

Elizabeth Perry Counseling, LLC

Specializes in individuals and couples with anxiety, depression, eating disorders, codependency, addiction recovery, and low self-esteem.

Address: 243 East Blackstock Road, Suite 3, Spartanburg, SC 29301

Phone: (864) 383-0248

Payment: accepts Medicaid and offers a sliding scale

*** Emerge Family Therapy Center & Teaching Clinic**

Provides individual, couples, marriage and family counseling.

Address: 138 Dillon Drive, Spartanburg, SC 29307

Phone: (864) 583-1010

Web: www.emergeftc.org

Payment: offers a sliding scale

Eubanks Peer Support Living Room

A safe space where individuals can find support and resources to prevent a behavioral health crisis.

Address: 358 Serpentine Drive, Spartanburg, SC 29303

Phone: (864) 591-3501

Family Builders Counseling Services

Offers individuals, couples, families, children, teenagers, and adults the opportunity to achieve their goals through the counseling process.

Address: 1965 Old Furnace Rd., Boiling Springs SC 29316

Phone: (864) 327-6304

Email: kevin.cooksey@familybuilderscounseling.com

Web: familybuilderscounseling.com

Payment: accepts Medicaid

Full Circle Counseling

Specializes in ages 6+, adults, anxiety, bipolar, depression, substance abuse, parenting, marital issues

Address: 199 Spartanburg Hwy., Lyman, SC 29365

Phone: (864) 559-8944

Payment: accepts Medicaid

*** Gateway Children's Mental Health Services**

Specializes in children and adolescents (ages birth to 18), offering general practice.

Address: 397 Serpentine Drive, Suite B, Spartanburg, SC 29303

Phone: (864) 406-6041

Email: referrals@gatewaychildrens.com

Web: www.gatewaychildrens.com

Payment: accepts Medicaid

Ginger Church, LPC-I

Specializes in teens, depression, anxiety, and divorce issues.

Address: 561 East Main Street, Spartanburg, SC 29302

Phone: (864) 909-0604

Payment: offers a sliding scale

Gordon Consulting and Counseling

Specializes in adults, individuals, couples, addictions and mood disorders.

Address: 167 Alabama Street, Spartanburg, SC 29302

Phone: (864) 921-5721

Grey Group

Specializes in adults, military, PTSD, adjustment disorders, grief/loss, anxiety and dual diagnosis.

Address: 958 East Main Street, Suite B, Spartanburg, SC 29302

Phone: (864) 817-9008

Web: www.greygroupcounseling.com

H&W Enterprises (Health and Wellness Outpatient Practice)

Provides individual, family, group and medication therapy.

Address: 1524 John B. White Sr. Boulevard, Suite 6, Spartanburg, SC 29301

Phone: (864) 586-3300

E-mail: tpeoples@hwenterprisesofnc.com

Web: healthandwellnessofsc.com

*** HALTER Therapeutic Riding Center**

Therapeutic Horseback Riding program serving people with special needs.

Address: 1400 Carolina Club Rd, Spartanburg, SC 29302

Phone: (864) 586-1671

Web: www.haltersc.org

Payment: offers scholarships available

*** Hart to Heart Therapy**

Specializes in children, adolescents, adults, couples and families, grief, trauma, crisis care, abuse/neglect, anxiety, depression, and spiritual care.

Address: 101 North Pine Street, Suite 210, Spartanburg, SC 29302

Phone: (864) 920-1202

Web: www.aliciahart.net

Healing Solutions, LLC

Offers individual, couples, and family counseling services.

Address: 340 East Main Street, Suite 102, Spartanburg, SC 29302

Phone: (864) 707-2167

Email: amymorgan@hscg.org

Web: facebook.com/healingsolutionsllc

Payment: accepts Medicaid

*** In Step Counseling**

Specializes in children 7-12, adolescents, and young adults.

Address: 175 Magnolia Street, Suite 106, Spartanburg, SC 29306

Phone: (864) 310-6776

Payment: accepts Medicaid

Intrinsic Therapy, LLC

Provides individual, family, group, adolescent counseling specializing in relational conflicts, emotional disturbances, and disordered eating.

Address: 101 N Pine Street, Suite 303, Spartanburg, SC 29302

Phone: (864) 464-9029

Payment: accepts Medicaid (Molina) and offers a sliding scale

Janet Barnes McConnell Counseling

Specializes in individuals and couples with relationship problems, adult survivors of childhood sexual abuse, and sexual intimacy issues.

Address: 157 Hall Street, Spartanburg, SC 29302

Phone: (864) 474-5695

Jessica Loving Counseling, LLC

Specializes in depression, anxiety, and PTSD.

Address: 601 West Main Street, Spartanburg, SC 29301

Phone: (864) 706-6423

Payment: accepts Medicaid

JM Skinner-Johnson, LISW-CP

Specializes in children, families, anxiety, trauma, attachment struggles, depression, adjustment issues, and EMDR.

Address: 601 West Main Street, Spartanburg, SC 29301

Phone: (864) 513-4265

JoAnn Smith, MDiv, LMFT, LPC

Specializes in children, adolescents, adults, couples, trauma survivors, addiction, dissociative personality disorder, and spirituality.

Address: 331 Bryant Road, Spartanburg, SC 29303

Phone: (864) 977-8120

Payment: accepts Medicaid

Joseph Grace, PhD

Specializes in children, adolescents, adults, couples, ADHD, alcoholism, personality dynamics, and disability evaluations.

Address: 853 North Church Street, Suite 510, Spartanburg, SC 29303

Phone: (864) 560-1512

Kim Minnick, LISW-CP, CAC II, MAC

Specializes in ages 11+, tweens, teens and young adults, adults, couples, addictions, mood disorders, and women's issues.

Address: 561 East Main Street, Spartanburg, SC 29302

Phone: (864) 363-0063

Linda Cooper, LPC, NCC

Specializes in ages 12+, depression, bipolar, addiction, grief, trauma

Address: 154 Wyatt Road, Boiling Springs, SC 29316

Phone: (864) 529-7473

*** Living Stones Family Services**

Offers individual therapy using cognitive approach, specializing in trauma, grief, depression, child therapy, sexual abuse, and anger.

Address: 101 North Pine Street, Suite 303, Spartanburg, SC 29302

Phone: (864) 663-5615

Email: lipscomb.livingstonesfs@gmail.com

Payment: accepts Medicaid

Magnolia Counseling Associates

Provides therapy specializing in trauma, bipolar disorder, depression, anxiety and eating disorders, and behavioral problems.

Address: 153 North Spring Street, Spartanburg, SC 29306

Phone: (864) 583-5969

Web: www.magnoliacounseling.net

^ MGC Psychiatry

Specializes in psychiatric care for geriatric patients.

Address: 391 Serpentine Drive, Suite 400, Spartanburg, SC 29303

Phone: (864) 560-7517

Payment: accepts Medicaid

Middle Tyger Community Center

Provides free medical clinic hours, counseling services, and additional community services and supports.

Address: 84 Groce Road, Lyman, SC 29365

Phone: (864) 439-7760

Web: www.middletyger.org

Payment: offers a sliding scale

Monique Watson, LPC, NBCC, MAC, CACII

Balancing Act Coaching & Consulting, LLC

Specializes in individuals, couples, families, addictions, coaching, and weight management.

Address: 354 Marion Avenue, Spartanburg, SC 29306

Phone: (864) 205-7660

New Beginnings Counseling Services

Specializes in ages 6+, children and families, couples, anxiety, depression, ADHD, ADD, trauma, relationship issues, and military/veteran support.

Address: 145 North Church Street, Spartanburg, SC 29306

Phone: (864) 266-3393

Payment: accepts Medicaid

New Horizons Counseling

Provides individual, couples and family therapy.

Address: 1714 Boiling Springs Road, Boiling Springs, SC 29316

Phone: (864) 764-1007

Web: newhorizonscounselingsc.com

North Grove Counseling Associates

Offers individual, couples, and family counseling services.

Address: 240 North Grove Medical Park Drive, Spartanburg SC 29303

Phone: (864) 699-9213

Web: northgrovecounseling.com

*** ^ Palmetto Child & Family Psychiatry, LLC**

Specializes in children, adolescents, and young adults (under 50).

Address: 104 North Daniel Morgan Avenue, #110, Spartanburg, SC 29306

Phone: (864) 327-1789

*** Palmetto Counseling and Play Therapy**

Specializes in children 3+, adolescents, adults, individuals and family, anxiety, play therapy, depression, life adjustments, and parenting support.

Address: 1965 Old Furnace Road, Boiling Springs, SC 29316

Phone: (864) 542-7140

Web: www.palmettotherapy.com

Palmetto Family Enrichment Center, P.C.

Offers counseling for a variety of mental health diagnosis.

Address: 1330 Boiling Springs Road, Suite 2800, Spartanburg, SC 29303

Phone: (864) 573-6908

Pathfinder Counseling & Consulting, LLC

Address: 1032 Union Street, Spartanburg, SC 29302

Phone: (864) 205-1110

Email: patty@pathfindersc.com

Pathways Pastoral Counseling

Provides individual and family therapy and can support families struggling through chronic illness and cancer.

Address: 400 Dupre Dr., Spartanburg, SC 29307

Phone: (864) 542-3019

Web: www.pathwayspc.com

Payment: accepts Medicaid

Piedmont Care, Inc.

Provides HIV/AIDS testing, prevention, counseling and linkages to resources.

Address: 101 North Pine Street, Suite 200, Spartanburg, SC 29302

Phone: (864) 582-7773

Web: www.piedmontcare.org

*** Project Hope**

Offers ABA therapy and other services for children and adults with autism and their caregivers.

Address: 200 Elford Court, Spartanburg, SC 29306

Address: 751 East Georgia Street, Woodruff, SC 29388

Address: 51 Cavins Road, Woodruff, SC 29388

Phone: (864) 676-0028

Web: www.projecthopesc.org

Payment: accepts Medicaid

^ Psychiatric Associates of Spartanburg, PA

Offers client centered therapy for a wide range of conditions.

Address: 943 N Church St, Spartanburg, SC 29303

Phone: (864) 585-2214

^ Psychiatric Associates of Spartanburg, PA

Offers client centered therapy for a wide range of conditions.

Address: 943 N Church St, Spartanburg, SC 29303

Phone: (864) 585-2214

Recreating Positive Living, LLC

Offers counseling services to individuals and families.

Address: 2375 East Main Street, Suite A105, Office 102, Spartanburg SC 29307

Phone: (864) 415-8640

Renaissance Therapy & Forensic Counseling Center

Specializes in children 10+, adolescents, adults, couples and families, anxiety, depression, bipolar, borderline personality disorder, anger management, DBT, and substance abuse.

Address: 1090 Boiling Springs Road, Spartanburg, SC 29302

Phone: (864) 573-5956

River Rock Therapy

Specializes in children and teens, anxiety, trauma, and grief

Address: 175 Magnolia Street, Suite 102, Spartanburg, SC 29306

Phone: (864) 809-3516

Ruth C. Compton, LPC-I

Provides group, individual, and play therapy and often uses CBT.

Address: 707 East Main Street, Spartanburg, SC 29302

Phone: (864) 316-5910

Email: ruthcompton6@gmail.com

Web: www.ruthcompton.com

† SAFE Homes

Offers resources and counseling services for victims of domestic violence and sexual assault.

Address: 236 Union Street, Spartanburg, SC 29302

Phone: (864) 583-9803

Email: shrcc@aol.com

Web: www.shrcc.org

St. Luke's Free Medical Clinic

Provides free medical care and counseling services to uninsured.

Address: 162 North Dean Street, Spartanburg, SC 29302

Phone: (864) 542-2273

Email: info@slfmc.org

Web: www.slfmc.org

Payment: free (must meet income guidelines and not have any insurance)

*** Shannon Rogers Therapy**

Specializes in children, adolescents, adults and family therapy, ADHD, anxiety, anger, depression, social skills, and parenting.

Address: 324 East St. John Street, Suite F, Spartanburg, SC 29302

Phone: (864) 278-0070

Web: shannonrogerstherapy.com

Shelby Albright, LLC

Offers counseling for adolescents, adults, couples, and families, specializing in anxiety, and working with the LGBTQ+ community.

Address: 324 East Saint John Street, Suite D2, Spartanburg, SC 29302

Phone: (864) 513-6394

Payment: offers a sliding scale

Skylyn Counseling

Specializes in couples therapy, family and individual therapy, parenting supports, depression, anxiety, and conflict resolution.

Address: 503 West 2nd Street, Spartanburg, SC 29301

Phone: (864) 585-5010

Email: landa@skylyncounseling.com

Web: www.skylyncounseling.com

Payment: accepts Medicaid

*** ^ Spartanburg Area Mental Health**

Offers service to adults, children, and their families affected by significant mental illness or emotional disorders.

Address: 250 Dewey Avenue, Spartanburg, SC 29303

Phone: (864) 585-0366

24 Hour Emergency On Call Spartanburg: (864) 585-0366

Deaf/Hard of Hearing Emergency After Hours: deaf hotline@scdmh.org

Web: www.sparmhc.org

Payment: accepts Medicaid, offers a sliding scale

† Stacey L. Jackson, LPC

Offers counseling services specializing in domestic violence, PTSD, trauma, sexual abuse, personality disorders, sexuality, and spirituality.

Address: 2375 East Main Street, Suite A-105, Spartanburg, SC 29307

Phone: (864) 398-9322

Email: sljacksonlpc@gmail.com

Payment: accepts Medicaid

Steve L. Glenn, MA/LPC

Offers individual, couples, and family counseling.

Address: 10 Tims Creek Road, Roebuck, SC 29376

Phone: (864) 804-8278

The Center for Counseling

Offers counseling services to individuals and families.

Address: 1012 South Blackstock Road, Landrum, SC 29356

Phone: (864) 350-6335

Payment: accepts Medicaid and offers a sliding scale

Transitions Therapy

Specializes in adolescents 16+, adults, and veterans.

Address: 175 Magnolia Street, Suite 104, Spartanburg, SC 29306

Phone: (864) 497-2882

Trinity Place, LLC

Offers individual and family counseling, specializing in LGBT and transgender individuals, and anxiety.

Address: 236 Union Street, Suite 2, Spartanburg, SC 29302

Phone: (864) 649-6272

*** Turning Leaves for Children**

Offers therapy for children, specializing in trauma, grief, and high conflict divorce cases.

Address: 601 West Main Street, Spartanburg, SC 29301

Phone: (864) 598-9461

Web: turningleavesforchildren.com

^ Upstate Psychiatric Associates

Offers services to all ages, specializing in ADD/ADHD, refractory, neuroendocrine assessments, genetic testing, disorders of amino acid metabolism, and affective disorder.

Address: 1330 Boiling Springs Road, Suite 2800, Spartanburg, SC 29303

Phone: (864) 585-0328

WellSource Counseling, LLC

Specializes in children, adolescents, adults, couples, family, anxiety, self-esteem, addiction and dual diagnosis.

Address: 101 North Pine Street, Suite 210, Spartanburg, SC 29302

Phone: (864) 990-4324

Payment: accepts Medicaid and offers a sliding scale

Winzai Amadi Counseling Services

Specializes in children, adolescents, adults, ADHD, severe emotional and behavioral disturbance, substance abuse, trauma, and parenting issues.

Address: 700 Squires Point, Unit B, Duncan, SC 29334

Phone: (864) 249-3756

Payment: accepts Medicaid

UNION COUNTY

Rehabilitation

Union County Commission on Alcohol and Drug Abuse

Provides adult and adolescent counseling and support services for substance use/abuse.

Address: 201 South Herndon Street, P.O. Box 844 Union, SC 29379

Phone: (864) 429-1667

Payment: accepts Medicaid and offers a sliding scale

Support Services

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

Address: 131 North Main Street, Jonesville, SC 29353

Phone: (864) 475-5000

Web: www.scvrd.net

Therapy

*** ^ Union Mental Health Center**

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

Address: 130 Medical Sciences Drive, Union, SC 29379

Phone: (864) 427-1224

24-Hour Emergency On-Call Services: 1(800) 277-1366

Deaf/Hard of Hearing after hours contact: deafhotline@scdmh.org

Payment: accepts Medicaid, offers a sliding scale

YORK COUNTY

Rehabilitation

Keystone Substance Abuse Services

Provides inpatient and outpatient services for substance use/abuse, and prevention and education programs.

Address: 199 South Herlong Avenue, Rock Hill, SC 29732

Phone: (803) 324-1800

Email: info@keystoneyork.org

Web: www.keystoneyork.org

Payment: accepts Medicaid

Rock Hill Treatment Specialists

Offers outpatient rehabilitation services for individuals dependent or addicted to narcotics.

Address: 1274 East Main Street, Rock Hill, SC 29730

Phone: (803) 526-7666

Email: rockhilltreatment@gmail.com

Web: www.rockhilltreatment.com

Support Services

NAMI Piedmont Tri-County

Provides free education, support groups, and advocacy to people with a mental illness and their families.

Address: 421 Oakland Avenue, Rock Hill, SC 29730

Address: P.O. Box 3626, Rock Hill, SC 29732

Phone: (803) 610-8174

Email: NamiPTC@gmail.com

Web: www.namipiedmont.org

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

Address: 1020 Heckle Boulevard, Rock Hill, SC 29732

Phone: (803) 327-7106

Web: www.scvrd.net

Therapy

Affinity Health Center

A full-service family practice offering a wide range of healthcare services including counseling and mental health services.

Address: 455 Lakeshore Parkway, Rock Hill, SC 29730

Address: 300 Clinton Avenue, Clover, SC 29710

Address: 120 East Elliot Street, Fort Mill, SC 29715

Address: 37 Pinckney Street, York, SC 29745

Phone: (803) 909-6363

Email: info@affinityhealthcenter.org

Web: www.affinityhealthcenter.org

Payment: accepts Medicaid and offers a sliding scale

*** Anderson Counseling and Education**

Offers counseling for children, adolescents, adults, couples, and families, specializing in self-esteem, trauma, sexual abuse, grief, depression, anxiety, marital counseling, and play therapy.

Address: 100 Stone Village Drive, Suite 104-B, Fort Mill, SC 29708

Phone: (980) 404-2365

Web: www.andersonedcounsel.org

Payment: accepts Medicaid and offers a sliding scale

Ann Clark, MA, LPC

Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, anxiety, anger, stress, addiction recovery, and spiritual matters.

Address: 830 North Jones Avenue, Rock Hill, SC 29730

Phone: (803) 448-0086

Web: www.rockhillcounselor.com

Payment: accepts Medicaid and offers a sliding scale

Bridgebuilders Family and Youth Services, Inc.

Offers therapy for children, adults, adolescents, families, and groups.

Address: 2025 Ebenezer Road, Suite G-2, Rock Hill, SC 29732

Phone: (803) 619-6900

Email: info@BBFYS.com

Web: www.bbfys.com

*** Brown Clinical Services**

Offers counseling for children, adolescents, adults, couples, and families, specializing in grief, abuse, behavior, ADHD, ODD, PTSD, anger, depression, anxiety, and attachment.

Address: 1612 Ebenezer Road, Suite 203, Rock Hill, SC 29732

Phone: (803) 328-1624

Email: info@brownclinicalservice.com

Web: www.brownclinicalservice.com

Payment: accepts Medicaid

Carolina Community Counseling

Offers child, adolescent, adult, and family counseling, specializing in conflict, coping, anxiety, emotional disturbance, stress, depression, and relationships.

Address: 2012 West Highway 160, Suite 9, Fort Mill, SC 29708

Phone: (866) 652-0093

Email: kristen@carolinacommunitycounseling.org

Web: carolinacommunitycounseling.org

Carolina Counseling Center

Offers therapy for individuals, couples, and families, specializing in anxiety, depression, PTSD, stress, and anger.

Address: 1721 Ebenezer Road, Suite 215, Rock Hill, SC 29732

Phone: (803) 366-7404

Web: www.juliusmeyer.com

^ Catawba Community Mental Health Center

Offers services to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

Address: 448 Lakeshore Parkway, Suite 205, Rock Hill, SC 29730

Phone: (803) 328-9600

York Adult Services

Address: 205 Piedmont Boulevard, Suite 100, Rock Hill, SC 29732

Phone: (803) 327-2012

Catawba Family Center (Child, Adolescents, and Families Clinic)

Address: 448 Lakeshore Parkway, Suite 110, Rock Hill, SC 29730

Phone: (803) 329-3177

Payment: accepts Medicaid and offers a sliding scale

Charlotte Counseling and Consulting, PLLC

Offers therapy for children, adults, adolescents, couples, and families, specializing in addiction, behavior, trauma, and emotional disturbance.

Address: 454 South Anderson Road, Suite 134, Rock Hill, SC 29730

Phone: (704) 771-4633

Email: j.funderburg@cccpllc.com

Web: jamarrfunderburg.wixsite.com/website

Payment: accepts Medicaid and offers a sliding scale

Christian Counseling Center

Offers counseling for adults, couples, and groups, specializing in marriage and relationships, anxiety, stress, depression, grief, and self-esteem.

Address: 229 Johnston Street, Rock Hill, SC 29730

Phone: (803) 325-5603

Email: roger@christiancounseling3.com

Web: www.christiancounseling3.com

Eagle's Nest Counseling

Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, CBT, DBT, women's issues, self-esteem, codependency, and LGBT.

Address: 331 East Main Street, Suite 200, Rock Hill, SC 29730

Phone: (803) 909-9347

Web: www.eaglesnestcounseling.com

Executive Counseling

Offers counseling for children, adolescents, adults, couples, and families, specializing in Christian counseling, addiction, trauma, grief, depression, anxiety, and relationships.

Address: Fort Mill, SC 29708

Phone: (803) 220-2618

Web: www.executivecounseling.org

Payment: accepts Medicaid and offers a sliding scale

Fort Mill Psychotherapy

Offers therapy for adolescents, adults, couples, and families, specializing in addiction, self-esteem, relationships, grief, stress, parenting, and coping.

Address: 100 Stone Village Drive, Fort Mill, SC 29708

Phone: (855) 588-2532

Web: fortmillpsychotherapy.com

Four Seasons Counseling Services

Offers counseling and therapy for adolescents, adults, couples, and families, specializing in depression, anxiety, grief, stress, relationships, and transitions.

Address: 454 South Anderson Road, Suite 305A, Rock Hill, SC 29730

Phone: (803) 327-0058

Web: www.dcoopertherapist.com

Hyatt Counseling, LLC

Offers counseling for children, adolescents, adults, and families, specializing in trauma, grief, anxiety, addiction, depression, and change.

Address: 2106 Celanese Road, Rock Hill, SC 29732

Phone: (803) 307-4647

Email: info@michellehyatt.com

Web: www.michellehyatt.com

Payment: offers a sliding scale

Inner Transformation Therapeutic Services, PLLC

Offers counseling for children, adolescents, and adults specializing in trauma, grief, anxiety, depression, relationships, and stress.

Address: 331 East Main Street, Rock Hill, SC 29730

Phone: (980) 209-3222

Email: info@innertransformationpllc.com

Web: innertransformationpllc.com

Payment: accepts Medicaid

Journeys of Life Therapeutic Resources

Offers counseling to children, adolescents, adults, and families, specializing in depression, self-esteem, life stressors, and anger.

Address: 2025 Ebenezer Road, Suite G, Rock Hill, SC 29732

Phone: (803) 280-5349

Email: info@journeysoflifetherapy.com

Web: www.journeysoflifetherapy.com

Payment: accepts Medicaid and offers a sliding scale

Kim Engel-Hughes, LPC

Offers counseling to adults and families, specializing in anxiety, OCD, depression, relationships, abuse, LGBT issues, food allergies, trauma, and parenting.

Address: 1700 First Baxter Crossing, Suite 204, Fort Mill, SC 29708

Phone: (803) 547-1106

Email: kengelhughestherapy@gmail.com

Web: www.engelhughestherapy.com

Dr. Lois Vernon

Provides individual, couples, and family counseling, specializing in depression, anxiety, parenting support, grief, work and career issues, stress, addiction, and conflict.

Address: 229 Johnston Street, Rock Hill, SC 29730

Phone: (803) 448-6333

Web: www.drloisveronen.com

Lucy Bedenbaugh, M.ed, LPC

Provides therapy for adolescents, adults, and couples, specializing in relationship issues, coping skills, anxiety, addiction, depression, grief, trauma, and life transitions.

Address: 1624 Ebenezer Road, Rock Hill, SC 29732

Phone: (803) 274-1567

Web: www.lucybedenbaughlpc.com

Milestone Counseling, LLC

Offers counseling for children, adolescents, and adults, specializing in trauma, anxiety, depression, EMDR, and borderline personality disorder.

Address: 150 BW Thomas Drive, Suite 105, Fort Mill, SC 29708

Phone: (803) 616-1691

Email: rebeccagray@milestonecounselingllc.com

Web: milestonecounselingllc.com

Payment: offers a sliding scale

New Hope Carolinas

A psychiatric residential treatment facility for adolescents ages 12-21, specializing in emotional and behavioral issues, trauma, self-injury, anger, substance abuse, intellectual disability, PTSD, developmental disability, and mood disorders.

Address: 101 Sedgewood Drive, Rock Hill, SC 29732

Phone: (877) 328-9300

Web: www.newhopetreatment.com

Payment: accepts Medicaid

North Central Family Medical Center

A community health center offering counseling services.

Address: 1131 Saluda Street, Rock Hill, SC 29370

Phone: (803) 325-7744

Web: www.northcentralmed.com

Payment: accepts Medicaid and offers a sliding scale

*** Palermo Counseling Services**

Offers counseling for children, adults, adolescents, and families, specializing in behavior, school issues, ADD/ADHD, substance use, anger, mood disorders, stress, relationships, and attachment.

Address: 302 Tm Hall Street, Fort Mill, SC 29715

Phone: (803) 322-0447

Email: palermocounseling@gmail.com

Web: palermocounseling.wixsite.com/palermocounseling2

*** Palmetto Counseling & Consulting Services, LLC**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in clinical evaluation/diagnostic assessment, depression, anxiety, ADHD, CBT, DBT, substance abuse, and anger.

Address: 1721 Ebenezer Road, Suite 225, Rock Hill, SC 29732

Phone: (803) 329-9639

Web: palmettocounselingconsulting.com

^ Pinnacle Point Supportive Services, LLC

Offers behavioral health services for children, adolescents, and adults, specializing in mood disorders, anger, coping, substance abuse, medication management, Medicaid targeted case management, and parenting.

Address: 154 Amendment Avenue, Suite 203, Rock Hill, SC 29732

Phone: (704) 749-8833

Web: www.pinnaclepointllc.com

Payment: accepts Medicaid and offers a sliding scale

*** RideAbility Therapeutic Riding Center**

Offers equine therapy for children, adults, and families with special needs to promote emotional, social, physical and psychological wellbeing.

Address: 937 Stallion Spirit Trail, Clover, SC 29710

Phone: (803) 222-6008

Email: rideabilitysc@gmail.com

Web: www.rideabilitysc.com

*** † Safe Passage Children's Advocacy Center**

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.

Address: 104 Oakland Road, Rock Hill, SC 29730

Phone: (803) 327-7558

Web: www.safepassagesc.org

Simone Esquibel, LICSW

Offers therapy for children, adolescents, adults, couples, and families, specializing in trauma, mood disorders, ADD/ADHD, grief, sexual assault/abuse, and the LGBTQ community.

Address: Williams Road, Fort Mill, SC 29715

Phone: (843) 315-5112

Email: simoneesq@gmail.com

Web: www.simoneesquibel.com

Payment: accepts Medicaid and offers a sliding scale

*** Stepping Stones Counseling Services, LLC**

Offers therapy for children, adolescents, adults, couples, and families, specializing in play therapy, depression, anxiety, trauma, relationships, and work conflicts.

Address: 1365 Ebenezer Road, Rock Hill, SC 29732

Phone: (803) 817-7837

Web: steppingstonescounselingsc.com

Payment: accepts Medicaid

Susan H. Bullard, LISW-CP

Provides psychotherapy for children, adolescents, and adults, specializing in anxiety, codependency, depression, grief, life transitions, relationships, self-esteem, and trauma.

Address: 1624 Ebenezer Road, Rock Hill, SC 29732

Phone: (803) 599-8869

Web: www.susanbullardtherapy.com

Sweet Fire Counseling

Offers counseling for adults, couples, families, and groups, specializing in relationships, infidelity, anxiety, depression, ADHD, grief, trauma, and personality disorders

Address: 229 Johnston Street, Rock Hill, SC 29730

Phone: (803) 524-3480

Web: www.sweetfirecounseling.com

The Mediation and Family Services Center, Inc.

Offers counseling for adults and families, specializing in anxiety, depression, grief, marital difficulties, and Family Court Mediation.

Address: 1477 Ebenezer Road, Rock Hill, SC 29732

Phone: (803) 389-6222

Web: www.mediationandfamily.com

Payment: accepts Medicaid

^ The Saluda Counseling Center

Offers psychotherapy for children, adolescents, adults, couples, and families, specializing in art therapy, medication management, depression, anxiety, grief, trauma, stress, PTSD, addiction, chronic illness, and ADHD.

Address: 2400 West Main Street, Rock Hill, SC 29732

Address: 2955 Highway 160W, Fort Mill, SC 29708

Phone: (803) 327-6103

Email: contactus@thesaludacenter.net

Web: www.thesaludacenter.org

*** Thompson Community Counseling Center**

Offers counseling services for children, adolescents, and families, specializing in depression, anxiety, anger, trauma, family conflict, divorce, ODD, and communication.

Address: 377 Rubin Drive, Suite 204, Fort Mill, SC 29708

Phone: (704) 376-7180

Web: www.thompsoncff.org

Payment: accepts Medicaid

BURKE COUNTY

Rehabilitation

Archway Counseling

Offers outpatient drug and alcohol addiction treatment services for adolescents and adults.

Address: 222 West Union Street, Morganton, NC 28655

Phone: (828) 475-1804

Payment: accepts Medicaid

*** † Burke County Children's Advocacy Center - Gingerbread House**

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.

Address: 408 South Green Street, Morganton, NC 28655

Phone: (828) 430-9949

Email: burkecac@southmountain.org

Web: www.southmountain.org/childrens-advocacy-centers/

Burke Recovery

Offers addiction treatment for adolescents, adults, and families, including outpatient and residential services, and recovery support.

Address: 203 White Street, Morganton, NC 28655

Phone: (828) 433-1221

Web: www.burkerecovery.com

Payment: accepts Medicaid and offers a sliding scale

Groups Recover Together

Offers Suboxone treatment and therapy for opiate addiction.

Address: 214 Avery Avenue, Morganton, NC 28655

Phone: (800) 683-8313

Email: info@joinGroups.com

Web: www.joingroups.com

The Cognitive Connection

Offers substance use treatment services including assessments, dual disorder treatment, employment training, cognitive behavioral intervention, peer support, outpatient services, group therapy, and suboxone treatment.

Address: 350 East Parker Road, Morganton, NC 28655

Phone: (828) 391-5026

Email: info@thecogcon.com

Web: www.thecogcon.com

Payment: accepts Medicaid and offers a sliding scale

Therapy

* ^ A Caring Alternative

Offers therapy and intensive in-home services for children and adolescents, and offers therapy and support services for adults, specializing in mental health and substance use disorders.

Address: 301 East Meeting Street

Address: 617 South Green Street, Suite 200, Suite 102, Morganton, NC 28655

Phone: (828) 437-3000

Email: info@carinalternative.com

Web: www.caringalternative.com

^ Burke Integrated Health

Offers therapy for individuals, families and groups, psychiatric care and medication management, peer support, and substance abuse services including suboxone treatment, intensive outpatient treatment, outpatient treatment, and dual-diagnosed treatment.

Address: 301 East Meeting Street, Suite 101, Morganton, NC 28655

Phone: (828) 624-0300

Email: info@burkeintegratedhealth.com

Web: burkeintegratedhealth.com

Payment: accepts Medicaid and offers a sliding scale

^ Catawba Valley Behavioral Healthcare

Offers a day treatment program, residential services, peer support, crisis services, and outpatient treatment for individuals with intellectual developmental disabilities or behavioral health disorders.

Address: 301 East Meeting Street, Suite 104, Morganton, NC 28655

Phone: (828) 624-1900

Web: www.cvbh.org

Clear Perspective, LLC

Offers therapy for children, adolescents, and adults, specializing in EMDR, anxiety, Autism, ADHD, behavioral difficulties, depression, eating disorders, grief, PTSD, trauma, substance abuse, LGBT, and marital difficulties.

Address: 140 Beach Street, Morganton, NC 28655

Phone: (828) 475-0149

Email: clearperspective@clearperspective.co

Web: www.clearperspective.co

Payment: accepts Medicaid

* Focus Behavioral Health Services, LLC

Offers services for youth and their families, including day treatment, outpatient, residential, intensive in-home, and equine assisted learning services.

Address: 207 Queen Street, Morganton, NC 28655

Phone: (828) 439-8191

Web: www.focusbhs.com

*** Fresh Start Counseling Center**

Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, grief, anxiety, depression, parenting, stress management, substance abuse, physical and sexual abuse, and spiritual issues.

Address: 512 E Fleming Drive, Morgantown, NC 28655

Phone: (828) 443-0005

Email: holly@fscounselingcenter.com

Web: www.fscounselingcenter.com

Payment: accepts Medicaid

Karen G. Steele, PLLC

Offers counseling for adolescents, adults, and couples, specializing in trauma, PTSD, stress, spirituality, anxiety, depression, chronic pain, grief, life transitions, and relationship issues.

Address: 216 North Sterling Street, Suite C, Morganton, NC 28655

Phone: (828) 477-4319

Web: www.karensteele.org

*** Life Works Counseling Practice**

Offers counseling for children, adolescents, and adults, specializing in depression, anxiety, relationships, grief, stress management, parenting, conflict resolution, behavioral problems, ADHD, and play therapy.

Address: 205 East Union Street, Morganton, NC 28655

Phone: (828) 433-9190

Email: lifework@bellsouth.net

Web: www.lifeworksnc.com

*** Mimosa Christian Counseling Center**

Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, anxiety, stress, trauma, abuse, marital concerns, and relationships.

Address: 220 Burkemont Avenue, Morganton, NC 28655

Phone: (828) 433-5600

Web: mimosachristiancounseling.org

One Love Periodic Services, Inc.

Offers behavioral health services including clinical assessment, outpatient services, medication management, intensive in-home services, and residential services.

Address: 103 North Green Street, Morganton, NC 28655

Phone: (828) 433-4567

Web: www.oneloveservices.com

† Options of Burke County

A domestic violence, rape, and sexual assault shelter, education, and advocacy center offering domestic violence support groups and therapy for victims of domestic violence, rape, sexual assault, or child abuse.

Address: PO Box 2512, Morganton, NC 28655

Phone: (828) 438-9444

Web: www.optionsburkecounty.org

Patricia Hawkins Wells, MDiv, PsyD, NCFBPPC

Offers counseling for adults and couples, specializing in anxiety, depression, trauma, PTSD, grief, women's issues, marital concerns, and spirituality.

Address: 200 North King Street, Morganton, NC 28655

Phone: (919) 698-8098

Web: drpatriciawells.clientsecure.me

*** The Counseling Group**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in anxiety, PTSD, abuse, addiction, substance use disorder, depression, parenting, stress management, play therapy, ADHD, Autism, grief, and relationships.

Address: 305 East Union Street, Suite B113, Morganton, NC 28655

Phone: (828) 322-8736

Email: contact@thecounselinggroup.com

Web: www.thecounselinggroup.com

Wisdom Path, PLLC

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in relationships, trauma, compulsive behaviors, depression, anxiety, and bipolar disorder.

Address: 220 West Union Street, Morganton, NC 28655

Phone: (828) 475-6544

Email: wisdompathnc@gmail.com

CATAWBA COUNTY

Rehabilitation

New Season Hickory Metro Treatment Center

Offers services to treat opioid addiction including medication-assisted treatment, counseling, medically supervised withdrawal, and outpatient services.

Address: 1152 Lenoir Rhyne Boulevard Southeast, Hickory, NC 28601

Phone: (828) 485-1320

Email: hickory.nc@cmglp.com

Web: www.newseason.com

The Cognitive Connection

Offers substance use treatment services including assessments, dual disorder treatment, employment training, cognitive behavioral intervention, peer support, outpatient services, group therapy, and suboxone treatment.

Address: 929 15th Street Northeast, Hickory, NC 28601

Phone: (828) 327-6026

Adolescent Services: 4330 Viola Sipe Drive, Conover, NC 28613

Phone: (828) 256-3436

Email: info@thecogcon.com

Web: www.thecogcon.com

Payment: accepts Medicaid and offers a sliding scale

Therapy

*** ^ Access Family Services**

Offers services for children, adolescents, adults, and families, specializing in trauma, crisis management, intensive in-home services, and medication management.

Address: 738 4th Street Southwest, Hickory, NC 28602

Phone: (828) 468-8624

Email: smclean@accessfamilyservices.com

Web: www.accessfamilyservices.com

Brand New Day Counseling

Offers online therapy for adults, specializing in gender therapy, the LGBT population, marital problems, transitions, anxiety, parenting, grief, stress, and relationships.

Address: Conover, NC 28613

Email: brandnewdaycounseling@gmail.com

Web: brandnewdaycounseling.com

*** Brian S. Hissom & Associates, PLLC**

Offers counseling for children, adolescents, adults, and families, specializing in ADHD, anxiety, depression, anger, social skills development, pain and chronic health problem management, and sleep.

Address: 321 7th Street Northeast, Suite B, Hickory, NC 28601

Phone: (828) 485-2195

Web: www.hickorycounseling.com

^ Catawba Valley Behavioral Healthcare

Offers a day treatment program, residential services, peer support, crisis services, and outpatient treatment for individuals with intellectual developmental disabilities or behavioral health disorders.

Address: 327 1st Avenue Northwest, Hickory, NC 28601

Phone: (828) 695-5900

Web: www.cvbh.org

*** † Children's Advocacy and Protection Center of Catawba County**

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.

Address: 4360 County Home Road, Conover, NC 28613

Phone: (828) 465-9296

Web: catawbacountycapc.org/capc/

*** Cornerstone Counseling Center**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in addiction, anxiety, ADD, depression, divorce, eating disorders, grief, parenting, stress, spiritual issues, and trauma.

Address: 439 1st Avenue Northwest, Hickory, NC 28601

Phone: (828) 322-4941 **Email:** ccc.cornerstonesounselingnc@gmail.com

Web: cornerstonecounselingnc.org

Counseling Edge

Offers counseling for adults, specializing in anxiety, panic disorders, relationships, eating disorders, depression, self-esteem, adjustment, grief, parenting, sexuality and identity, personality disorders, and transitions.

Address: 825 3rd Avenue Northwest, Hickory, NC 28601

Phone: (828) 324-1400

Web: www.counselingedge.com

*** ^ Crossroads Counseling Center**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in grief, divorce, depression, anxiety, sexual and physical abuse, ADHD, attachment, parenting, dissociative disorders, spiritual issues, trauma, Autism spectrum, and early childhood issues.

Address: 255 18th Street Southeast, Hickory, NC 28602

Phone: (828) 327-6633

Web: crossroadscounseling.org

Payment: accepts Medicaid

*** † Family Guidance Center**

Offers counseling for children, adults, adolescents, couples, and families, specializing in depression, anxiety, child abuse, behavior, parenting, eating disorders, relationships, grief, trauma, sexual assault, and stress.

Address: 17 Us Highway 70 Southeast, Hickory, NC 28602

Phone: (828) 322-1400

Email: familyguidance@fgcservices.com

Web: www.fgcservices.com

Payment: offers a sliding scale

Greater Hickory Cooperative Ministry Free Clinic

Offers counseling, mental health, and substance abuse assessments.

Address: 31 1st Avenue Southeast, Hickory, NC 28602

Phone: (828) 327-0979

Email: info@ccmhickory.org

Web: www.ccmhickory.org

Payment: free (must be adults and meet clinic income and insurance guidelines)

Growing Tree Counseling Center, PLLC

Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, addiction, trauma, depression, anxiety, anger, grief, and stress.

Address: 715 Fairgrove Church Road Southeast, Suite 202, Conover, NC 28613

Phone: (828) 638-5907

Web: www.grow-nc.com

^ Hickory Psychiatric Center

Offers psychiatric services for adults, specializing in stress, anxiety, mood disorder, medication management, and other behavioral health issues.

Address: 24 2nd Avenue Northeast, Suite 201, Hickory, NC 28601

Phone: (828) 324-9900

Email: info@hickorypsychiatriccenter.com

Web: hickorypsychiatriccenter.com

Juanita Brown, PLLC

Offers counseling for children, adolescents, adults, and groups, specializing in trauma, PTSD, EMDR, depression, anxiety, and peer support.

Address: Hickory, NC 28601

Phone: (828) 201-4442

Web: www.brownwalsh.com

Payment: accepts Medicaid and offers a sliding scale

JumpStart Counseling Services

Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, trauma, PTSD, anger management, marital and family problems, substance abuse, and ADHD.

Address: 729 1st Avenue Southwest, Hickory, NC 28602

Phone: (828) 302-3868

Web: jumpstartcounselingservice.com

Payment: offers a sliding scale

Life Recreated

Offers counseling for adolescents, adults, couples, and families, specializing in ADHD, anxiety, depression, emotion regulation, substance use disorders, grief, and relationships.

Address: 825 3rd Avenue Northwest, Suite 2, Hickory, NC 28601

Phone: (704) 534-7110

Email: brenton@liferecreatednc.com

Web: www.liferecreatednc.com

*** Marriage and Family Therapy Services**

Offers therapy for children, adolescents, adults, couples, and families, specializing in premarital therapy, divorce, play therapy, and parenting.

Address: 832 2nd Avenue Northwest, Hickory, NC 28601

Phone: (828) 328-4673

Web: www.powertothrive.com

*** New Directions Counseling Services**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in EMDR, abuse, Autism, ADHD, relationships, stress, anxiety, depression, grief, PTSD, self-esteem, codependency, social phobia, and life transitions.

Address: 201 Government Avenue Southwest, Suite 305, Hickory, NC 28602

Phone: (828) 267-1740

Web: www.newdirectionscs.com

Payment: accepts Medicaid

Renovo Christian Counseling

Offers counseling for adults and couples, specializing in marriage and premarital counseling, parenting, divorce, depression, anxiety, grief, stress, anger, and conflict resolution.

Piedmont Center: Suite 122, 1375 Lenoir Rhyne Blvd, Southeast, Hickory, NC 28602

Phone: (828) 446-4341

Email: info@RenovoForLife.com

Web: www.renovoforlife.com

*** Seeds of Hope Counseling, PLLC**

Offers counseling for children, adolescents, adults, families, and groups, specializing in stress, chronic illness, anxiety, depression, gender and sexuality, the LGBT+ community, play therapy, and education advocacy.

Address: 231 13th Avenue PL NW, Suite A, Hickory, NC 28601

Phone: (828) 457-8597

Web: www.seedsofhopepllc.com

Payment: accepts Medicaid

*** Stepping Stones of Newton**

Offers counseling for children, adolescents, adults, and families, specializing in autism, depression, oppositional behavior, anger, ADHD, relationships, anxiety, divorce, grief, and regulation issues.

Address: 20 East 1st Street, PO Box 245, Newton, NC 28658

Phone: (828) 464-3900

Email: steppingstones@charter.net

Web: steppingstonesofnewton.com

*** ^ Support, Inc.**

Offers services for children, adolescents, and adults, including family centered treatment, intensive in-home services, medication management, substance abuse programs, and individual, family, and group therapy.

Address: 1053 13th Street Southeast, Hickory, NC 28602

Phone: (704) 865-3525

Web: www.supportinc.org

*** The Counseling Group**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in anxiety, PTSD, abuse, addiction, substance use, depression, parenting, stress, play therapy, ADHD, Autism, relationships, and grief.

Address: 106 Third Avenue NE, Hickory, NC 28601

Phone: (828) 322-9130

Email: contact@thecounselinggroup.com

Web: www.thecounselinggroup.com

*** Therapy of Hickory**

Offers therapy for children, adolescents, adults, couples, and families, specializing in relationships, PTSD, eating disorders, depression, self-esteem, ODD, pain, play therapy, art therapy, EMDR, grief, and anxiety.

Address: 1015 2nd Street Northeast, Suite 210, Hickory, NC 28601

Phone: (828) 409-6743

Email: davidkadans@hushmail.com

Web: www.therapyofhickory.com

CLEVELAND COUNTY

Rehabilitation

^ Crossroads Treatment Centers of Cleveland County

Provides outpatient rehabilitation for opiate addiction.

Address: 1895 East Dixon Boulevard, Shelby, NC 28150

Phone: (828) 429-4499

Web: crossroadstreatmentcenters.com

Payment: accepts Medicaid

*** † ^ Phoenix Counseling and Crisis Centers**

Offers mental health, substance abuse, sexual assault, and crisis services for children, adolescents, and adults.

Cleveland Crisis & Recovery Center: 609 North Washington Street, Shelby, NC 28150

Phone: (704) 751-3693

Shelby Outpatient: 200-2 South Post Road, Shelby, NC 28152

Phone: (704) 476-4106

Web: www.phoenixcc.us

Payment: accepts Medicaid and offers a sliding scale

Therapy

Art of Therapy Center

Offers counseling for children, adolescents, and adults, specializing in play therapy, infant mental health services, faith-based counseling, and parenting.

Address: 103-1 North Lafayette Street, Shelby, NC 28150

Phone: (980) 484-2111

Web: www.artoftherapycenter.com

Payment: accepts Medicaid and offers a sliding scale

† Cleveland County Abuse Prevention Council, Inc.

Offers services for survivors of domestic violence and sexual assault and to homeless women and children including individual and group therapy for adolescents and adults.

Address: 407 West Warren Street, Shelby, NC 28150

Phone: (704) 487-9325

Domestic Violence and Sexual Assault Crisis Line: (704) 481-0043

Web: apcouncil.wordpress.com

Payment: offers a sliding scale

Expeditionary Counseling

Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, anxiety, marriage, anger management, conflict resolution, grief, life transitions, OCD, spiritual issues, and stress disorders.

Address: 1050 Sam Lattimore Drive, Shelby, NC 28152

Phone: (704) 200-9343

Web: expeditionarycounseling.com

Payment: accepts Medicaid and offers a sliding scale

Inner Healing Solutions, Inc.

Offers therapy for children, adolescents, adults, couples, and families, specializing in trauma, PTSD, anxiety, depression, and relationships.

Address: 2007 East Dixon Boulevard, Shelby, NC 28152

Phone: (704) 466-3022

Web: innerhealingsolutions.com

Payment: offers a sliding scale

LDH Counseling and Consulting, PLLC

Offers counseling for adolescents, adults, couples, and families, specializing in dual diagnosis, domestic violence, coping, depression, grief, anxiety, substance use, bipolar disorder, ADHD, and trauma

Address: 331 South Washington Street, Shelby, NC 28150

Phone: (704) 734-9247

Payment: offers a sliding scale

Preferred Choice Healthcare

Offers counseling for children, adolescents, adults, couples, and families, specializing in domestic violence, anger management, EMDR, parenting, play therapy, substance abuse, and trauma.

Address: 1243-4 East Dixon Boulevard, Shelby, NC 28152

Phone: (704) 487-4000

Web: www.pchnc.com

Payment: accepts Medicaid and offers a sliding scale

Sarah Philbeck, PLLC

Offers counseling for adults, couples, families, and groups, specializing in art therapy, trauma, abuse, depression, anxiety, addiction, grief, anger management, and stress management.

Address: 621-A South Lafayette Street, Shelby, NC 28150

Phone: (704) 837-2022

Email: counseling@sarahphilbeck.com

Web: www.sarahphilbeck.com

Shelby Wellness and Therapy Center

Offers counseling for individuals, couples, and families, specializing in depression, anxiety, grief, parenting, stress, conflict, postpartum depression, and substance abuse.

Address: 809 North Lafayette Street, Suite A, Shelby, NC 28150

Phone: (704) 284-0554

Email: info@shelbytherapy.com

Web: www.shelbytherapy.com

Payment: accepts Medicaid and offers a sliding scale

Stacie Camp Bennett

Offers counseling for adolescents, adults, couples, and groups, specializing in trauma, abuse, addiction, mood disorders, anxiety disorders, chronic pain, grief, and relationships.

Address: 213 South Trade Street, Suite B, Shelby, NC 28152

Phone: (704) 301-8093

Web: stacie-bennett.clientsecure.me

Payment: offers a sliding scale

*** † The Children's Advocacy Center of Cleveland County**

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.

Address: 101 Trade Street, Shelby, NC 28150

Phone: (704) 600-6025

Web: www.cac-cc.org/

GASTON COUNTY

Rehabilitation

* † ^ Phoenix Counseling and Crisis Centers

Offers mental health, substance abuse, sexual assault, and crisis services for children, adolescents, and adults.

Gastonia Outpatient: 2505 Court Drive, Gastonia, NC 28054

Phone: (704) 842-6359

Gastonia Crisis & Recovery Center: 2505 Court Drive, Gastonia, NC 28054

Phone: (704) 854-4196

Web: www.phoenixcc.us

Payment: accepts Medicaid and offers a sliding scale

Therapy

Cold Water Counseling

Offers counseling for adolescents, adults, couples, and families, specializing in caregiver support, spiritual crisis, trauma, grief, stress, aging issues, and school issues.

Address: 1607 Rankin Lake Road, Gastonia, NC 28052

Phone: (704) 765-2059

Email: david@coldwatercounseling.com

Web: www.coldwatercounseling.com

* Creative Perspectives, PLLC

Offers therapy for children, adults, adolescents, couples, and families, specializing in ADHD, animal assisted therapy, women's issues, career counseling, anxiety, and autism.

Address: 127 South Main Street, Mt Holly, NC 28120

Phone: (704) 759-6525

Web: creativeperspectivestherapy.com

Payment: offers a sliding scale

Debbie Crane, LCSW/ACSW

Offers counseling for adults, specializing in depression, PTSD, anxiety, trauma, grief, divorce, stress, and addiction.

Address: 1301 Bessemer City Road, Gastonia, NC 28052

Phone: (704) 874-2387

Web: www.debbiecrane.com

Essential Journey Counseling, PLLC

Offers counseling for adolescents, adults, couples, families, and groups, specializing in relationship issues, family conflict, depression, sexual assault, and coping skills.

Address: 603 Cox Road, Suite C, Gastonia, NC 28054

Phone: (704) 869-2570

Web: www.gastoniacounselor.com

Gaston Family Health Services

A patient-centered medical home offering behavioral health services specializing in anxiety, depression, stress, substance use, mood, pain, behavior, attention, and relationships.

Bessemer City Health Care Center: 119 W. Pennsylvania Ave., Bessemer City, NC 28016

Phone: (704) 629-3465

Gaston Family Counseling Center: 409 Oakland Street, Gastonia, NC 28052

Phone: (704) 874-9005

Gaston Family Health Services - Hudson: 991 W. Hudson Blvd, Gastonia, NC 28052

Phone: (704) 853-5079

Gaston Family Medical Center: 111 East 3rd Avenue, Gastonia, NC 28052

Phone: (704) 874-0065

GFHS Adult and Pediatric Practice: 2721 X-Ray Drive, Gastonia, NC 28054

Phone: (704) 874-2255

GFHS Cherryville - Adult and Pediatric Medicine: 112 S. Oak St, Cherryville, NC 28021

Phone: (704) 435-7954

GFHS Pediatrics: 991 West Hudson Boulevard, Gastonia, NC 28052

Phone: (704) 853-5010

Highland Health Center: 609 North Highland Street, Gastonia, NC 28052

Phone: (704) 772-4700

Web: www.gfhs.info

Payment: offers a sliding scale

*** Genuine Counseling Services**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in depression, anxiety, parenting, grief, stress management, bullying, conflict resolution, academic needs, and attention deficit.

Address: 332 South York Street, Gastonia, NC 28052

Phone: (704) 396-6547

Email: help@genuinecounselingservice.com

Web: genuinecounselingservice.com

Payment: accepts Medicaid and offers a sliding scale

Gillian Squillaciotti, LPC

Offers counseling for adolescents, adults, and couples, specializing in anxiety, depression, grief, self-esteem, the LGBT community, and mood disorders.

Address: 1554-C Union Road, Suite 6, Gastonia, NC 28054

Phone: (704) 755-5213

Email: gillian.squillaciotti@gmail.com

Web: www.ggscounseling.com

Payment: offers a sliding scale

*** Healing and Hope Counseling Center**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in depression, anxiety, anger, stress, grief, adjustment disorders, ADHD, ODD, abuse, trauma, self-injurious behavior, and parenting.

Address: 419 South York Street, Gastonia, NC 28052

Phone: (704) 865-8722

Web: healingandhopecounselingcenter.com

Payment: accepts Medicaid and offers a sliding scale

^ Hope Psychiatric

Offers therapy for individuals, specializing in psychiatric evaluations, mood disorders, medication management, anxiety, addiction, ADHD, PTSD, and crisis intervention.

Address: 438-1 East Long Avenue, Gastonia, NC 28054

Phone: (704) 854-9595

Email: hopeappointment@gmail.com

Web: www.hopepsychnc.com

Payment: accepts Medicaid

Infinite Beginnings

Offers psychosocial rehabilitation day programs for adults with a severe mental disorder.

Address: 201 West 2nd Avenue, Suite E, Gastonia, NC 28052

Phone: (704) 671-4047

Web: www.infinitebeginningsnc.org

Payment: accepts Medicaid and offers a sliding scale

*** Jacqueline Najafian, LMFT**

Offers therapy for children, adolescents, adults, couples, and families, specializing in depression, adjustment disorders, anxiety, trauma, grief, substance use, and ADHD.

Address: 427 Catawba Street, Belmont, NC 28012

Phone: (704) 576-4935

Web: jacquelinenajafianlmft.com

† Janet NekoosL

Offers counseling for children, adolescents, adults, couples, and families, specializing in divorce, anger, anxiety, grief, PTSD, sexual abuse, and stress.

Address: 1562-A Union Road, Gastonia, NC 28054

Phone: (704) 861-0380

Web: www.jnekoo.com

*** New Hope Counseling and Wellness**

Offers counseling for children, adolescents, adults, couples, and families, specializing in trauma, play therapy, substance abuse, pastoral counseling, depression, and anxiety.

Address: 609 South New Hope Road, Suite 200C, Gastonia, NC 28053

Phone: (704) 208-1865

Web: newhopecounselingandwellness.com

*** Patterson Psych Group, PLLC**

Offers counseling for children, adolescents, adults, couples, and families, specializing in play therapy, depression, anxiety, trauma, PTSD, OCD, and conduct disorder.

Address: 1554-C Union Road, Suites 5 & 6, Gastonia, NC 28054

Phone: (704) 869-2047

Web: www.pattersonpsych.com

*** Progress and Peace Counseling**

Offers counseling for children, adolescents, adults, couples, and families, specializing in play therapy, anxiety, depression, grief ADHD eating disorders, divorce, child and adolescent behavioral issues, school-related concerns, and relationship issues.

Address: 2571A Pembroke Road, Gastonia, NC 28054

Phone: (704) 733-9010

Web: www.kellyholland.net

Providential Counseling

Offers counseling for children, adolescents, adults, and families, specializing in ADHD, anxiety, anger, behavioral disorders, substance use, autism, and dual diagnosis.

Address: 2400 Forbes Road, Gastonia, NC 28056

Phone: (704) 251-9317

Email: providentialcounseling@gmail.com

Web: providentialcounseling.net

Reach Counseling Solutions, PLLC

Offers counseling for adolescents and adults, specializing in anxiety, depression, adjustment, anger, and behavioral concerns.

Address: 6640 Wilkinson Boulevard, Suite 550, Belmont, NC 28012

Phone: (704) 561-1858

Email: brandilewis@reachcounselingsolutions.com

Web: reachcounselingsolutions.com/

Payment: offers a sliding scale

*** Round Table Coaching & Consulting**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in mood disorders, trauma, PTSD, coping skills, anxiety, stress, anger management, and substance abuse.

Address: 1554 Union Road Drive, Suite 6, Gastonia, NC 28054

Phone: (980) 555-5704

Email: rbarnett.rtc@gmail.com

Web: www.roundtablecc.com

Payment: offers a sliding scale

South Point Counseling

Offers counseling for children, adults, adolescents, couples, and families, specializing in depression, anger, grief, ADHD, phobias, anxiety, and parenting.

Address: 32 North Main Street, Suite 214, Belmont, NC 28012

Phone: (704) 825-9696

Web: southpointcounseling.com

Steps for Success Family Services, LLC

Offers counseling for children, adolescents, adults, couples, and families, specializing in anger, mood disorders, art therapy, anxiety, trauma, depression, conduct disorder, sexual aggression, abuse, and relationships.

Address: 811 South Oakland Street, Suite A, Gastonia, NC 28054

Phone: (704) 842-3773

Web: www.stepsforsuccessfamily.com

Payment: offers a sliding scale

*** ^ Support, Inc.**

Offers day treatment for children and adolescents, intensive in-home services, medication management, substance abuse programs, family centered treatment, and individual, family, and group therapy.

Day Treatment: 708 South Chestnut Street, Gastonia, NC 28054

Phone: (704) 864-6444

Outpatient: 708 South Chestnut Street, Gastonia, NC 28054

Phone: (704) 865-3525

Web: www.supportinc.org

† The Cathy Mabry Cloninger Center

Offers services to victims of domestic violence including individual and group therapy and support groups.

Address: 330 Dr. Martin Luther King Jr. Way, Gastonia, NC 28052

Therapy Services: (704) 477-6209

Domestic Violence Crisis Line: (704) 852-6000

Web: gastongov.com/government/departments/the_shelter_of_gaston_county_a_battered_women_s_residence_and_resource_center/index.php

*** † The Lighthouse Children's Advocacy Center**

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.

Address: 609 Highland Street, Gastonia, NC 28052

Phone: (704) 862-7898

Veronda Bellamy

Offers counseling for adolescents, adults, couples, and groups, specializing in substance abuse, women's issues, coping skills, learning disabilities, dual diagnosis, and life coaching.

Address: 1552 Union Street, Suite E, Gastonia, NC 28054

Phone: (704) 243-9316

Email: info@verondabellamy.com

Web: www.verondabellamy.com

HENDERSON COUNTY

Rehabilitation

Premier Treatment Specialists

Offers treatment for opioid dependence, specializing in medication assisted treatment.

Address: 400 Beverly Hanks Center, Hendersonville, NC 28792

Phone: (828) 595-9558

Web: premierhendersonville.com

Vance Recovery

An opioid dependence treatment center offering medication assisted treatment and counseling services.

Address: 510 Dabney Drive, Suite B, Hendersonville, NC 27536

Phone: (252) 572-2625

Web: www.vancerecovery.com

Payment: accepts Medicaid

Support Services

NAMI Four Seasons

Provides free education, support groups, and advocacy to people with a mental illness and their families.

Address: P.O. Box 2108, Hendersonville, NC 28793

Phone: (888) 955-6264

Email: info@namifourseasons.org

Web: www.namifourseasons.org

Therapy

Adrienne Maurin, LCSW

Offers counseling for adults, couples, and families, specializing in depression, anxiety, trauma, PTSD, mood disorders, impulse control disorders, ADHD grief, sexual abuse, stress, and women's issues.

Address: 110 Williams Street, Hendersonville, NC 28792

Phone: (828) 301-0770

Email: adrienne.maurin@gmail.com

Web: www.adriennemaurin.com

Payment: accepts Medicaid and offers a sliding scale

^ Advent Health Hendersonville Behavioral Services

Offers partial hospitalization, intensive outpatient, and outpatient mental health treatment services for adults including medication management, animal therapy, geriatric psychiatric services, and psychiatrist or psychotherapist services.

HOPE Women's Services is a unit that offers a full range of inpatient psychiatric treatment for women 18 and older.

Address: 100 Hospital Drive, Hendersonville, NC 28792

Phone: (828) 681-2282

Web: adventhealth.com/hospital/adventhealth-hendersonville/behavioral-care

Payment: accepts Medicaid

Betsy Comingore, MS, LPC, BCN

Offers counseling for children, adolescents, and adults, specializing in anxiety, depression, ADHD, sleeping issues, impulsivity, emotional reactivity, and mood regulation.

Address: 1216 6th Avenue W, Suite 200, Unit 4, Hendersonville, NC 28739

Phone: (828) 799-0220

Email: betsyclpc@gmail.com

Web: betsyclpc.wixsite.com/heartandmind

*** ^ Blue Ridge Health**

A community health center offering behavioral health services for children, adolescents, and adults, specializing in couple, family, and group counseling, addiction, mental health crisis, and somatic therapy.

Address: 2579 Chimney Rock Road, Hendersonville, NC 28792

Phone: (828) 692-4289

Web: www.brchs.com

Payment: accepts Medicaid and offers a sliding scale

Brian Dugdale Counseling

Offers counseling for children, adolescents, adults, couples, and families, specializing in addiction, depression, anxiety, and relationship issues.

Address: 244 5th Avenue West, Hendersonville, NC 28739

Phone: (828) 283-0573

Email: briandugdale@hotmail.com

Web: www.briandugdale.com

Ceil Mattingly Counseling - Marriage Family Therapist LMFT

Offers counseling for adults, couples, and families, specializing in trauma, PTSD, EMDR, life transitions, anxiety, depression, sexual violence, domestic violence, divorce, and upsetting medical diagnoses.

Address: Hendersonville, NC 28739

Phone: (828) 388-1558

Web: www.ceilmattingly.com

Cochran Christian Counseling

Offers counseling for adults, couples, and families, specializing in trauma, PTSD, men's issues, homeschool families, depression, and anxiety.

Address: 611 North Church Street, Suite 204, Hendersonville, NC 28792

Phone: (828) 290-7968

Web: cochranchristiancounseling.com

Compassionate Counseling and Psychotherapy

Offers counseling for adults, specializing in stress management, coping with chronic illness, life changes, smoking cessation, pain management, and weight management.

Address: 1303 5th Avenue West, Suite B, Hendersonville, NC 28793

Phone: (828) 697-0160

Email: klscottingham@bellsouth.net

Web: compassionatecounselingforyou.com

*** ^ Doc Ann Counseling & Health Consultation**

Offers counseling for children, adolescents, adults, couples, and families, specializing in anxiety, depression, family and relationship issues, parenting, stress management, health issues, and weight management.

Address: Hendersonville, NC 28739

Phone: (828) 782-0343

Email: consult@docann.com

Web: www.docann.com

Payment: offers a sliding scale

Dona Menz, MS, LPC, LCAS

Offers counseling for adolescents, adults, and groups, specializing in life transition, depression, anxiety, trauma, addiction, and EMDR.

Address: 2684 A Greenville Highway, Flat Rock, NC 28731

Web: www.donamenz.com

Payment: offers a sliding scale

Eastern Sun Counseling

Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, stress, trauma, relationship issues, EMDR, Asperger's disorder, and life transitions.

Address: 160 White Street, Hendersonville, NC 28739

Phone: (828) 785-8406

Web: easternsuncounseling.com

*** ^ Family Preservation Services**

Offers services for children, adolescents, and adults, specializing in medication management, outpatient therapy, school-based therapy, substance use, day treatment, psychosocial rehabilitation, and peer support services.

Address: 120 Chadwick Square Court, Hendersonville, NC 28739

Phone: (828) 697-4187

Address: 120 South Grove Street, Hendersonville, NC 28791

Phone: (828) 697-2660

Web: www.pathways.com

Fostering Real Change Counseling Services, Inc.

Offers counseling for adolescents, adults, couples, families, and groups, specializing in relationship issues, trauma, PTSD, depression, behavior disorders, suicidal urges, and abuse.

Address: 220 3rd Avenue West, Suite A, Hendersonville, NC 28739

Phone: (828) 376-0000

Email: info@fosteringrealchange.com

Web: www.fosteringrealchange.com

^ The Free Clinics

Offers short-term counseling and a bi-monthly psychiatric clinic.

841 Case Street

Address: Hendersonville, NC 28792, Phone: (828) 697-8422

Web: www.thefreeclinics.org

Payment: maintains eligibility requirements for services including county residency, lack of insurance, and income guidelines

Full Circle

Offers therapy for adolescents, adults, couples, families and groups, specializing in depression, anxiety, eating disorders, anger management, substance abuse, bipolar disorder, psychosis, schizophrenia, personality disorders, OCD, PTSD, and self-harm.

Address: 322 8th Avenue East, Hendersonville, NC 28739

Phone: (828) 222-0401

Email: info@fullcirclewnc.org

Web: www.fullcirclewnc.org

Payment: offers a sliding scale

Grover Family Therapy

Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, trauma, substance use, and addiction.

Address: 425 Linda Vista Drive, Hendersonville, NC 28792

Phone: (828) 523-9912

Email: grovertherapy@gmail.com

Web: www.groverfamilytherapy.com

Payment: offers a sliding scale

*** Kintsugi Healing**

Offers counseling for children, adolescents, adults, and families, specializing in trauma, anxiety, depression, play therapy, and stress.

Address: 121 3rd Avenue West, Hendersonville, NC 28792

Phone: (828) 290-5126

Email: kati@kintsugihealingcounseling.com

Web: kintsugihealingcounseling.com

Mountain Counseling Associates, LLC

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in mood disorders, anxiety disorders, trauma, PTSD, pain management, child and adolescent behavior problems, developmental disabilities, family and relationship issues, and veterans issues.

Address: 110 Williams Street, Hendersonville, NC 28792

Phone: (828) 692-7300

Web: mountaincounseling.com/

Payment: accepts Medicaid

Mountain Creative Arts

Offers therapy for adults and groups, specializing in art therapy, trauma, anxiety, depression, EMDR, and trauma-informed counseling.

Address: 307 North Main Street, Suite 9-10, Hendersonville, NC 28792

Phone: (828) 785-4789

Email: kgilmore@mountaincreativearts.com

Web: www.mountaincreativearts.com

Peggy Bintz, PMHNP-BC

Offers services to adults, couples, and families, specializing in medication management, ADHD, anxiety, autism spectrum, bipolar disorder, depression, mood disorder, OCD, ODD PTSD schizoaffective disorders, and women's issues.

Address: 558 Fleming Street, Suite A, Hendersonville, NC 28739

Phone: (828) 697-8444

Web: peggybintznp.wordpress.com

Payment: accepts Medicaid

Resilient Journeys

Offers counseling for adults, couples, and groups, specializing in depression, anxiety, borderline personality disorder, bipolar disorder, trauma, domestic violence, substance use, anger management, chronic pain management, and LGBTQ issues.

Address: 220 3rd Avenue West, Unit A, Hendersonville, NC 28739

Phone: (828) 376-0055

Web: www.resilientjourneysnc.com

Payment: accepts Medicaid and offers a sliding scale

*** † Safelight**

Believe Child Advocacy Center

Offers services for survivors of interpersonal violence, sexual assault, and child abuse including counseling for children, adolescents, and adults.

Address: 133 Fifth Avenue West, Hendersonville, NC 28792

Phone: (828) 693-3840

Email: info@safelightfamily.org

Web: www.safelightfamily.org

Payment: counseling services are free

Shirley Nicholson Counseling

Offers counseling for adolescents, adults, and couples, specializing in depression, anxiety, OCD, self-esteem, relationship issues, and infertility counseling.

Address: 131 4th Avenue West, Suite 216, Hendersonville, NC 28792

Phone: (828) 242-7806

Email: shirleymnicholson@gmail.com

Web: shirleynicholsoncounseling.com

Payment: offers a sliding scale

Tammy Maxey, MS, LPC, LCAS, CEDS

Offers counseling for adolescents and adults, specializing in eating disorders, anxiety, depression, addiction, mood disorders, personality, and self-harm.

Address: 120 Chadwick Square Court, 2nd Floor, Suite D, Hendersonville, NC 28739

Phone: (828) 696-6985

Email: tammmaxey@gmail.com

Web: hendersonvillecounseling.com

Terri Morgan, M.Ed., LPC, LCAS

Offers counseling for adults, couples, and groups, specializing in depression, anxiety, relationship issues, family issues, substance abuse, personality disorders, mood disorders, and sexual trauma.

Address: 244 5th Avenue West, Hendersonville, NC 28739

Phone: (828) 333-7931

Web: www.terrimorgan.com

Wellness Within Counseling

Offers counseling for adults and groups, specializing in trauma, PTSD, dissociative disorders, depression, anxiety, anger management, and relationship issues.

Address: 840 Fleming Street, Suite 2, Hendersonville, NC 28791

Phone: (828) 692-8097

Web: wellnesswithincounseling.net

LINCOLN COUNTY

Rehabilitation

* † ^ Phoenix Counseling and Crisis Centers

Offers mental health, substance abuse, and sexual assault services for children, adolescents, and adults.

Lincoln Outpatient: 510 South Aspen Street, Lincolnton, NC 28092

Phone: (704) 735-7325

Lincoln Wellness Center: 311 McBee Street, Lincolnton, NC 28092

Phone: (704) 732-0018

Web: www.phoenixcc.us

Payment: accepts Medicaid and offers a sliding scale

Support Services

Infinite Beginnings

Offers psychosocial rehabilitation day programs for adults with a severe mental disorder.

Address: 526 East Main Street, Lincolnton, NC 28092

Phone: (704) 671-4047

Web: www.infinitebeginningsnc.org

Payment: accepts Medicaid and offers a sliding scale

Therapy

* Breakthrough Mental Health Counseling

Offers counseling for children, adolescents, and adults, specializing in anxiety, anger management, depression, eating disorders, phobias, play therapy, relationships, self-esteem, stress, and women's issues.

Address: 2485 NC-16 Business, Denver, NC 28037

Phone: (980) 247-0301

Email: alexis@breakthroughmentalhealth.com

Web: breakthroughmentalhealth.com

Charles Counseling & Consulting

Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, grief, anxiety, depression, parenting, and stress management.

Address: 2589 East Main Street, Suite 102, Lincolnton, NC 28092

Phone: (980) 263-0458

Email: appointments@chalescounselingconsulting.com

Web: chalescounselingconsulting.com

Counsel for Hope

Offers counseling for children, adolescents, adults, couples, and families, specializing in addiction, codependency, ADHD, abuse, anger, anxiety, grief, eating disorders, depression, and relationships.

Address: 119 Fuchia Lane, Lincolnton, NC 28092

Phone: (704) 201-9063

Email: info@counselforhope.com

Web: www.counselforhope.com

Payment: accepts Medicaid and offers a sliding scale

GFHS Lincolnton Family Medicine

A patient-centered medical home offering behavioral health services specializing in anxiety, depression, stress, substance use, mood, pain, behavior, attention, and relationships.

Address: 212 Gamble Drive, Suite C, Lincolnton, NC 28092

Phone: (704) 735-7145

Web: www.gfhs.info

Payment: offers a sliding scale

Grace Roads Counseling Center, PLLC

Offers counseling for adolescents, adults, couples, and families, specializing in ADD, anxiety, coping skills, depression, grief, parenting, relationships, and substance use.

Address: 274 North Highway 16, Suite 100, Denver, NC 28037

Address: 125 East Main Street, Lincolnton, NC 28092

Phone: (704) 550-4792

Email: sbenson317@gmail.com

Web: www.groundedgrace.net

Payment: offers a sliding scale

^ Hope Psychiatric

Offers therapy for individuals, specializing in psychiatric evaluations, mood disorders, medication management, anxiety, addiction, ADHD, PTSD, and crisis intervention.

Address: 1220 North Flint Street, Lincolnton, NC 28092

Phone: (704) 748-9558

Email: hopeappointment@gmail.com

Web: www.hopepsychnc.com

Payment: accepts Medicaid

*** † Lincoln County Child Advocacy Center**

Offers services for survivors of interpersonal violence, sexual assault, and child abuse including counseling for children, adolescents, and adults.

Address: 161 Policarp Street, Lincolnton, NC 28092

Phone: (704) 736-1155

Web: cac-lincolncounty.org

Solid Foundations Counseling Center

Offers counseling for children, adolescents, adults, couples, and families, specializing in physical and sexual abuse, mood disorders, ADHD, parenting, defiant behavior, domestic violence, trauma, and relationships.

Address: 151 Sigmon Road, Lincolnton, NC 28092

Address: 311 McBee Street, Lincolnton, NC 28092

Phone: (704) 466-0162 **Email:** bobbyfisher@solidfoundationscounseling.com

Web: solidfoundationscounseling.com

Payment: accepts Medicaid

Stepping Forward Counseling Services, PLLC

Offers counseling for children, adults, and adolescents, specializing in grief, coping, stress, anxiety, depression, transitions, and school issues.

Address: 327 North Laurel Street, Lincolnton, NC 28092

Phone: (704) 339-7749

Web: stepping-forward-counseling-services-llc.business.site

Youtopia Counseling Services

Offers counseling for children, adults, adolescents, couples, families, and groups, specializing in depression, grief, parenting, anxiety, coping, addiction, emotional and crisis management, and eating disorders.

Address: 388 North Highway 16, Denver, NC 28037

Phone: (980) 231-0955

Web: www.youtopiacounseling.com

MCDOWELL COUNTY

Therapy

* ^ A Caring Alternative

Offers therapy, intensive in-home, and day treatment services for children and adolescents, and offers therapy and support services for adults, specializing in mental health and substance use disorders.

Address: 361 North Main Street, Marion, NC 28752

Phone: (828) 652-5444

Email: info@caringalternative.com

Web: www.caringalternative.com

CareNet Counseling

Offers counseling for children, adolescents, adults, couples, and families, specializing in stress, trauma, PTSD, anxiety, depression, grief, eating disorders, and spiritual concerns.

Address: 79 Academy Street, Marion, NC 28752

Phone: (828) 559-0125

Web: www.carenetnc.org/about/our-regional-centers/western-region/

Payment: offers a sliding scale

* † McDowell County Children's Advocacy Center - Lily's Place

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.

Address: 378 South Main Street, Marion, NC 28752

Phone: (828) 659-5565

Email: burkecac@southmountain.org

Web: www.southmountain.org/childrens-advocacy-centers/

Neural~Synergistic~Network & Domestic Appeal

Offers therapy for children, adolescents, adults, couples, and families, specializing in trauma, PTSD, neurofeedback, relationship issues, anxiety, depression, grief, and anger.

Address: 150 North Madison Street, Marion, NC 28752

Phone: (828) 460-3411

Email: neurosynergists@gmail.com, deanneackley@earthlink.net

Web: www.domesticappeal.com

^ RHA Health Services

Offers services for children, adolescents, adults, families, and groups, specializing in diagnostic assessment, child and adolescent day treatment services, domestic violence, peer supports, medication management, and substance abuse.

Address: 486 Spaulding Road, Suite B, Marion, NC 28752

Phone: (828) 652-2919

Email: laura.mcilvaine@rhanet.org

Web: www.rhahealthservices.org

Payment: accepts Medicaid

POLK COUNTY

Therapy

Angela Gupta-Thomas, PhD, LCSW

Offers counseling for children, adolescents, adults, couples, and families, specializing in abuse, trauma, anger management, anxiety, coping skills, stress, chronic illness/pain, depression, disordered eating, relationships, grief, parenting, and divorce and blended families.

Address: 590 South Trade Street, Tryon, NC 28782

Phone: (828) 708-0953

Web: www.angelaguptathomas.com

Payment: accepts Medicaid

* ^ Blue Ridge Health

A community health center offering behavioral health services for children, adolescents, and adults, specializing in couple, family, and group counseling, addiction, mental health crisis, and somatic therapy.

Address: 155 West Mills Street, Columbus, NC 28722

Phone: (828) 894-2222

Web: www.brchs.com

Payment: accepts Medicaid and offers a sliding scale

* ^ Family Preservation Services

Offers services for children, adolescents, and adults, specializing in medication management, outpatient therapy, school-based therapy, substance use, day treatment, psychosocial rehabilitation, and peer support services.

Address: 96 White Drive, Polk, NC 28722

Phone: (828) 894-2290

Web: www.pathways.com

* FENCE Therapeutic Riding of Tryon

Offers therapeutic riding and equine assisted activities for children, adolescents, and adults with physical, developmental, and cognitive disabilities.

Address: 3381 Hunting Country Road, Tryon, NC 28782

Phone: (828) 859-9315

Email: horseshow@fence.org

Web: www.fence.org/trot

RUTHERFORD COUNTY

Support Services

NAMI South Mountains, NC

Provides free education, support groups, and advocacy to people with a mental illness and their families.

Address: 124 South Powell Street, Suite D, Forest City, NC 28043

Phone: (828) 771-6305

Email: namisouthmountainsnc@gmail.com

Web: namirutherfordclevelandburke.org

Therapy

*** ^ Blue Ridge Health**

A community health center offering behavioral health services for children, adolescents, and adults, specializing in couple, family, and group counseling, addiction, mental health crisis, and somatic therapy.

Address: 187 West Main Street, Spindale, NC 28160

Phone: (828) 288-2881

Address: 146 Nesbitt Ridge, Lake Lure, NC 28746

Phone: (828) 625-4400

Web: www.brchs.com

Payment: accepts Medicaid and offers a sliding scale

*** ^ Family Preservation Services**

Offers services for children, adolescents, and adults, specializing in medication management, outpatient therapy, school-based therapy, substance use, day treatment, psychosocial rehabilitation, and peer support services.

Address: 356 Charlotte Road, Rutherfordton, NC 28139

Phone: (828) 288-8773

Address: 139 East Trade Street, Forest City, NC 28043

Phone: (828) 288-2707

Web: www.pathways.com

*** † Family Resources of Rutherford County - Wanda Paul Children's Center**

Provides services to victims of domestic violence, sexual assault, and child abuse, including counseling for children, adolescents, and adults.

Address: 358 East Main Street, Forest City, NC 28043

Phone: (828) 247-1440

Flourishing Lives Counseling

Offers child, adult, adolescent, and family counseling, specializing in ODD, ADHD, adjustment, parenting, anxiety, bipolar, depression, divorce, neglect, PTSD, and sexual and physical abuse.

Address: 179 West Main Street, Suite 122, Forest City, NC 28043

Phone: (828) 289-7612

Nelson Christian Counseling

Offers counseling for adults, couples, and families, specializing in marriage, PTSD, anxiety, and depression.

Address: 179 West Main Street, Suite 122, Forest City, NC 28043

Phone: (828) 513-6491

Web: nelsonchristiancounseling.com

*** Preferred Choice Healthcare**

Offers family, couples, adult, child, and adolescent therapy, specializing in anger, EMDR, trauma, play therapy, substance abuse, and parenting.

Address: 182 West Court Street, Rutherfordton, NC 28139

Phone: (828) 287-7806

Web: www.pchnc.com

Payment: accepts Medicaid and offers a sliding scale

Restoration Counseling

Offers adult, couple, and family counseling, specializing in anxiety, grief, depression, blended families, relationships, divorce, transitions, health concerns, and spiritual concern

Address: 2975 Memorial Highway, Suite A, Lake Lure, NC 28746

Phone: (704) 858-2926

Email: maryalisonreitano@gmail.com

Web: restorationcounselingcarolinas.com

^ RHA Health Services

Offers child, adolescent, adult, family, and group services, specializing in diagnostic assessment, child and adolescent day treatment services, substance abuse, peer support, and medication management.

Address: 132 Commercial Drive, Suite 120, Forest City, NC 28043

Phone: (828) 248-1117

Email: laura.mcilvaine@rhanet.org

Web: www.rhahealthservices.org

Payment: accepts Medicaid

Solid Foundations Counseling Center

Offers child, adolescent, adult, family, and couples counseling, specializing in parenting, mood, ADHD, defiant behaviors, relationships, domestic violence, trauma, and abuse

Address: 172 South Oak Street, Suite C, Spindale, NC 28160

Phone: (704) 466-0162

Email: bobbyfisher@solidfoundationscounseling.com

Web: solidfoundationscounseling.com

Payment: accepts Medicaid

