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*Child centered services available
†Domestic violence/sexual assault services available
^Psychiatric services available
If you or someone you know is struggling emotionally, is in crisis, or needs someone to talk to, please reach out and get support:

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
  TTY: 1-800-799-4889

- Spanish Language National Suicide Prevention Lifeline: 1-888-628-9454

- Crisis Text Line: 741741

- Veterans Crisis Line: call 1-800-273-8255 and Press 1

- Trans Lifeline: 1-877-565-8860

- Disaster Distress Helpline: 1-800-985-5990

- Trevor Helpline: 1-866-4u-TREVOR (488-7386)

- Love Is Respect: 1-866-331-9474 or text “loveis” to 22522
ANDERSON COUNTY
Rehabilitation

Anderson/Oconee Behavioral Health Services
Provides adult and adolescent counseling and support services for substance use/abuse.
  Address: 226 McGee Road, Anderson, SC 29625
  Phone: (864) 260-4168
  Email: aobhs@aobhs.org
  Web: www.aobhs.org
  Payment: accepts Medicaid and offers a sliding scale

Haven of Rest Ministries
Residential men's and women's bible-based discipleship programs for overcoming addiction.
  Address: 219 West Whitner Street, Anderson, SC 29624
  Phone: (864) 226-6193
  Web: www.havenofrest.cc
  Payment: services are free

Southwest Carolina Treatment Center
Specializes in opiate addiction treatment through Medication-Assisted Treatment (MAT) and counseling.
  Address: 341 West Beltline Boulevard, Anderson, SC 29625
  Phone: (864) 222-9798
  Phone After Hours: (864) 516-5449
  Web: www.carolinatreatmentcenters.com/anderson-sc/

Support Services

Mental Health America - Anderson County
Provides advocacy and education about mental illness as well as customized training programs and some support services.
  Address: P.O. Box 1925, Anderson, SC 29622
  Phone: (864) 984-0635

NAMI Anderson-Oconee-Pickens
Provides free education, support groups, and advocacy to people with a mental illness and their families.
  Address: P.O. Box 45, Pendleton, SC 29670
  Phone: (864) 882-5131
  Email: michelleready@hotmail.com
  Web: www.namiaop.org

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
  Address: 3001 Martin Luther King Jr. Boulevard, Anderson, SC 29625
  Phone: (864) 224-6391
  Web: www.scvrd.net
Therapy

Anderson Center for Mindfulness
Offers therapy for children, adolescents, adults, families, and groups, specializing in anxiety, trauma, PTSD, depression, mood disorders, EMDR, and grief.
    Address: 616 Bonham Court, Anderson, SC 29621
    Phone: (864) 844-8019

* ^Anderson-Oconee-Pickens Mental Health Center
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
    Address: 200 McGee Road, Anderson, SC 29625
    Phone: (864) 260-2220

Child, Adolescent, and Family William E. Pascoe Center
    Address: 515 A Camson Road, Anderson, SC 29625
    Phone: (864) 716-2316
    Web: www.aopmentalhealth.org
    Payment: accepts Medicaid

^AnMed Health Psychiatry
Offers adult and geriatric services, individual supportive therapy and psychotherapy, counseling and intervention, medication management, and couples therapy.
    Address: 400 North Fant Street, Suite D, Anderson, SC 29621
    Phone: (864) 226-1166
    Web: anmedhealth.org/Services/Additional-Services/Behavioral-Health
    Payment: accepts Medicaid

Brie Childress, LISW-CP, LLC
Offers therapy for adolescents, adults, and families, specializing in trauma, PTSD, dissociative disorders, depression, and LGBT issues.
    Address: 2315 North Main Street, Suite 221B, Anderson, SC 29621
    Phone: (864) 362-2631
    Payment: accepts Medicaid

Carlene M. Wentworth, PhD, LPC
Offers therapy and counseling for adults, specializing in PTSD, depression, anxiety, addiction, anger, trauma, infidelity, and divorce.
    Address: 4120 Clemson Boulevard, Suite E, Anderson, SC 29621
    Phone: (864) 760-3150
    Web: www.drcarlenewentworth.com
    Payment: accepts Medicaid and offers a sliding scale

Counseling for Life
Offers psychotherapy and counseling services for individuals, couples, and families, specializing in anxiety, depression, parenting, mood disorder, dual diagnosis, sensory integration, adjustment disorder, PTSD, women’s issues, and divorce.
    Address: 125 Muddy Toes Drive, Anderson, SC 29626
    Phone: (864) 353-3384
    Web: www.counseling4life.net
    Payment: accepts Medicaid
^Dana Wiley, MD, P.A.
Offers comprehensive psychiatric and psychological services including depression, anxiety disorders, counseling, healthy nutrition, and suboxone therapy.
   Address: 4325-A Old Mill Road, Suite 2B, Anderson, SC 29621
   Phone: (864) 225-1195
   Web: www.danawileymd.com

^Ernest C. Martin, MD, PA Behavioral Health Group
Provides outpatient treatment services for adults.
   Address: 102 Buford Avenue, Anderson, SC 29621
   Phone: (864) 261-9506
   Web: www.ernestmartinmd.com

* † Foothills Child Advocacy Center
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
   Address: 216 East Calhoun Street, Anderson, SC 29621
   Phone: (864) 261-6111
   Web: www.foothillsalliance.org

* ^ Gateway Children's Mental Health Services
Specializes in children and adolescents (ages birth to 18), offering general practice.
   Address: 2406 North Main Street, Suite A, Anderson, SC 29621
   Phone: (864) 406-6041
   Email: referrals@gatewaychildrens.com
   Web: www.gatewaychildrens.com
   Payment: accepts Medicaid

Hopetown Counseling
Provides counseling for adults, specializing in anxiety, depression, spirituality, divorce, family conflict, life coaching, men's issues, and transitions.
   Address: 2303 B Main Street, Anderson, SC 29621
   Phone: (864) 559-8844
   Email: thisishopetown@gmail.com
   Web: www.thisishopetown.com

Inspiring Change Professional Counseling Services
Offers counseling for adolescents, adults, couples, families, and groups, specializing in mental health disorders, relationship issues, grief/loss, life transitions, anger, and divorce.
   Address: 4120 Clemson Boulevard, Suite I, Anderson, SC 29621
   Phone: (864) 724-7552
   Email: info@inspiringchangesc.com
   Web: www.inspiringchangesc.com

Life's Transitions
Provides therapy for adolescents and adults, specializing in addiction, anger management, emotional disturbance, and mood disorders.
   Address: 2410 North Main Street, Anderson, SC 29621
   Phone: (864) 712-4813
   Payment: accepts Medicaid and offers a sliding scale
New Life Family Counseling
Offers therapy for children, adolescents, adults, couples, and families, specializing in Cognitive Behavioral Therapy, anxiety, relationship issues, and anger.
   Address: 2135 North Main Street, Suite 201, Anderson, SC 29621
   Phone: (864) 225-3937
   Web: newlifefamilycounseling.vpweb.com

Restoring Hope Counseling, LLC
Offers counseling for children, adolescents, adults, and families, specializing in anxiety, women's issues, ADHD, adoption, mood disorders, family conflict, grief, life transitions, peer relationships, self-esteem, spirituality, and stress.
   Address: 218 Tribble Street, Anderson, SC 29625
   Phone: (864) 642-1171
   Web: www.arestoredhope.com

Stress Management Center
Offers psychotherapy and counseling for adults, specializing in anxiety, adjustment disorders, relationship issues, and stress management.
   Address: 1115 Dunlap Road, Anderson, SC 29621
   Phone: (864) 225-0792
   Web: www.fernviewcenterforwellbeing.com/stressmanagementcenter

* † The Family Counseling Center of Anderson
Provides counseling for children, adolescents, and families with behavioral and emotional challenges, specializing in trauma, parenting, anger, and victim therapy.
   Address: 410 East Shockley Ferry Road, Anderson, SC 29624
   Phone: (864) 225-6266
   Web: newfoundationschildren.com/nfhfc-who-we-are-and-what-we-do/
       family-counseling-center-anderson/
   Payment: accepts Medicaid
CHEROKEE COUNTY
Rehabilitation

Cherokee County Commission on Alcohol and Drug Abuse
Provides adult and adolescent counseling and support services for substance use/abuse.
Address: 210 West Montgomery Street, Gaffney, SC 29341
Phone: (864) 487-2721
Payment: Accepts Medicaid

Clear Skye Treatment Centers
Provides comprehensive treatment services to assist individuals dealing with opiate addiction.
Address: 104 Willis Plaza, Gaffney, SC 29341
Phone: 1-800-792-9030
Web: clearskyetreatmentcenters.com

Support Services

Mental Health America-Cherokee County
Provides advocacy and education about mental illness as well as customized training programs and some support services.
Address: 126 Foxfire Drive, Gaffney, SC 29340
Email: clifmartha@aol.com

ReGenesis Community Health Center
Provides quality health care to the community.
Address: 1604 N. Limestone St., Gaffney, SC 29340
Phone: (864) 902-1000
Web: www.myrhc.org
Payment: Accepts Medicaid, offers a sliding scale

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
Address: 364 Huntington Rd, Gaffney, SC 29341
Phone: (864) 489-9954
Web: www.scvrd.net

Therapy

Cherokee Mental Health Center
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders
Address: 125 East Robinson Street, Gaffney, SC 29340
Phone: (864) 487-2710
24-Hour Emergency On-Call Services: 1(800) 277-1366
Deaf/Hard of Hearing after hours contact: deafhotline@scdmh.org
Payment: Accepts Medicaid, offers a sliding scale
Epiphany Family Services
Offers counseling.
   Address: 423 North Granard Street, Gaffney, SC 29341
   Phone: (864) 649-1046

Outside of the Box Therapy
Offers individual and couples therapy for grief, trauma, caregiver support.
   Address: 115 E Montgomery St #864, Gaffney, SC 29340
   Phone: (864) 597-9493
   Web: outsideoftheboxtherapy.com
   Payment: accepts Medicaid, offers a sliding scale

† SAFE Homes
Provides services to victims of sexual assault and domestic violence.
   Address: 405 North Logan Street, Gaffney, SC 29341
   Phone: (864) 583-9803
   Web: www.shrc.org

Sara Baker Counseling, LLC
Offers counseling services.
   Address: 302 S. Limestone St. Suite 1, Gaffney, SC 29340
   Phone: (864) 425-7076
   Email: sarabakercounseling@yahoo.com
   Payment: accepts Medicaid
Hazel Pittman Center
Provides adult and adolescent counseling and support services for substance use/abuse.

- **Address:** 130 Hudson Street, Chester, SC 29706
- **Phone:** (803) 377-8111
- **Web:** www.hazelpittman.org
- **Payment:** accepts Medicaid

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Therapy

^ **Catawba Community Mental Health Center - Chester Clinic**
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

- **Address:** 524 Doctors Court, Chester, SC 29706
- **Phone:** (803) 581-8311
- **Payment:** accepts Medicaid and offers a sliding scale

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^ **The Saluda Counseling Center**
Offers psychotherapy for children, adolescents, adults, couples, and families, specializing in art therapy, medication management, anxiety, depression, grief, trauma, stress, addiction recovery, chronic illness, PTSD, and ADD/ADHD.

- **Address:** 135 Wylie Street, Chester, SC 29706
- **Phone:** (803) 327-6103
- **Email:** contactus@thesaludacenter.net
- **Web:** www.thesaludacenter.org
FAIRFIELD COUNTY
Rehabilitation

Fairfield Behavioral Health Services
Provides adult and adolescent counseling and support services for substance use/abuse.
Address: 200 Calhoun Street, Winnsboro, SC 29180
Phone: (803) 635-2335
Email: jjohnson@fairfieldbhs.org
Web: www.fairfieldbhs.org
Payment: accepts Medicaid and offers a sliding scale

Therapy

* * Columbia Area Mental Health Center Fairfield County Clinic
Offers services to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
Address: 1073 US Highway 321 Bypass South, Winnsboro, SC 29180
Phone: (803) 898-0123
Web: www.state.sc.us/dmh/camhc/index.html
Payment: accepts Medicaid and offers a sliding scale

Eau Claire Cooperative Health Center Ridgeway Family Practice
Offers counseling for children and offers medication management and counseling for adolescents and adults. Family medicine and dental services are also offered at this practice.
Address: 755 US Highway 21 South, Ridgeway, SC 29130
Phone: (803) 337-2920
Web: www.ecchc.org/Locations/RidgewayFamilyPractice
Payment: accepts Medicaid and offers a sliding scale

Watertree Counseling Boutique
Offers Counseling for adults, couples, families, and groups, specializing in relationship issues, aging, grief, dream work, life transitions, coping skills, and self-esteem.
Address: Lake Watertree, Ridgeway, SC 29130
Phone: (803) 252-1866
Email: donna@watertreecounseling.com
Web: www.watereecounseling.com
^ A New Crossroad
Treats addiction through Medication Assisted Treatment for recovery from opioids and other drugs. Also provides individual and group therapy.
   Address: 206 Wall Street, Piedmont, SC 29673
   Phone: (864) 295-1280
   Web: www.anewcrossroad.com

^ Crossroads Treatment Center of Greenville
Provides outpatient rehabilitation for opiate addiction.
   Address: 157 Brozzini Court, Suite A-D, Greenville, SC 29615
   Phone: (800) 805-6989
   Web: crossroadstreatmentcenters.com
   Payment: accepts Medicaid

Don Foster and Associates
Provides substance use treatment services.
   Address: 104 Mills Avenue, Greenville, SC 29605
   Phone: (864) 235-5666

FAVOR Greenville
Offers addiction recovery coaching services and peer support groups.
   Address: 355 Woodruff Road, Suite 303, Greenville, SC 29607
   Phone: (864) 385-7757
   Email: info@favorgreenville.org
   Web: www.favorgreenville.org
   Payment: does not charge for services or bill insurance companies

^ Greenville Metro Treatment Center
Provides opioid addiction treatment and recovery services including medically supervised withdrawal, Medication Assisted Treatment and counseling.
   Address: 602 Airport Road, Suite C, Greenville, SC 29607
   Phone: (864) 234-7952

Hope for Families Recovery Center
Provides adolescents, adults, and families treatment for alcohol and drug abuse.
   Address: 136 Milestone Way, Greenville, SC 29615
   Phone: (864) 906-2395
   Email: appointments@hffrc.com
   Web: hopeforfamiliesrecoverycenter.com

Miracle Hill Overcomers Center
Offers a 27-week Christian-based addiction recovery program for men.
   Address: 1916 North Pleasantburg Drive, Greenville SC 29609
   Phone: 864-631-0088
   Web: www.miraclehill.org/how-we-help/addiction-recovery/overcomers-program/
Miracle Hill Renewal Center
Offers a 6-month Christian-based addiction recovery program for women.
   Address: 19 Graves Drive, Greenville, SC 29609
   Phone: 864-242-2166
   Web: www.miraclehill.org/how-we-help/addiction-recovery/miracle-hill-renewal-program/

^ Pavillon Greenville Outpatient Services
Offers outpatient treatment for adults with substance use disorders and any co-occurring disorders.
   Address: 101 Pelham Commons Boulevard, Greenville, SC 29615
   Phone: (864) 241-6688
   Web: www.pavillon.org/iop.php

Solutions Recovery Center
Offers sober living and outpatient services for adults with substance abuse disorders.
   Address: 207 West Antrim Drive, Greenville, SC 29607
   Phone: (864) 567-7010
   Web: solutionsrecoverycenter.com

The Phoenix Center
Drug addiction treatment center providing inpatient and outpatient services for adults and adolescents, detoxification services for adults, and a program for children who live in substance abusing families.
   Address: 1400 Cleveland Street, Greenville, SC 29607
   Phone: 864-467-3790
   Help Line: 864-467-4747
   Web: www.phoenixcenter.org

Turning Point of South Carolina
Offers programs for healing from addiction.
   Address: 24 Bruce Rd, Greenville, SC 29605
   Phone: 864-299-0090
   Web: www.turningpointofsc.org

Support Services

Alzheimer’s Association
Provides advocacy, education, and support for people living with Alzheimer’s and for all of those impacted by Alzheimer’s including caregivers.
   Address: 123 Antrim Drive, Greenville, SC 29607
   Phone: (864) 250-0029
   Web: www.alz.org/sc

Gateway
Provides employment services, housing, and a day program for individuals with persistent mental illness.
   Address: 415 Rutherford Street, Greenville, SC 29609
   Phone: (864) 242-9193
   Web: www.gateway-sc.org
   Payment: accepts Medicaid
McKinney House
Specialized housing for deaf individuals with mental illness who are clients with the Department of Mental Health
  Address: 307 Miller Road, Mauldin, SC 29662
  Phone: (864) 297-5044
  Web: www.mhagc.org/mckinney-house.php

Mental Health America of Greenville County
Provides advocacy and education about mental illness as well as customized training programs and some support services.
  Address: 429 North Main Street, Suite 2, Greenville, SC 29601
  CRISISline: (864) 271-8888
  Phone: (864) 467-3344
  Web: www.mhagc.org

NAMI Greenville
Provides free education, support groups, and advocacy to people with a mental illness and their families.
  Address: 2303 East North Street, Suite L, Greenville, SC 29607
  Phone: (864) 331-3300
  Email: info@namigreenvillesc.org
  Web: www.namigreenvillesc.org

South Carolina Autism Society
Provides support services and referral for families with children with Autism.
  Address, Main Office: 806 12th Street, West Columbia, SC 29169
  Address, Case Management Satellite Office: 318 Prado Way, Greenville, SC 29607
  Phone: (864) 609-4950
  Web: www.scautism.org

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
  Address: 105 Parkins Mill Road, Greenville, SC 29607
  Phone: (864) 297-3066
  Web: www.scvrd.net

Upstate Warrior Solution
Offers support services to former and current military and their families.
  Address: 3 Caledon Court, Suite 2A, Greenville, SC 29615
  Phone: (864) 520-2073
  Email: info@upstatewarriorsolution.org
  Web: upstatewarriorsolution.org

Therapy

An Inner View Counseling & Consult Services, LLC
Offers counseling to adolescents, adults, couples, and families, specializing in anxiety, stress, and depression.
  Address: 3114 Highway 153, Suite G, Piedmont, SC 29673
  Phone: (864) 343-8734
  Payment: offers a sliding scale
**Associates at Park Avenue**

Offers coaching, psychological evaluations, relationship counseling, and psychotherapy and counseling for a range of mental health concerns.

- **Address:** 101 East Park Avenue, Greenville, SC 29601
- **Phone:** (864) 271-2740
- **Email:** associatesatparkavenue@gmail.com
- **Web:** associatesatparkavenue.net

**B. McDonald Therapy, LLC**

Provides therapy for adolescents, adults, and the LGBTQ population, specializing in anxiety, OCD, suicidality, depression, self-harm, borderline personality disorder, and body-focused repetitive behaviors.

- **Address:** 37 Villa Road, Suite 206, Greenville, SC 29615
- **Phone:** (864) 248-6012
- **Web:** www.bmcdonaldtherapy.com
- **Email:** bmcdonaldtherapy@gmail.com

*** Bay Laurel Center for Psychotherapy**

Offers child, adolescent, adult, and family therapy, specializing in anxiety, depression, behavioral issues, life transitions, parenting, mood regulation, play therapy, trauma, and ODD.

- **Address:** 110 Manly Street, Greenville, SC 29601
- **Phone:** (864) 298-8026
- **Web:** www.baylaureltherapy.com

**Bennefield & Associates, LLC**

Offers counseling to children, adults, adolescents, and couples specializing in trauma, PTSD, and mood disorders.

- **Address:** 400 C South Main Street, Mauldin, SC 29662
- **Phone:** (864) 293-7575
- **Payment:** accepts Medicaid and offers a sliding scale

**Blue Ridge Counseling Services, LLC**

Offers counseling to adolescents and adults, specializing in alcohol/drug dependency, stress, PTSD, anger, childhood trauma, and EMDR.

- **Address:** 1 Chick Springs Road, Suite 216 C, Greenville, SC 29609
- **Phone:** (864) 421-7777
- **Web:** blueridgecounseling.info

**Breckenridge Counseling Services, LLC**

Offer cancer support, caregiver support, and stress management.

- **Address:** 200 North Main Street, Suite 301E, Greenville, SC 29601
- **Phone:** (732) 245-8505
- **Web:** www.shervanfossan.com
- **Payment:** accepts Medicaid

**Browning Geriatric Consulting, LLC**

Provides counseling specializing in aging, life changes, caregiver stress, adjustment, and family dynamics.

- **Address:** 311 Mills Avenue, Greenville, SC 29605
- **Phone:** (864) 233-5260
- **Email:** administrator@browninggeriatric.com
- **Web:** www.browninggeriatric.com
Burke's Consulting, LLC
*Offers marriage/relationship, individual, and group counseling.*
  - **Address:** 1200 Woodruff Road, Greenville, SC 29607
  - **Phone:** (864) 527-1253
  - **Web:** www.burkescounseling.org

Canterbury Counseling Center
*Provides pastoral counseling services.*
  - **Address:** 7 Pettigru Street, Greenville, SC 29601
  - **Phone:** (864) 235-7501
  - **Email:** help@canterburycounseling.org
  - **Web:** canterburycounseling.org
  - **Payment:** offers a sliding scale fee

* Carolina Center for Counseling & Behavioral Interventions, LLC
*Provides counseling for children, adolescents, adults, and families, specializing in depression, bipolar disorder, anxiety, PTSD, ADHD, and autism spectrum disorders.*
  - **Address:** 421 South East Main Street, Suite 201, Simpsonville, SC 29681
  - **Phone:** (864) 963-4028
  - **Web:** www.cccbi.net

Carolina Counseling and Consulting, LLC
*Provides therapy services for children, adolescents, and adults.*
  - **Address:** 10 West Pointe Boulevard, Mauldin, SC 29662
  - **Phone:** (864) 675-1350

Carolina Counseling Partners
*Offers therapy for adolescents, adults, couples, and families, specializing in anxiety, depression, grief, trauma, ADHD, transitions, and relationships.*
  - **Address:** 3150 South Highway 14, Greenville, SC 29615
  - **Web:** carolinacounselingpartners.com

Cheryl B. Wells, MS, LPC, CEDS
*Offers counseling for adolescents, adults, couples, and families, specializing in anxiety, depression, eating disorders, and body image.*
  - **Address:** 2 Shannon Creek Court, Greenville, SC 29615
  - **Phone:** (864) 404-1200

Choices for Change Counseling, PC
*Offers counseling for adolescents, adults, families, and groups, specializing in ODD, grief, anger, mood issues, and sexual abuse.*
  - **Address:** 25 Woods Lake Road, Greenville, SC 29607
  - **Phone:** (864) 553-6741
  - **Email:** ronnie@choicesforchangecounseling.org
  - **Web:** choicesforchangecounseling.org
  - **Payment:** accepts Medicaid

Clarify Counseling DBT
*Offers DBT for children, adolescents, and adults.*
  - **Address:** 14 Manly Street, Greenville, SC 29601
  - **Phone:** (864) 634-4876
Clear Path Family Therapy
Offers individual and couples therapy.
  Address: 198 Roper Mountain Rd Ext., Suite C, Greenville, SC 29615
  Phone: (864) 670-2070
  Email: ashley@clearpaththerapyservices.com
  Web: clearpaththerapyservices.com

† Compass of Carolina
Offers counseling for children, adults, adolescents, couples and families.
  Address: 1100 Rutherford Road, Greenville, SC 29609
  Phone: (864) 467-3434
  Email: info@compassofcarolina.org
  Web: www.compassofcarolina.org
  Payment: offers a sliding scale

Crockett Assessment & Trauma Services
Offers therapy to adults, specializing in trauma, PTSD, depression, and traumatic brain injury.
  Address: 30 Memorial Medical Drive, Greenville, SC 29605
  Phone: (864) 501-5938

Cynthia K. Whitaker, LISW-CP
Provides counseling to adults and couples, specializing in the female reproductive tract, relationship problems, panic disorder, PTSD, sexual disorders, anxiety, pain, stress, depression, menopause, and grief.
  Address: 101 Halton Village, Greenville, SC 29607
  Phone: (864) 455-1600

^ Dana Wiley, MD, P.A.
Offers psychiatric and psychological services including nutrition, anxiety, depression, and suboxone therapy.
  Address: 102 Commons Boulevard, Suite C, Piedmont, SC 29673
  Phone: (864) 220-9115
  Web: www.danawileymd.com

Debbie Plonkey, MS, LMFT
Provides individual, couples, and family therapy, specializing in anxiety, depression, IMAGO relationships, and addiction/recovery.
  Address: 702 East Washington Street, Greenville, SC 29601
  Phone: (864) 627-9968
  Web: www.dplonkeytherapy.com
  Email: debbie@dplonkeytherapy.com

Deborah K. Leporowski, Psy.D., LLC
Offers child, adolescent, and adult services, specializing in assessment, PTSD, diagnostic clarification, expert witness testimony, and CALOCAS.
  Address: 124 Edinburgh Court, Suite 105, Greenville, SC 29607
  Phone: (864) 752-7577
  Web: www.drleprowski.com
Destination Greatness, PLLC
Offers services to families, couples, adults, and adolescents, specializing in depression, anxiety, and addiction.
Address: 1 Chick Springs Road, Suite 214F, Greenville, SC 29609
Phone: (864) 354-9985
Web: destinationgreatnesspllc.org
Payment: accepts Medicaid and offers a sliding scale

Eastside Family Therapy Associates
Offers adolescent, adult, couples, and family counseling, specializing in grief, anxiety, depression, trauma, eating disorders, and relationships.
Address: 28 Parkway Commons Way, Greer, SC 29650
Phone: (864) 879-4388
Web: eastsidefamilytherapy.net

Evolve Psychotherapy, LLC
Provides services to individuals with eating disorders and disordered eating
Address: 216 Adley Way, Greenville, SC 29607
Phone: (864) 605-3545
Web: evolvepsychotherapy.net

Family Alliance Counseling Services, LLC
Offers individual, couples, and family services for depression, anxiety, anger, trauma, and life transitions.
Address: 25 Woodlake Road, Suite 706, Greenville, SC 29607
Phone: (864) 238-0590
Web: www.familyalliancecs.com

Family Restoration Counseling Services, LLC
Offers individual, family, and group counseling specializing in adoptions, foster care, anxiety, trauma, EMDR, and visual disability
Address: 101B Hospital Drive, Simpsonville, SC 29681
Phone: (864) 688-2618
Web: www.frcounseling.net

Family Therapy and Trauma Center
Offers services to adults, couples, and groups, specializing in veterans, PTSD, and marriage and family.
Address: 311 Bennett Center Drive, Greer, SC 29650
Phone: (864) 968-9687

^ FastBrain Greenville
Offers services for children, adolescents, and adults with ADHD
Address: 201-B Old Boiling Springs Road, Greer, SC 29650
Phone: (864) 558-0092
Web: www.fastbrain.com
* † Forensic Counseling Associates, P.C.
Works with children, adolescents, and adults, specializing in sexual abuse, anxiety, PTSD, ODD, and depression.
   Address: 124 Edinburgh Court, Suite 105, Greenville, SC 29607
   Phone: (864) 607-2833
   Email: dmsstabp@gmail.com
   Payment: accepts Medicaid and offers a sliding scale

* ^ Gateway Children’s Mental Health Services
Offers general practice for birth to 18.
   Address: 515 West Butler Road, Suite A, Greenville, SC 29607
   Address: 721 Lowndes Hill Road, Suite A, Greenville, SC 29607
   Phone: (864) 406-6041
   Email: referrals@gatewaychildrens.com
   Web: www.gatewaychildrens.com
   Payment: accepts Medicaid

* GIFT Counseling Center for Wellness, LLC
Offers individual counseling services including play therapy, EMDR, and trauma-focused treatment.
   Address: 119 Manly Street, Greenville, SC 29601
   Phone: (864) 534-1224
   Email: office@giftcounselingcenter.com
   Web: www.giftcounselingcenter.com

Ginger Culbertson, MSW, LISW-CP
Offers counseling for children, adults, and adolescents, specializing in EMDR, trauma, relationships, anger, bipolar disorders, depression, and spirituality.
   Address: 414 Pettigru Street, Suite E, Greenville, SC 29601
   Phone: (864) 242-1807

Grace Jones Family Therapy, LLC
Offers individual, couples, and family therapy for anxiety, eating disorders, body image, coping skills, depression, self-esteem, and bipolar disorder.
   Address: 28 Parkway Commons Way, Greer, SC 29650
   Phone: (864) 990-5617
   Web: gracejonesfamilytherapy.com
   Email: gracejonesfamilytherapy@gmail.com

^ Greenville ADHD Specialists, PA
Provides testing, individualized treatment plans, and medication management for ADHD.
   Address: 211 East Butler Road, Mauldin, SC 29662
   Phone: (864) 305-1662
   Web: www.greenvilleadhd.com

Greenville Counseling Associates
Offers Christian adolescent, adult, couples, and family counseling, specializing in trauma, anxiety, depression, bipolar disorders, eating disorders, grief, and ADD/ADHD.
   Address: 4 Parkway Commons Way, Greer, SC 29650
   Phone: (864) 877-7025
   Address: 1627 East North Street, Greenville, SC 29607
   Web: www.greenvillecounseling.com/
* Greenville Health System Department of Psychiatry and Behavioral Medicine
  Offers acute inpatient, intensive outpatient, and psychiatry outpatient care for children, adolescents, and adults.
  Address: 701 Grove Road, Greenville, SC 29605
  Phone: (864) 455-8988
  Web: www.ghpspsych.org

* Greenville Mental Health Center
  Offers services to adults, children, and families affected by serious mental illnesses and emotional disorders
  Address: 124 Mallard Street, Greenville, SC 29601
  Phone: (864) 241-1040
  Web: greenvillementalhealth.com/
  Payment: accepts Medicaid

Greenville Relationship Institute
  Offers counseling to individuals and couples, specializing in Emotionally Focused Couples Therapy, relationship distress, and marriage enrichment.
  Address: 710 Pettigru Street, Greenville, SC 29601
  Phone: (864) 990-4442
  Web: greenvillemarriagecounseling.com Email: info@greenvillemarriagecounseling.com
  Payment: offers a sliding scale

Gregory S. Smith & Associates
  Offers counseling for children, adolescents, and adults for mental disorders, addiction, and trauma.
  Address: 161 Landmark Drive, Taylors, SC 29687
  Phone: (864) 244-0154
  Web: gregorysmithcounseling.com
  Payment: accepts Medicaid

Hal Stewart, LPC, LLC
  Offers counseling for adolescents, adults, and couples, specializing in sex addiction, sexually compulsive behavior, infidelity, and relationships.
  Address: 12 Pelham Road, Greenville, SC 29615
  Phone: (864) 397-5970

Halsey Counseling and Educational Center
  Provides psychoeducational evaluations for learning disabilities and ADD/ADHD, and provides individual, group, and family therapy.
  Address: 1326 Haywood Road, Suite 101, Greenville, SC 29615
  Phone: (864) 527-5910
  Web: www.halseycounseling.com

Happy Hooves
  Offers equine therapy for children and adults with special needs.
  Address: 4700 Dacusville Highway, Marietta, SC 29661
  Phone: (864) 898-0043
  Email: happyhoovessc@aol.com
  Web: www.happyhoovessc.com
Havenwood Behavioral Health
Offers inpatient adult behavioral health and substance use services.
   Address: 1 Havenwood Lane, Suite A, Travelers Rest, SC 29690
   Phone: (864) 660-6217
   Web: www.havenwoodbehavioral.com

Hope & Healing Family Counseling, LLC
Offers counseling to individuals, couples, and families, specializing in childhood emotional and behavioral disorders, PTSD, mood disorders, grief, and relationships.
   Address: 212 Whitsett Street, Greenville, SC 29601
   Phone: (864) 430-5326
   Web: www.hopeandhealingfc.com
   Payment: offers a sliding scale

Illuminate Upstate
Offers counseling for adolescents and adults, specializing in anxiety, depression, substances, eating disorders, self-harm, divorce, trauma.
   Address: 101 East Park Avenue, Greenville, SC 29601
   Phone: (864) 380-6889
   Web: www.illuminateupstate.com

iTrust Wellness Group, LLC
Offers mental health services to all ages, specializing in addiction, grief, anxiety, depression, bipolar, PTSD, panic disorder, OCD, and schizophrenia
   Address: 111 Commons Way, Greenville, SC 29611
   Phone: (864) 520-2020
   Web: www.itrustwellnessgroup.com

Jeanna Smith Counseling
Offers counseling for individuals, couples, and families, specializing in relationships, trust, blended families, grief, trauma, depression, and anxiety.
   Address: 200 North Main Street, Greer, SC 29651
   Phone: (864) 977-1296
   Payment: offers a sliding scale

Jonathan Kittel Counseling
Offers counseling for children, adults, adolescents, couples, and families.
   Address: 156 Milestone Way, Suite D, Greenville, SC 29615
   Phone: (864) 214-2084
   Email: jonathan@jonathankittelcounseling.com
   Web: jonathankittelcounseling.com

Joseph Feleppa, MSW, LISW-CP
Provides individual outpatient therapy for adults with substance use disorders, depression, anxiety, and panic disorder.
   Address: 101 Pelham Commons Boulevard, Greenville, SC 29645
   Phone: (864) 275-3419
   Web: www.joefeleppatherapy.com
Joy D. Bennet, LISW-CP  
Specializes in therapy for children, adults, couples, and divorcing and blended families.  
  Address: 109 Laurens Road, Suite 4-D, Greenville, SC 29607  
  Phone: (864) 230-6300  
  Email: joy@joybennet.org  
  Web: www.joybennet.org

Judith Alexander, MSW  
Specializes in EMDR, depression, anxiety, trauma, grief, spiritual issues, and couples counseling.  
  Address: 315 Miller Road, Greenville, SC 29662  
  Phone: (864) 232-9922  
  Email: judithalexandermsw@gmail.com  
  Web: www.judithalexandermsw.com

Keystone Counseling and Consulting, LLC  
Offers individual, marriage, and family therapy.  
  Address: 3443 Pelham Road, Suite 300, Greenville, SC 29615  
  Phone: (864) 297-5377  
  Web: www.keystonehw.com

Living Bread  
Offers mental health and nutrition counseling for eating disorders.  
  Address: 1627 East North Street, Greenville, SC 29607  
  Phone: (864) 660-9407  
  Web: www.livingbreadgreenville.org  
  Payment: offers a sliding scale

* Margaret W. Lee, Med, LPC  
Provides counseling for children, adolescents, and adults, specializing in ADHD, addiction, anxiety, mood, divorce, grief, and play therapy.  
  Address: 412 Pettigru Street, Greenville, SC 29601  
  Phone: (864) 250-0229  
  Web: healingheartandmind.com

Marley J. Wolf M.Ed LPC Counseling Services  
Offers individual, couples, and family counseling, specializing in anxiety, depression, parenting, grief, career issues, stress, addiction, and conflict.  
  Address: 6 West Pointe Boulevard, Mauldin, SC 29662  
  Phone: (864) 360-4287  
  Web: marleyjwolfecounseling.com  
  Email: info@marleyjwolfecounseling.com

McCall Counseling and Therapy, LLC  
Offers counseling for adolescents and adults, specializing in trauma, PTSD, substance abuse, and relationships.  
  Address: 508-A Pettigru Street, Greenville, SC 29601  
  Phone: (864) 270-9324
Melissa Panasko, LISW-CP
Offers counseling for adolescents and adults, specializing in grief, anxiety, depression, eating disorders, mood disorders, and relationships.
   Address: 7C Cleveland Court, Greenville, SC 29607
   Phone: (864) 270-2753
   Web: www.melissapanasko.com

Meredith Manker, LPC, PA
Offers individual, couples, and family counseling, specializing in depression, anxiety, grief, stress, addiction, anger, and elder care issues.
   Address: 250 South Pleasantburg Drive, Greenville, SC 29607
   Phone: (864) 630-6185
   Web: www.meredithmanker.com
   Email: meredithmanker@gmail.com

Mind Renewal Services, LLC
Provides individual, family, and group counseling, specializing in child abuse, behavior, depression, CALOCUS, Autism, HIV, and parenting.
   Address: 10 Century Drive, Suite B, Greenville, SC 29607
   Phone: (864) 509-9087 x101
   Web: mindrenewalservicesllc.com
   Payment: accepts Medicaid

New Beginnings Palmetto
Provides counseling for individuals, couples, and families, specializing in grief, military PTSD, work and career issues, stress, addiction, and conflict.
   Address: 216 Adley Way, Greenville, SC 29607
   Phone: (864) 356-3184
   Email: rosa@newbeginningspalmetto.com
   Web: newbeginningspalmetto.com
   Payment: offers a sliding scale

^ New Hope Behavioral Health
Provides psychiatric services and counseling for addictions and mental health diagnoses.
   Address: 81 Poitne Circle, Suite A, Greenville, SC 29615
   Phone: (864) 608-4578
   Web: newhopebehavioralhealth.com

New Horizon Family Health Services
Offers behavioral health care services
   Address, Greenville: 975 West Faris Road, Greenville, SC 29605
   Phone: (864) 729-8330
   Address, Travelers Rest: 1588 Geer Highway, Travelers Rest, SC 29690
   Phone: (864) 836-1109
   Address, Greer: 111-A Berry Avenue, Greer, SC 29651
   Phone: (864) 801-2035
   Web: www.newhorizonfhs.org
   Payment: offers a sliding fee
† New Leaf Counseling LLC
Specializes in ages 16+, domestic violence, couples counseling, divorce, stress, and sexual assault

Address: 3443 Pelham Road, Suite 200, Greenville, SC 29615
Phone: (864) 612-3004
Web: newleafcounselingllc.com

^ North Hills Medical Center
Offers general psychiatric services.

Address: 800 Pelham Road, Greenville, SC 29615
Phone: (864) 234-5800
Web: northhillsmedicalcenter.net
Payment: accepts Medicaid

North Main Counseling
Offers counseling for adolescents, adults, couples, families, and groups, specializing in adjustment, emotional and behavioral problems, and ADHD.

Address: 702 Pettigru Street, Greenville, SC 29601
Phone: (864) 232-2212
Email: info@northmaincounseling.com
Web: northmaincounseling.com

Optima Counseling and Consulting, LLC
Offers counseling to adolescents and adults, specializing in LGBT issues, dementia, grief, loss, and adjustment.

Address: 3505 Pelham Road Suite B, Greenville, SC 29615
Phone: (864) 762-4355

* Palmetto Family Works, LLC
Provides individual, family, and group counseling, specializing in stress, play therapy, depression, anxiety, trauma, grief, career issues, and conflict.

Address: 102 Renaissance Circle, Mauldin, SC 29662
Phone: (864) 538-6906
Web: palmettofamilyworks.com
Payment: accepts Medicaid and offers a sliding scale

Pam Amatucci, LISW-CP
Specializes in mood, stress, anxiety, anger, ADHD, adjustment, trauma, relationships, grief, and pet therapy.

Address: 5 Center Street, Travelers Rest, SC 29690
Phone: (864) 832-0186 x4
Payment: offers a sliding scale

* Pathways Counseling Center, LLC
Offers counseling to children, adults and adolescents, specializing in OCD, grief, ADHD, chronic illness, anxiety, development disorder, and depression

Address: 58 Parkway Commons Way, Greer, SC 29650
Phone: (864) 561-1133
Web: www.pathwaysofgreenville.com
Pettigru Counseling Associates, Inc.
Offers psychotherapy to individuals, couples, families, and groups, specializing in depression, anxiety, stress, trauma, blended families, divorce, adoption, and relationships.
Address: 405 Pettigru Street, Greenville, SC 29601
Phone: (864) 271-3549
Web: www.pettigrucounseling.com

* ^ Piedmont Center for Mental Health Services
Provides assessment, psychotherapy, treatment services, and day programs to adults, children, and their families experiencing mental health issues.
Address, Greer: 220 Executive Drive, Greer, SC 29651
Phone: (864) 879-2111
Address, Simpsonville: 20 Powderhorn Rd, Simpsonville, SC 29681
Phone: (864) 963-3421
Address, Rainbow House: 900 West Poinsett Street, Greer, SC 29650
Address, Sunshine House: 526 Main Street, Simpsonville, SC 29681
Web: www.state.sc.us/dmh/piedmont/contact.html

^ Piedmont Psychiatric Services
Provides psychiatric care and psychotherapy services to adults, children, adolescents, and geriatrics.
Address: 2094 Woodruff Road, Greenville, SC 29607
Phone: (864) 676-9211
Web: www.piedmontonline.com

^ Poinsett Psychiatric Innovations, PA
Provides psychiatric intake evaluation, medical management, neuropsychological testing, and individual and group therapy.
Address: 414 Pettigru Street, Suite C, Greenville, SC 29601
Phone: (864) 404-9706
Email: gabriel@psychiatryinnovations.com
Web: psychiatryinnovations.com

^ Psychiatry of Greenville
Provides psychiatric evaluation and medication management for adults, and adolescents with depression, bipolar, anxiety, eating disorders, psychotic disorders, and ADHD/ADD.
Address: 12 Maple Tree Court, Suite 201, Greenville, SC 29615
Phone: (864) 315-3736
Web: psychiatryofgreenville.com

Queen Counseling Services
Provides counseling to individuals, couples, and families, specializing in stress, anxiety, depression, grief, relationships, changes, and parenting.
Address: 2 Sevier Street, Suite 2A, Greenville, SC 29605
Phone: (864) 918-6416
Web: queencounselingservices.com
Email: josh@queencounselingservices.com
Reedy River Counseling Associates
Offers evidence-based treatment for a variety of issues including eating disorders, feeding disorder, nutrition, trauma, PTSD, anxiety, depression, bipolar disorders, abuse, ADD/ADHD, and relationships.

Address: 1 Chick Springs Road, Suite 103, Greenville, SC 29609
Phone: (864) 626-3696
Web: reedyrivercounseling.com

Renewal Life Counseling, LLC
Offers individual and group therapy, specializing in anxiety, mood disorders, stress, grief, trauma, and relationships.

Address: 127 A Commons Way, Greenville, SC 29611
Phone: (864) 416-4560
Web: renewallifecounseling.com
Email: info@renewallifecounseling.com
Payment: accepts Medicaid

Reproductive Journey Counseling and Support
Offers individual and couples counseling, specializing in infertility, pregnancy or postpartum distress, pregnancy or infant loss, traumatic childbirth, and adjustment to parenthood.

Address: 25 Woods Lake Road, Suite 712, Greenville, SC 29607
Phone: (864) 242-0005
Web: www.reproductivejourney.com
Payment: offers sliding scale fees

* ^ Richardson Psychiatry
Provides medication management, supportive therapy, and consultations for children, adolescents, and adults.

Address: 5 Center Street, Travelers Rest, SC 29690
Phone: (864) 436-1627
Web: www.aprilrichardsonmd.com

Riner Counseling, LLC
Provides individual, couples, and group, counseling, evaluations, and consultations, specializing in eating disorders, addiction, self-harm, OCD, trauma, ADHD, and career counseling.

Address: 1990 Augusta Street, Greenville, SC 29605
Phone: (864) 608-0446
Web: www.rinercounseling.com
Email: drmarycatherine@rinercounseling.com

River Falls Counseling
Offers counseling services for adults, adolescents, couples, and families.

Address: 185 Riley Smith Drive, Greenville, SC 29615
Phone: (864) 907-4443
Payment: offers a sliding scale

* Riverstone Family Counseling, LLC
Offers child and adolescent, couples, family, and sports counseling.

Address: 137 Commons Way, Greenville, SC 29611
Phone: (864) 263-3039
Email: contactus@riverstonefamily.com
Web: www.riverstonefamily.com
Payment: accepts Medicaid
Ross A. Collins, MS, LPC, NCC
Offers individual, couples, and family counseling, specializing in relational difficulties, and adjustment disorders.
  Address: 250 South Pleasantburg Drive, Greenville, SC 29607
  Phone: (864) 380-5231
  Web: www.rossacollins.com

† Safe Harbor
Offers services to victims of domestic violence including emergency shelter, counseling and case management, assistance with orders of protection, and transitional housing.
  Address: 429 North Main Street, Greenville, SC 29601
  Phone: (864) 467-1177
  24-Hour Crisis Line: 1 (800) 291-2139
  Web: www.safeharborsc.org

* ^ Sherbondy’s Psychiatric Solutions
Offers psychiatric and therapeutic services including addiction, medication management, and individual, marriage, family, and play therapy.
  Address: 225 Adley Way, Greenville, SC 29607
  Phone: (864) 987-9747
  Email: sherbondys@sherbondyspsychiatric.com
  Web: sherbondyspsychiatric.com

* Shine Counseling Services, LLC
Offers family, couples, teen, and child counseling, and group therapy.
  Address: 3449 Pelham Road, Greenville, SC 29615
  Phone: (864) 704-7809
  Email: danielle@shinecounselingservices.com
  Web: shinecounselingservices.com

^ South Carolina Psychiatric Group
Offers medication management, clinical evaluations for psychiatric disorders, and opioid dependence treatment.
  Address: 68 Parkway Commons Way, Greer, SC 29650
  Phone: (864) 877-5688
  Web: www.scpsychiatricgroup.com
  Payment: accepts Medicaid

* ^ Stephens Psychiatry
Provides psychiatric evaluations and treatments for children, adolescents, and adults.
  Address: 509 Pettigru Street, Greenville, SC 29601
  Phone: (864) 520-1133
  Web: www.stephenspsychiatry.com

* Still Wind Ministries
Offers counseling for children, adults, adolescents, couples, and families, specializing in adoption, trauma, abuse, neglect, and animal-assisted therapy.
  Address: 111 Lovett Drive, Greenville, SC 29607
  Phone: (864) 234-1150
  Web: www.stillwindministries.org
Suntia Smith, MSW, LISW-CP
Provides individual, couples, and family counseling, including for members of the LGBT community.
   Address: 3445 Pelham Road, Suite B, Greenville, SC 29615
   Phone: (864) 559-8181
   Web: www.suntiasmith.com
   Payment: accepts Medicaid

Susanne Latessa
Offers counseling for adults, specializing in grief, loss, and spiritual direction.
   Address: 8 Clarendon Avenue, Greenville, SC 29609
   Phone: (864) 484-5707
   Web: www.supportheals.com
   Email: slatessa33@gmail.com

* ^ Synergy Group Psychiatry
Offers counseling for children, adults, and adolescents, and psychological, psychoeducational, adoption, and pre-surgical assessments.
   Address: 127 West Antrim Drive, Greenville, SC 29607
   Phone: (864) 239-4110
   Web: www.synergygroupsc.com

^ The Brewer Center for Psychiatry and Counseling
Offers individual, couples, and family therapy, specializing in ADHD, anxiety, depression, and medication management
   Address: 121 Interstate Boulevard, Suite 2-A, Greenville, SC 29615
   Phone: (864) 297-4275
   Web: www.brewercenter.com

^ The Carolina Center for Behavioral Health
Offers treatment for teens, adults, and seniors with psychiatric and substance abuse disorders, and dual-diagnosis.
   Address: 2700 East Phillips Road, Greer, SC 29650
   Phone: (864) 235-2335
   Web: www.thecarolinacenter.com
   Payment: accepts Medicaid ages 12-21

The Cottage Counseling
Offers counseling for adolescents and adults, specializing in eating disorders, anxiety, and depression.
   Address: 710 Pettigru Street, Greenville, SC 29601
   Phone: (864) 631-1035
   Web: www.lynnvictoryrd.com

The Journey Home
Counseling for women, specializing in anxiety, depression, grief, emotional problems, abuse, change, and personality disorders.
   Address: 710 Pettigru Street, Greenville, SC 29601
   Phone: (864) 855-3231
   Web: www.thejourneyhomellc.com
*† The Julie Valentine Center
Provides free, confidential services for sexual assault/child abuse survivors and their families, including child advocacy therapy, forensic interviews, rape crisis services, and adult therapy.
  Address: 2905 White Horse Road, Greenville, SC 29611
  Phone: (864) 331-0560
  24/7 Crisis Hotline: (864) 467-3633
  Web: www.julievalentinecenter.org

Thomas E. Thorsheim, PhD
Offers individual and group therapy and psychological assessment, specializing in anxiety, OCD, depression, grief, and addiction.
  Address: 45 Greenland Drive, Greenville, SC 29615
  Phone: (864) 421-0098
  Web: www.drthorsheim.com

Three Springs DBT Group of Greenville County, LLC
Provides DBT which is useful for clients with bipolar disorder, depression, anxiety, PTSD or OCD.
  Address: 14 Manly Street, Greenville, SC 29601
  Phone: (864) 242-5551
  Web: www.3springsdbt.com

Touchstone Counseling and Coaching
Offers counseling for individuals, couples, families, and groups, specializing in depression, anxiety, bipolar disorder, sexual abuse, domestic violence, grief, and stress.
  Address: 105 Commons Way, Greenville, SC 29611
  Phone: (864) 451-2258
  Email: giovanna@touchstone-counseling.org
  Web: touchstone-counseling.org
  Payment: offers a sliding scale

Travelers Rest Counseling Associates, LLC
Offers individual and family therapy, couples counseling, and parent education.
  Address: 128 South Main Street, Travelers Rest, SC 29690
  Phone: (864) 918-5515
  Web: travelersrestcounseling.com
  Payment: some associates offer a sliding scale

UPlift Counseling Services, LLC
Offers individual therapy to adolescents and adults, specializing in OCD, coping, depression, anxiety, bipolar disorder, social skills, relationships, and family dynamics.
  Address: 400 South Main Street, Suite C, Mauldin, SC 29662
  Phone: (864) 458-8176
  Web: www.uplifecounselingllc.com

Upstate Family Solutions, LLC
Offers counseling for individuals, couples, and families, specializing in relationships, depression, anxiety, abuse, divorce, grief, and trauma.
  Address: 107 Sunbelt Court, Greer, SC 29650
  Phone: (864) 354-5957
  Email: amywoodmft@gmail.com
  Web: upstatefamilysolutions.com
**Upstate Psychiatry, P.A.**
*Provides psychiatric services to children and adults.*
- **Address:** 27 Memorial Medical Drive, Greenville, SC 29605
- **Phone:** (864) 295-2221
- **Web:** upstatepsychiatry.com

**Upstate Recovery Center**
*Offers therapy to individuals, groups, couples, and families, specializing in sexual addiction, infidelity, partner trauma, depression, anxiety, and PTSD.*
- **Address:** 37 Villa Road, Greenville, SC 29615
- **Web:** upstaterecoverycenter.com

**Wendy Chaney Therapy Services**
*Provides individual, couples, and family therapy, specializing in ADHD, behavior, anger, relationships, anxiety, depression, mood, addiction, school issues, abuse, grief, and PTSD*
- **Address:** 345 Prado Way, Greenville, SC 29607
- **Phone:** (864) 901-8845
- **Email:** wendy@wendychaneyllc.com
- **Web:** www.wendychaneyllc.com
- **Payment:** accepts Medicaid

**William M. Fisher, MD**
*Specializes in behaviors associated with Autism Spectrum Disorder*
- **Address:** 1 Havenwood Lane, Travelers Rest, SC 29690
- **Phone:** (864) 834-8013
- **Payment:** accepts Medicaid

**Willow Tree Counseling**
*Offers counseling for teens, young adults, women, and members of the LGBTQ+ community.*
- **Address:** 9 Toy Street, Greenville, SC 29601
- **Phone:** (864) 729-4184
- **Email:** info@willowtreecounselingsc.com
- **Web:** willowtreecounselingsc.com
- **Payment:** accepts Medicaid

**Wright Choice Consulting, LLC**
*Offers adolescent, adult, couples, and family services, specializing in behavior, mood, anger, domestic violence, behavior, mood, depression, parenting, and ADHD*
- **Address:** 250 South Pleasantburg Drive, Greenville, SC 29607
- **Phone:** (866) 323-7760
- **Email:** wrightchoiceconsulting@gmail.com
- **Web:** wrightchoiceconsulting.org

**Yadira Baez-Lockard, PsyD, LLC**
*Offers individual, family, and group counseling, specializing in criminal forensic, clinical, psychosexual, and neuropsychological assessment and treatment.*
- **Address:** 102 Commons Boulevard, Suite C, Piedmont, SC 29673
- **Phone:** (864) 501-0165
- **Payment:** accepts Medicaid
Counseling Services of Lancaster
Provides adult and adolescent counseling and support services for substance use/abuse.
Address: 114 South Main Street, Lancaster, SC 29720
Phone: (803) 285-6911
Web: www.counselingserviceslancaster.org
Payment: accepts Medicaid

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
Address: 1150 Roddey Drive, Lancaster, SC 29720
Phone: (803) 285-6909
Web: www.scvrd.net

* Horse “N” Around Therapeutic Riding Center
Offers equine therapy for children and adolescents with physical or developmental disabilities.
Address: 2593 North Rocky River Road, Lancaster, SC 29720
Phone: (704) 641-2146
Email: horsenaroundtrc@yahoo.com
Web: www.horsenaroundtrc.org
Payment: accepts Medicaid

^ Catawba Community Mental Health Center - Lancaster Clinic
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
Address: 1906 Highway 521 Bypass South, Lancaster, SC 29720
Phone: (803) 258-7456
Payment: accepts Medicaid and offers a sliding scale

* † Palmetto CASA - Children’s Advocacy Center
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
Address: 106 North York Street, Lancaster, SC 29720
Phone: (803) 286-5232
Web: www.palmettocasa.org
Rebound Behavioral Health
Offers adult inpatient behavioral health and substance abuse treatment, specializing in depression, bipolar disorder, substance abuse, anxiety, PTSD, and co-occurring disorders.

Address: 134 East Rebound Road, Lancaster, SC 29720
Phone: (888) 641-8385
Web: reboundbehavioralhealth.com
Payment: accepts Medicaid for individuals ages 18-21 and 65+

^ The Saluda Counseling Center
Offers psychotherapy for children, adolescents, adults, couples, and families, specializing in art therapy, medication management, anxiety, depression, grief, trauma, stress, addiction recovery, chronic illness, PTSD, and ADD/ADHD.

Address: 700 North Main Street, Lancaster, SC 29720
Phone: (803) 327-6103
Email: contactus@thesaludacenter.net
Web: www.thesaludacenter.org
GateWay Counseling Center
Provides adult and adolescent counseling and support services for substance use/abuse.
Address: 219 Human Services Road, Clinton, SC 29325
Phone: (864) 833-6500
Web: www.gatewaycounseling.org
Payment: accepts Medicaid

Support Services

Mental Health America - Laurens County
Provides advocacy and education about mental illness as well as customized training programs and some support services.
Address: P.O. Box 369, Laurens, SC 29360
Phone: (864) 984-0635
Email: Tjohnson.mha@gmail.com

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
Address: 22861 Highway 67 E, Clinton, SC 29325
Phone: (864) 984-6563
Web: www.scvrd.net

Therapy

Community Care and Counseling of Laurens County
Offers counseling for adults, couples, and families, specializing in anxiety, depression, grief, stress management, trauma, and relationship and parenting issues.
Address: 300 West Main Street, Laurens, SC 29360
Phone: (864) 442-7585
Payment: offers a sliding scale

* ^ Laurens Mental Health Clinic
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
Address: 442 Professional Park Road, Clinton, SC 29325
Phone: (864) 938-0912
Web: www.beckmancenter.com
Payment: accepts Medicaid and offers a sliding scale
* Let's Saddle Up Therapeutic Horsemanship
Offers equine therapy for children, military veterans, and senior adults with physical, mental, social, or emotional challenges.
  Physical Address: Solid Rock Stables, 1907 Durbin Road, Fountain Inn, SC 29644
  Mailing Address: 554 Spring Road, Laurens, SC 29360
  Phone: (864) 871-1744
  Web: www.letssaddleup.org

Lumos Counseling Services
Offers therapy for adolescents, adults, and families, specializing in EMDR, Cognitive Behavioral Therapy (CBT), Solution Focused Therapy, Dialectical Behavior Therapy (DBT), and working with members of the LGBTQ+ community.
  Address: 210 Physicians Park Drive, Suite S, Clinton, SC 29325
  Phone: (864) 939-8224
  Email: jacob@lumoscounselingservices.com
  Web: lumoscounselingservices.com

* Palmetto Equestrian Therapeutic Riding Program
Offers equine therapy for children, adolescents, and adults with cognitive, physical, social, and/or emotional disabilities.
  Address: PO Box 71, Clinton, SC 29325
  Phone: (864) 923-4998
  Email: petprogram@bellsouth.net
  Web: www.petprogram.org

The Winding Road
Offers counseling for children, adolescents, adults, couples, and families, specializing in anxiety, addiction, mood disorders, and trauma.
  Address: 112 Henderson Lane, Laurens, SC 29360
  Phone: (864) 683-8240
  Web: www.thewindingroad.info
  Payment: accepts Medicaid and offers a sliding scale
NEWBERRY COUNTY
Rehabilitation

Westview Behavioral Health Services
Offers inpatient and outpatient services for individuals, couples, and families experiencing alcohol and substance abuse issues, as well as parenting and educational programs.

- **Address:** 800 Main Street, Newberry, SC 29108
- **Phone:** (803) 276-5690
- **Web:** www.westviewbehavioral.org
- **Payment:** accepts Medicaid and offers a sliding scale

Support Services

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.

- **Address:** 2601 Evans Street, Newberry, SC 29108
- **Phone:** (803) 276-8438
- **Web:** www.scvrd.net

Therapy

* Newberry Mental Health Clinic
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

- **Address:** 2043 Medical Park Drive, Newberry, SC 29108
- **Phone:** (803) 276-8000
- **Web:** www.beckmancenter.com
- **Payment:** accepts Medicaid and offers a sliding scale
Anderson/Oconee Behavioral Health Services
Provides adult and adolescent counseling and support services for substance use/abuse.
- **Address:** 691 South Oak Street, Seneca, SC 29678
- **Phone:** (864) 260-4168
- **Email:** aobhs@aobhs.org
- **Web:** www.aobhs.org
- **Payment:** accepts Medicaid and offers a sliding scale

Crossroads of Seneca
Provides outpatient rehabilitation for opiate addiction.
- **Address:** 209 Oconee Square Drive, Seneca, SC 29678
- **Phone:** (864) 888-2337
- **Web:** crossroadstreatmentcenters.com
- **Payment:** accepts Medicaid

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
- **Address:** 1951 Wells Highway, Seneca, SC 29678
- **Phone:** (864) 882-6669
- **Web:** www.scvrd.net

ACG Counseling Center
Offers counseling for children, adults, adolescents, couples, and families, specializing in trauma, EMDR, anxiety, play therapy, depression, addiction, ADHD, ODD, anger, and emotional regulation.
- **Address:** 111 North Earle Street, Walhalla, SC 29691
- **Phone:** (864) 916-4349
- **Email:** admin@acgcounseling.com
- **Web:** www.acgcounseling.org
- **Payment:** accepts Medicaid

Carolina Counseling Professionals
Offers counseling for children, adults, adolescents, families, couples, and groups, specializing in equine assisted therapy, play therapy, trauma, anxiety, depression, transitions, and stress.
- **Address:** 203 Central Park Lane, Suite A, Seneca, SC 29678
- **Phone:** (864) 973-1359
- **Web:** carolinacounselingprofessionals.com
- **Payment:** accepts Medicaid
Cheryl Smart, LISW-CP
Offers counseling for adolescents and adults, specializing in depression, anxiety, trauma, stress, transitions, relationships, and health issues.
  Address: 206 West North 1st Street, Suite C, Seneca, SC 29678
  Phone: (864) 888-4211
  Email: cheryl@cherylsmart.net
  Web: cherylsmart.net/index.html

Fortitude Consulting, Counseling, and Supervision Services, LLC
Offers counseling for children, adolescents, adults, and families, specializing in trauma, PTSD, sexual abuse, veterans, anxiety, and mood disorders.
  Address: 530 Bypass 123, Site E-2, Seneca, SC 29678
  Phone: (864) 952-1219
  Web: fortitudeccss.com

Jeanne Malmgren, MEd, LPC, NCC, CCTP
Offers counseling for adults and groups, specializing in midlife, aging, grief, trauma, depression, anxiety, anger, LGBTQ concern, and transitions.
  Address: 206 West North 1st Street, Seneca, SC 29678
  Phone: (864) 784-1077
  Email: malmgrenjeanne@gmail.com
  Web: upstatecounselor.com

* ^ Oconee Mental Health Clinic
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
  Address: 115 Carter Park Road, Seneca, SC 29678
  Phone: (864) 855-0157
  Web: www.aopmentalhealth.org
  Payment: accepts Medicaid

Sherri S. Brown-Osborne, LISW-CP
Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, working with the LGBTQ+ community, anxiety disorders, grief, trauma, and depression.
  Address: 200 West North 1st Street, Seneca, SC 29678
  Phone: (864) 610-5264
  Payment: offers a sliding scale
Behavioral Health Services of Pickens County
Provides adult and adolescent counseling and support services for substance use/abuse.
   Address: 309 East Main Street, Pickens, SC 29671
   Phone: (864) 898-5800
   Payment: accepts Medicaid and offers a sliding scale

Home with A Heart
Residential treatment for men struggling with alcohol and substance abuse that uses a 12-step and bible-centric approach to recovery.
   Address: 220 James Mattison Road, Liberty, SC 29657
   Phone: (864) 843-3058
   Web: www.homewithaheart.com
   Payment: services are free

^ Recovery Concepts, LLC
Offers Medication Assisted Opioid Dependence Treatment and services for co-occurring disorders.
   Address: 1653 East Main Street, Easley, SC 29640
   Phone: (864) 306-8533
   Email: director@recoveryconcepts.us
   Web: www.recoveryconcepts.us

Therapy

Anchor of Hope Counseling
Offers individual, couples, and family therapy, specializing in building strong relationships, EMDR, grief, resilience, stress, and conflict.
   Address: 110 Liberty Drive, Suite 203, Clemson, SC 29631
   Phone: (864) 654-7858
   Email: hope@anchorofhopecounseling.com
   Web: anchorofhopecounseling.com

Baptist Easley Pastoral Counseling Center
Offers individual, couples, and family counseling, specializing in marriage and family therapy, grief, anxiety, depression, and stress.
   Address: 112 John Street, Suite 101, Easley, SC 29640
   Phone: (864) 442-7585
   Web: www.ghs.org/patients-visitors/visitor-info/spiritualcare/
   Payment: offers a sliding scale

Counseling and Psychological Services of the Upstate
Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, grief, relationships, stress, anger, trauma, ADHD, and sport performance.
   Address: 402-4 Pendleton Road, Clemson, SC 29631
   Phone: (864) 633-0210
   Email: dr ruth@counselingpsychologyupstate.com
   Web: counselingpsychologyupstate.com
DMT Counseling
Offers counseling for adolescents and adults, specializing in anxiety, depression, grief, life transitions, dementia, and chronic health/pain.
   Address: 406 Piedmont Road, Suite 4, Easley, SC 29642
   Phone: (864) 616-1203
   Email: towdenise@gmail.com
   Web: www.dmtcounseling.com

Easley Counseling Services
Offers counseling for adolescents and adults, specializing in substance abuse, depression, ADHD, adjustment, trauma, PTSD, grief, and anxiety.
   Address: 312 East First Avenue, Suite D, Easley, SC 29640
   Phone: (864) 404-6724

Easley Counseling and Training Center
Offers individual, couple, and family counseling, specializing in adjustment disorders and relational difficulties.
   Address: 406 Piedmont Road, Suite 5, Easley, SC 29642
   Phone: (864) 380-5231
   Web: www.rossacollins.com

Family Wellness Counseling Center
Offers counseling for children, adults, adolescents, and families, specializing in adoption issues, transitions, grief, divorce, and aging.
   Address: 316 C West Main Street, Easley, SC 29671
   Phone: (864) 561-6485
   Email: familywellnesscounseling@hotmail.com
   Web: www.sites.google.com/site/familywellness3/home
   Payment: accepts Medicaid and offers a sliding scale

Foothills Community Health Care
A medical home that includes behavioral health services for children, adolescents, and adults, specializing in anxiety, depression, trauma, substance abuse recovery, and grief.
   Address: 403 Hillcrest Drive, Suite E, Easley, SC 29640
   Phone: (864) 343-1220
   Web: www.myfchc.org
   Payment: accepts Medicaid and offers a sliding scale

Kimberly Chastain, MS, LMFT
Offers therapy for adolescents, adults, and couples, specializing in marital and premarital counseling, family conflict, and anxiety.
   Address: 406 Piedmont Road, Easley, SC 29642
   Phone: (864) 220-1177
   Email: kimberly@kimberlychastain.com
   Web: www.kimberlychastain.com
   Payment: offers a sliding scale
Nature’s Way Home Counseling and Life Coaching
Offers nature-based individual and couples counseling, specializing in equine-assisted therapy, anxiety, depression, PTSD, sexual abuse, grief, relationships, and stress.

Address: P.O. Box 1233, Pickens, SC 29671
Phone: (864) 933-8000
Email: shellyascoach@gmail.com
Web: www.shellysmith.org

* Pickens Mental Health Clinic
Offers services to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

Address: 337 West Main Street, Easley, SC 29640
Phone: (864) 878-6830
Web: www.aopmentalhealth.org
Payment: accepts Medicaid

Ravan Counseling Services
Offers counseling for adults, couples, families, and groups, specializing in anger, anxiety, depression, trauma, self-esteem, grief, transitions, phobias, relationships, divorce, and stress.

Address: 404-A East First Avenue, Easley, SC 29640
Phone: (864) 644-8251
Email: jrava.ucca@bellsouth.net
Web: www.ravancounseling.com
Payment: accepts Medicaid

* Robin’s Nest Counseling, LLC
Offers therapy for children, adults, and adolescents, specializing in family therapy, family life adjustments, adolescent issues, grief, and families with children with chronic illness.

Address: 300 Couch Lane, Easley, SC 29642
Phone: (864) 553-6100
Web: www.robinsnestcounseling.com

Southern Solace Counseling, PC
Offers counseling for adolescents and adults, specializing in anxiety, stress, self-esteem, relationships, women’s issues, and depression.

Address: 1011 Tiger Boulevard, Suite 610, Clemson, SC 29631
Phone: (864) 633-7937
Web: www.clemsoncounseling.com

The Family Doctor
Offers counseling for children, adults, adolescents, couples, and families, specializing in Marriage/Family therapy, addiction, divorce mediation, and psychological testing for personality disorders and ADD.

Address: 1011 Tiger Boulevard, Suite 610, Clemson, SC 29631
Phone: (864) 840-8644

The Journey Home
Provides counseling and support to women, specializing in anxiety, depression, grief, loss, abuse, life change, emotional problems, and personality disorders.

Address: 303 South First Street, Easley, SC 29640
Phone: (864) 855-3231
Web: www.thejourneyhomellc.com
* The Well Center
Offers counseling for children, adults, and adolescents, specializing in art therapy, transitions, anxiety, anger, depression, self-esteem, pregnancy and postpartum mental health.

  Address: 209 Pendleton Road, Suite C, Clemson, SC 29631
  Phone: (864) 383-1996
  Email: ginny@wellcentertherapy.com
  Web: www.wellcentertherapy.com

^ Upstate Carolina Counseling Associates
Offers counseling for children, adults, adolescents, and families, specializing in mood disorders, conflict, emotional disturbance, impulse control, and autism.

  Address: 405-A East First Avenue, Easley, SC 29640
  Phone: (864) 644-8251
  Email: admin@UCCASC.com
  Web: upstatecarolinacounseling.com
  Payment: accepts Medicaid and offers a sliding scale

Upstate FORT (Family Oriented Recreation and Therapy)
Offers counseling for children, adults, adolescents, couples, and families, specializing in art therapy, transitions, self-esteem, parenting, and adventure therapy.

  Address: 100 McCollum Street, Suite 2, Clemson, SC 29631
  Phone: (864) 710-0391
  Email: upstatefort@gmail.com
  Web: www.upstatefort.com
  Payment: offers a sliding scale
SPARTANBURG COUNTY
Rehabilitation

^ BHG Spartanburg Treatment Center
Specializes in opioid treatment through Medication-Assisted Treatment (MAT) and addiction counseling.
Address: 239 Access Road, Spartanburg, SC 29303
Phone: (864) 503-0207
Web: spartanburg.bhgrecovery.com
Payment: accepts Medicaid

Celebrate Recovery / Hope Church
A Christ-based approach to addiction recovery
Address: 102 John Dodd Road, Spartanburg, SC 29303
Phone: (864) 497-4642
Email: lhillstock@yahoo.com

Faith Home Inc. Christian Rehabilitation for Alcoholics & Addicts
Provides rehabilitation for individuals with a substance abuse addiction.
Women's Facility: 309 Washington St., Abbeville, SC 29620
Men's Facility: 144 Faith Home Rd., Greenwood, SC 29649
Men's Facility: 180 Battleground Rd., Cowpens, SC 29330
Phone: (864) 223-0694
Email: faithhomegwd@msn.com
Web: www.faithhomegwd.net

FAVOR Spartanburg
Offers addiction recovery coaching services and peer support groups.
Address: Episcopal Church of the Advent, 141 Advent Street, Spartanburg, SC 29302
Phone: (864) 940-1136
Email: favor@favorspartanburg.org
Web: www.favorgreenville.org
Payment: free

GoForth Recovery
Offers housing and a structured environment that allows alcoholics and addicts to recover.
Address: P.O. Box 6560, Spartanburg, SC 29304
Phone: (864) 586-5886
Email: info@goforthrecovery.com
Web: www.goforthrecovery.com

Mel-Med
Medication-assisted recovery for alcohol, opiates, and tobacco recovery.
Address: 1451 East Main Street, Suite 2A, Spartanburg, SC 29307
Phone: (864) 586-3979
Email: DrMel@Mel-Med.com
Web: www.Mel-Med.com
Palmetto Carolina Treatment Center, LLC
Specializes in opiate addiction treatment through Medication-Assisted Treatment (MAT) and counseling.
   Address: 325 Inglesby Parkway, Unit F, Duncan, SC 29334
   Phone: (864) 433-8443
   Web: carolinatreatmentcenters.com/

The Forrester Center for Behavioral Health
Provides adult and adolescent counseling and support services for substance use/abuse.
   Address: 187 W. Broad Street, Spartanburg, SC 29306
   Phone: (864) 582-7588
   Web: www.theforrestercenter.org
   Payment: accepts Medicaid

Support Services

Access Health Spartanburg
Designed to be a link between the uninsured and local health professionals, AccessHealth guides eligible clients to a medical home.
   Address: 631 N Church Street, Spartanburg, SC 29302
   Phone: (864) 560-0190
   Web: accesshealthspartanburg.org
   Payment: free (must not have health insurance and live at or below 150% of the federal poverty level)

Alzheimer's Association
Provides advocacy, education, and support for people living with Alzheimer’s and for all of those impacted by Alzheimer’s including caregivers.
   Address: 901 South Pine Street, Spartanburg, SC 29302
   Phone: (864) 542-9998
   Web: www.alz.org/sc

* Family Connection of SC
Family supports and trainings for families with a member that has a disability.
   Address: 249 North Grove Medical Park Dr., Ste 200, 2nd floor, Spartanburg, SC 29303
   Phone: (864) 585-5462
   Email: info@familyconnectionsc.org
   Web: www.familyconnectionsc.org

Mental Health America—Spartanburg
Provides advocacy and education about mental illness as well as customized training programs and some support services.
   Phone: (864) 345-2523
   Email: nholland@mha-sc.org
NAMI Spartanburg
Provides free education, support groups, and advocacy to people with a mental illness and their families.

Address: 187 W. Broad Street, Spartanburg, SC 20306
Phone: (864) 707-2814
Email: office@namispartanburgsc.org
Web: www.namispartanburgsc.org

New Day Clubhouse
Provides employment services, housing, as well as the day program for individuals with persistent mental illness.

Address: 325 South Church Street, Spartanburg, SC 29306
Phone: (864) 582-5431
Web: www.newdayclubhouse.com
Payment: accepts Medicaid

ReGenesis Community Health Center
Provides quality health care to our community.

Administration / Medical Offices: 460 Langdon Street, Spartanburg, SC 29306
Phone: (864) 582-2411 / (864) 594-4465
Pediatrics/Teen Center & Pharmacy: 750 South Church St., Spartanburg, SC 29306
Phone: (864) 582-2411
Woodruff Office: 220 Irby St., Woodruff, SC 29388
Phone: (864) 670-9415
Web: www.myrhc.org
Payment: accepts Medicaid and offers a sliding scale

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.

Address: 353 South Church St, Spartanburg SC 29306
Phone: (864) 585-3693
Web: www.scvrd.net

Upstate Warrior Solution
Offers support services to former and current military and their families.

Address: 160 East St. John Street, 3rd Floor, Spartanburg, SC 29306
Phone: (864) 977-1288
Email: info@upstatewarriorsolution.org
Web: upstatewarriorsolution.org

Therapy

Almost Perfect Counseling
Specializes in adolescents through adults, individuals, couples, families, anxiety, depression, life changings.

Address: 1714 Boiling Springs Road, Boiling Springs, SC 29316
Phone: (864) 415-5068
Email: almostperfectconsulting@gmail.com
Anna S Rickell, LISW CP  
Offers counseling services for a variety of diagnosis including grief & trauma.  
Address: 210 North Radcliff Way, Spartanburg, SC 29301  
Phone: (864) 541-728 / (914) 714-3816  
Email:anna@rickell.com  

Ashley Kemp Counseling, LLC  
Specializes in ages 15-65, depression, anxiety, trauma, CBT, DBT, and EMDR.  
Address: 707 East Main Street, Spartanburg, SC 29302  
Phone: (864) 932-3215  

Betty Tysinger, Ph.D.  
Specializes in young adults through elderly, couples and families.  
Address: 707 East Main Street, Spartanburg, SC 29302  
Phone: (864) 814-9801  

* Dr. Caleb Loring  
Provides individual therapy, parenting techniques and psychological assessments.  
Address: 324 East Saint John Street, Suite B, Spartanburg, SC 29302  
Phone: (864) 641-6979  
Web: www.drcalebloring.com  

Carrie H. Edmonds, LPC  
Offers individual and family counseling.  
Address: 561 East Main Street, Spartanburg, SC 29301  
Phone: (864) 706-2265  
Email: carrie@chelpc.com  

† Children’s Advocacy Center of Spartanburg, Cherokee, & Union  
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.  
Address: 100 Washington Place, Spartanburg, SC 29302  
Phone: (864) 515-9922, ext. 112  
Web: cacsp.org  

Coda Counseling  
Specializes in age 4+, individuals and families, substance abuse, anxiety, OCD, depression, mood management, and grief/loss.  
Address: 110 South Dean Street, Spartanburg, SC 29302  
Phone: (864) 316-8242  

Counseling on Pine  
Specializes in ages 12+, individuals, anxiety, self-esteem, and life transitions.  
Address: 378 South Pine Street, Suite 3, Spartanburg, SC 29302  
Phone: (864) 568-0252  

David G Heatherly, PhD  
Specializes in children 10+, adults, individuals, couples and families.  
Address: 707 East Main Street, Spartanburg, SC 29302  
Phone: (864) 542-9601
Denise Levereaux, MSW
Specializes in adults, individuals, trauma, PTSD, anxiety and depression, work stress, divorce, family conflicts, and social stressors.
Address: 1953 Old Reidville Road, Spartanburg, SC 29301
Phone: (864) 680-0495
Web: dltherapy.com/

Don Foster and Associates, Inc.
Specializes in addiction, co-occurring disorders, and offender counseling.
Address: 975 Asheville Highway, Spartanburg, SC 29303
Phone: (864) 235-5666

Elena Mendez Counseling
Specializes in Asperger/high functioning Autism issues, children, adolescents, adults, individuals, couples, and families.
Address: 2165 Chesnee Highway, Spartanburg, SC 29303
Phone: (864) 237-5961
Web: elenamendezcounseling.com
Payment: offers a sliding scale

Elizabeth Perry Counseling, LLC
Specializes in individuals and couples with anxiety, depression, eating disorders, codependency, addiction recovery, and low self-esteem.
Address: 243 East Blackstock Road, Suite 3, Spartanburg, SC 29301
Phone: (864) 383-0248
Payment: accepts Medicaid and offers a sliding scale

* Emerge Family Therapy Center & Teaching Clinic
Provides individual, couples, marriage and family counseling.
Address: 138 Dillon Drive, Spartanburg, SC 29307
Phone: (864) 583-1010
Web: www.emergeftc.org
Payment: offers a sliding scale

Eubanks Peer Support Living Room
A safe space where individuals can find support and resources to prevent a behavioral health crisis.
Address: 358 Serpentine Drive, Spartanburg, SC 29303
Phone: (864) 591-3501

Family Builders Counseling Services
Offers individuals, couples, families, children, teenagers, and adults the opportunity to achieve their goals through the counseling process.
Address: 1965 Old Furnace Rd., Boiling Springs SC 29316
Phone: (864) 327-6304
Email: kevin.cooksey@familybuilderscounseling.com
Web: familybuilderscounseling.com
Payment: accepts Medicaid
Full Circle Counseling  
Specializes in ages 6+, adults, anxiety, bipolar, depression, substance abuse, parenting, marital issues  
Address: 199 Spartanburg Hwy., Lyman, SC 29365  
Phone: (864) 559-8944  
Payment: accepts Medicaid  

* Gateway Children’s Mental Health Services  
Specializes in children and adolescents (ages birth to 18), offering general practice.  
Address: 397 Serpentine Drive, Suite B, Spartanburg, SC 29303  
Phone: (864) 406-6041  
Email: referrals@gatewaychildrens.com  
Web: www.gatewaychildrens.com  
Payment: accepts Medicaid  

Ginger Church, LPC-I  
Specializes in teens, depression, anxiety, and divorce issues.  
Address: 561 East Main Street, Spartanburg, SC 29302  
Phone: (864) 909-0604  
Payment: offers a sliding scale  

Gordon Consulting and Counseling  
Specializes in adults, individuals, couples, addictions and mood disorders.  
Address: 167 Alabama Street, Spartanburg, SC 29302  
Phone: (864) 921-5721  

Grey Group  
Specializes in adults, military, PTSD, adjustment disorders, grief/loss, anxiety and dual diagnosis.  
Address: 958 East Main Street, Suite B, Spartanburg, SC 29302  
Phone: (864) 817-9008  
Web: www.greygroupcounseling.com  

H&W Enterprises (Health and Wellness Outpatient Practice)  
Provides individual, family, group and medication therapy.  
Address: 1524 John B. White Sr. Boulevard, Suite 6, Spartanburg. SC 29301  
Phone: (864) 586-3300  
E-mail: tpeoples@hwenterprisesofnc.com  
Web: healthandwellnessofsc.com  

* HALTER Therapeutic Riding Center  
Therapeutic Horseback Riding program serving people with special needs.  
Address: 1400 Carolina Club Rd, Spartanburg, SC 29302  
Phone: (864) 586-1671  
Web: www.haltersc.org  
Payment: offers scholarships available  

* Hart to Heart Therapy  
Specializes in children, adolescents, adults, couples and families, grief, trauma, crisis care, abuse/neglect, anxiety, depression, and spiritual care.  
Address: 101 North Pine Street, Suite 210, Spartanburg, SC 29302  
Phone: (864) 920-1202  
Web: www.aliciahart.net
Healing Solutions, LLC
Offers individual, couples, and family counseling services.
Address: 340 East Main Street, Suite 102, Spartanburg, SC 29302
Phone: (864) 707-2167
Email: amymorgan@hsccg.org
Web: facebook.com/healingsolutionsllc
Payment: accepts Medicaid

* In Step Counseling
Specializes in children 7-12, adolescents, and young adults.
Address: 175 Magnolia Street, Suite 106, Spartanburg, SC 29306
Phone: (864) 310-6776
Payment: accepts Medicaid

Intrinsic Therapy, LLC
Provides individual, family, group, adolescent counseling specializing in relational conflicts, emotional disturbances, and disordered eating.
Address: 101 N Pine Street, Suite 303, Spartanburg, SC 29302
Phone: (864) 464-9029
Payment: accepts Medicaid (Molina) and offers a sliding scale

Janet Barnes McConnell Counseling
Specializes in individuals and couples with relationship problems, adult survivors of childhood sexual abuse, and sexual intimacy issues.
Address: 157 Hall Street, Spartanburg, SC 29302
Phone: (864) 474-5695

Jessica Loving Counseling, LLC
Specializes in depression, anxiety, and PTSD.
Address: 601 West Main Street, Spartanburg, SC 29301
Phone: (864) 706-6423
Payment: accepts Medicaid

JM Skinner-Johnson, LISW-CP
Specializes in children, families, anxiety, trauma, attachment struggles, depression, adjustment issues, and EMDR.
Address: 601 West Main Street, Spartanburg, SC 29301
Phone: (864) 513-4265

JoAnn Smith, MDiv, LMFT, LPC
Specializes in children, adolescents, adults, couples, trauma survivors, addiction, dissociative personality disorder, and spirituality.
Address: 331 Bryant Road, Spartanburg, SC 29303
Phone: (864) 977-8120
Payment: accepts Medicaid

Joseph Grace, PhD
Specializes in children, adolescents, adults, couples, ADHD, alcoholism, personality dynamics, and disability evaluations.
Address: 853 North Church Street, Suite 510, Spartanburg, SC 29303
Phone: (864) 560-1512
Kim Minnick, LISW-CP, CAC II, MAC  
Specializes in ages 11+, tweens, teens and young adults, adults, couples, addictions, mood disorders, and women’s issues.  
Address: 561 East Main Street, Spartanburg, SC 29302  
Phone: (864) 363-0063

Linda Cooper, LPC, NCC  
Specializes in ages 12+, depression, bipolar, addiction, grief, trauma  
Address: 154 Wyatt Road, Boiling Springs, SC 29316  
Phone: (864) 529-7473

* Living Stones Family Services  
Offers individual therapy using cognitive approach, specializing in trauma, grief, depression, child therapy, sexual abuse, and anger.  
Address: 101 North Pine Street, Suite 303, Spartanburg, SC 29302  
Phone: (864) 663-5615  
Email: lipscomb.livingstonesfs@gmail.com  
Payment: accepts Medicaid

Magnolia Counseling Associates  
Provides therapy specializing in trauma, bipolar disorder, depression, anxiety and eating disorders, and behavioral problems.  
Address: 153 North Spring Street, Spartanburg, SC 29306  
Phone: (864) 583-5969  
Web: www.magnoliaicounseling.net

^ MGC Psychiatry  
Specializes in psychiatric care for geriatric patients.  
Address: 391 Serpentine Drive, Suite 400, Spartanburg, SC 29303  
Phone: (864) 560-7517  
Payment: accepts Medicaid

Middle Tyger Community Center  
Provides free medical clinic hours, counseling services, and additional community services and supports.  
Address: 84 Groce Road, Lyman, SC 29365  
Phone: (864) 439-7760  
Web: www.middletyger.org  
Payment: offers a sliding scale

Monique Watson, LPC, NBCC, MAC, CACII  
Balancing Act Coaching & Consulting, LLC  
Specializes in individuals, couples, families, addictions, coaching, and weight management.  
Address: 354 Marion Avenue, Spartanburg, SC 29306  
Phone: (864) 205-7660

New Beginnings Counseling Services  
Specializes in ages 6+, children and families, couples, anxiety, depression, ADHD, ADD, trauma, relationship issues, and military/veteran support.  
Address: 145 North Church Street, Spartanburg, SC 29306  
Phone: (864) 266-3393  
Payment: accepts Medicaid
New Horizons Counseling
*Provides individual, couples and family therapy.*
  *Address:* 1714 Boiling Springs Road, Boiling Springs, SC 29316
  *Phone:* (864) 764-1007
  *Web:* newhorizonscounselingsc.com

North Grove Counseling Associates
*Offers individual, couples, and family counseling services.*
  *Address:* 240 North Grove Medical Park Drive, Spartanburg SC 29303
  *Phone:* (864) 699-9213
  *Web:* northgrovecounseling.com

* ^ Palmetto Child & Family Psychiatry, LLC
*Specializes in children, adolescents, and young adults (under 50).*
  *Address:* 104 North Daniel Morgan Avenue, #110, Spartanburg, SC 29306
  *Phone:* (864) 327-1789

* Palmetto Counseling and Play Therapy
*Specializes in children 3+, adolescents, adults, individuals and family, anxiety, play therapy, depression, life adjustments, and parenting support.*
  *Address:* 1965 Old Furnace Road, Boiling Springs, SC 29316
  *Phone:* (864) 542-7140
  *Web:* www.palmettotherapy.com

Palmetto Family Enrichment Center, P.C.
*Offers counseling for a variety of mental health diagnosis.*
  *Address:* 1330 Boiling Springs Road, Suite 2800, Spartanburg, SC 29303
  *Phone:* (864) 573-6908

Pathfinder Counseling & Consulting, LLC
  *Address:* 1032 Union Street, Spartanburg, SC 29302
  *Phone:* (864) 205-1110
  *Email:* patty@pathfindersc.com

Pathways Pastoral Counseling
*Provides individual and family therapy and can support families struggling through chronic illness and cancer.*
  *Address:* 400 Dupre Dr., Spartanburg, SC 29307
  *Phone:* (864) 542-3019
  *Web:* www.pathwayspc.com
  *Payment:* accepts Medicaid

Piedmont Care, Inc.
*Provides HIV/AIDS testing, prevention, counseling and linkages to resources.*
  *Address:* 101 North Pine Street, Suite 200, Spartanburg, SC 29302
  *Phone:* (864) 582-7773
  *Web:* www.piedmontcare.org
* Project Hope
Offers ABA therapy and other services for children and adults with autism and their caregivers.
   Address: 200 Elford Court, Spartanburg, SC 29306
   Address: 751 East Georgia Street, Woodruff, SC 29388
   Address: 51 Cavins Road, Woodruff, SC 29388
   Phone: (864) 676-0028
   Web: www.projecthopesc.org
   Payment: accepts Medicaid

^ Psychiatric Associates of Spartanburg, PA
Offers client centered therapy for a wide range of conditions.
   Address: 943 N Church St, Spartanburg, SC 29303
   Phone: (864) 585-2214

^ Psychiatric Associates of Spartanburg, PA
Offers client centered therapy for a wide range of conditions.
   Address: 943 N Church St, Spartanburg, SC 29303
   Phone: (864) 585-2214

Recreating Positive Living, LLC
Offers counseling services to individuals and families.
   Address: 2375 East Main Street, Suite A105, Office 102, Spartanburg SC 29307
   Phone: (864) 415-8640

Renaissance Therapy & Forensic Counseling Center
Specializes in children 10+, adolescents, adults, couples and families, anxiety, depression, bipolar, borderline personality disorder, anger management, DBT, and substance abuse.
   Address: 1090 Boiling Springs Road, Spartanburg, SC 29302
   Phone: (864) 573-5956

River Rock Therapy
Specializes in children and teens, anxiety, trauma, and grief
   Address: 175 Magnolia Street, Suite 102, Spartanburg, SC 29306
   Phone: (864) 809-3516

Ruth C. Compton, LPC-I
Provides group, individual, and play therapy and often uses CBT.
   Address: 707 East Main Street, Spartanburg, SC 29302
   Phone: (864) 316-5910
   Email: ruthcompton6@gmail.com
   Web: www.ruthcompton.com

† SAFE Homes
Offers resources and counseling services for victims of domestic violence and sexual assault.
   Address: 236 Union Street, Spartanburg, SC 29302
   Phone: (864) 583-9803
   Email: shrcc@aol.com
   Web: www.shrcc.org
St. Luke’s Free Medical Clinic
Provides free medical care and counseling services to uninsured.

Address: 162 North Dean Street, Spartanburg, SC 29302
Phone: (864) 542-2273
Email: info@slfmc.org
Web: www.slfmc.org
Payment: free (must meet income guidelines and not have any insurance)

* Shannon Rogers Therapy
Specializes in children, adolescents, adults and family therapy, ADHD, anxiety, anger, depression, social skills, and parenting.

Address: 324 East St. John Street, Suite F, Spartanburg, SC 29302
Phone: (864) 278-0070
Web: shannonrogerstherapy.com

Shelby Albright, LLC
Offers counseling for adolescents, adults, couples, and families, specializing in anxiety, and working with the LGBTQ+ community.

Address: 324 East Saint John Street, Suite D2, Spartanburg, SC 29302
Phone: (864) 513-6394
Payment: offers a sliding scale

Skylyn Counseling
Specializes in couples therapy, family and individual therapy, parenting supports, depression, anxiety, and conflict resolution.

Address: 503 West 2nd Street, Spartanburg, SC 29301
Phone: (864) 585-5010
Email: landa@skylynncounseling.com
Web: www.skylynncounseling.com
Payment: accepts Medicaid

* ^ Spartanburg Area Mental Health
Offers service to adults, children, and their families affected by significant mental illness or emotional disorders.

Address: 250 Dewey Avenue, Spartanburg, SC 29303
Phone: (864) 585-0366
24 Hour Emergency On Call Spartanburg: (864) 585-0366
Deaf/Hard of Hearing Emergency After Hours: deaf hotline@scdmh.org
Web: www.sparmhc.org
Payment: accepts Medicaid, offers a sliding scale

† Stacey L. Jackson, LPC
Offers counseling services specializing in domestic violence, PTSD, trauma, sexual abuse, personality disorders, sexuality, and spirituality.

Address: 2375 East Main Street, Suite A-105, Spartanburg, SC 29307
Phone: (864) 398-9322
Email: sljacksonlpc@gmail.com
Payment: accepts Medicaid
Steve L. Glenn, MA/LPC
Offers individual, couples, and family counseling.
Address: 10 Tims Creek Road, Roebuck, SC 29376
Phone: (864) 804-8278

The Center for Counseling
Offers counseling services to individuals and families.
Address: 1012 South Blackstock Road, Landrum, SC 29356
Phone: (864) 350-6335
Payment: accepts Medicaid and offers a sliding scale

Transitions Therapy
Specializes in adolescents 16+, adults, and veterans.
Address: 175 Magnolia Street, Suite 104, Spartanburg, SC 29306
Phone: (864) 497-2882

Trinity Place, LLC
Offers individual and family counseling, specializing in LGBT and transgender individuals, and anxiety.
Address: 236 Union Street, Suite 2, Spartanburg, SC 29302
Phone: (864) 649-6272

* Turning Leaves for Children
Offers therapy for children, specializing in trauma, grief, and high conflict divorce cases.
Address: 601 West Main Street, Spartanburg, SC 29301
Phone: (864) 598-9461
Web: turningleavesforchildren.com

^ Upstate Psychiatric Associates
Offers services to all ages, specializing in ADD/ADHD, refractory, neuroendocrine assessments, genetic testing, disorders of amino acid metabolism, and affective disorder.
Address: 1330 Boiling Springs Road, Suite 2800, Spartanburg, SC 29303
Phone: (864) 585-0328

WellSource Counseling, LLC
Specializes in children, adolescents, adults, couples, family, anxiety, self-esteem, addiction and dual diagnosis.
Address: 101 North Pine Street, Suite 210, Spartanburg, SC 29302
Phone: (864) 990-4324
Payment: accepts Medicaid and offers a sliding scale

Winzai Amadi Counseling Services
Specializes in children, adolescents, adults, ADHD, severe emotional and behavioral disturbance, substance abuse, trauma, and parenting issues.
Address: 700 Squires Point, Unit B, Duncan, SC 29334
Phone: (864) 249-3756
Payment: accepts Medicaid
UNION COUNTY
Rehabilitation

Union County Commission on Alcohol and Drug Abuse
Provides adult and adolescent counseling and support services for substance use/abuse.
   Address: 201 South Herndon Street, P.O. Box 844 Union, SC 29379
   Phone: (864) 429-1667
   Payment: accepts Medicaid and offers a sliding scale

Support Services

SC Vocational Rehabilitation Department
Prepares and assists individuals with disabilities for employment.
   Address: 131 North Main Street, Jonesville, SC 29353
   Phone: (864) 475-5000
   Web: www.scvrd.net

Therapy

* ^ Union Mental Health Center
Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
   Address: 130 Medical Sciences Drive, Union, SC 29379
   Phone: (864) 427-1224
   24-Hour Emergency On-Call Services: 1(800) 277-1366
   Deaf/Hard of Hearing after hours contact: deaf hotline@scdmh.org
   Payment: accepts Medicaid, offers a sliding scale
**YORK COUNTY**

**Rehabilitation**

**Keystone Substance Abuse Services**
*Provides inpatient and outpatient services for substance use/abuse, and prevention and education programs.*

**Address:** 199 South Herlong Avenue, Rock Hill, SC 29732  
**Phone:** (803) 324-1800  
**Email:** info@keystoneyork.org  
**Web:** www.keystoneyork.org  
**Payment:** accepts Medicaid

**Rock Hill Treatment Specialists**
*Offers outpatient rehabilitation services for individuals dependent or addicted to narcotics.*

**Address:** 1274 East Main Street, Rock Hill, SC 29730  
**Phone:** (803) 526-7666  
**Email:** rockhilltreatment@gmail.com  
**Web:** www.rockhilltreatment.com

**Support Services**

**NAMI Piedmont Tri-County**
*Provides free education, support groups, and advocacy to people with a mental illness and their families.*

**Address:** 421 Oakland Avenue, Rock Hill, SC 29730  
**Address:** P.O. Box 3626, Rock Hill, SC 29732  
**Phone:** (803) 610-8174  
**Email:** NamiPTC@gmail.com  
**Web:** www.namipiedmont.org

**SC Vocational Rehabilitation Department**
*Prepares and assists individuals with disabilities for employment.*

**Address:** 1020 Heckle Boulevard, Rock Hill, SC 29732
**Phone:** (803) 327-7106  
**Web:** www.scvrd.net
Therapy

Affinity Health Center
A full-service family practice offering a wide range of healthcare services including counseling and mental health services.
  Address: 455 Lakeshore Parkway, Rock Hill, SC 29730
  Address: 300 Clinton Avenue, Clover, SC 29710
  Address: 120 East Elliot Street, Fort Mill, SC 29715
  Address: 37 Pinckney Street, York, SC 29745
  Phone: (803) 909-6363
  Email: info@affinityhealthcenter.org
  Web: www.affinityhealthcenter.org
  Payment: accepts Medicaid and offers a sliding scale

* Anderson Counseling and Education
Offers counseling for children, adolescents, adults, couples, and families, specializing in self-esteem, trauma, sexual abuse, grief, depression, anxiety, marital counseling, and play therapy.
  Address: 100 Stone Village Drive, Suite 104-B, Fort Mill, SC 29708
  Phone: (980) 404-2365
  Web: www.andersonedcounsel.org
  Payment: accepts Medicaid and offers a sliding scale

Ann Clark, MA, LPC
Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, anxiety, anger, stress, addiction recovery, and spiritual matters.
  Address: 830 North Jones Avenue, Rock Hill, SC 29730
  Phone: (803) 448-0086
  Web: www.rockhillcounselor.com
  Payment: accepts Medicaid and offers a sliding scale

Bridgebuilders Family and Youth Services, Inc.
Offers therapy for children, adults, adolescents, families, and groups.
  Address: 2025 Ebenezer Road, Suite G-2, Rock Hill, SC 29732
  Phone: (803) 619-6900
  Email: info@BBFYS.com
  Web: www.bbfys.com

* Brown Clinical Services
Offers counseling for children, adolescents, adults, couples, and families, specializing in grief, abuse, behavior, ADHD, ODD, PTSD, anger, depression, anxiety, and attachment.
  Address: 1612 Ebenezer Road, Suite 203, Rock Hill, SC 29732
  Phone: (803) 328-1624
  Email: info@brownclinicalservice.com
  Web: www.brownclinicalservice.com
  Payment: accepts Medicaid

Carolina Community Counseling
Offers child, adolescent, adult, and family counseling, specializing in conflict, coping, anxiety, emotional disturbance, stress, depression, and relationships.
  Address: 2012 West Highway 160, Suite 9, Fort Mill, SC 29708
  Phone: (866) 652-0093
Carolina Counseling Center
*Offers therapy for individuals, couples, and families, specializing in anxiety, depression, PTSD, stress, and anger.*
  
  **Address:** 1721 Ebenezer Road, Suite 215, Rock Hill, SC 29732  
  **Phone:** (803) 366-7404  
  **Web:** carolinacommunitycounseling.org

^ Catawba Community Mental Health Center
*Offers services to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.*
  
  **Address:** 448 Lakeshore Parkway, Suite 205, Rock Hill, SC 29730  
  **Phone:** (803) 328-9600

York Adult Services
  
  **Address:** 205 Piedmont Boulevard, Suite 100, Rock Hill, SC 29732  
  **Phone:** (803) 327-2012

Catawba Family Center (Child, Adolescents, and Families Clinic)
  
  **Address:** 448 Lakeshore Parkway, Suite 110, Rock Hill, SC 29730  
  **Phone:** (803) 329-3177  
  **Payment:** accepts Medicaid and offers a sliding scale

Charlotte Counseling and Consulting, PLLC
*Offers therapy for children, adults, adolescents, couples, and families, specializing in addiction, behavior, trauma, and emotional disturbance.*
  
  **Address:** 454 South Anderson Road, Suite 134, Rock Hill, SC 29730  
  **Phone:** (704) 771-4633  
  **Email:** j.funderburg@cccpllc.com  
  **Web:** jamarrfunderburg.wixsite.com/website  
  **Payment:** accepts Medicaid and offers a sliding scale

Christian Counseling Center
*Offers counseling for adults, couples, and groups, specializing in marriage and relationships, anxiety, stress, depression, grief, and self-esteem.*
  
  **Address:** 229 Johnston Street, Rock Hill, SC 29730  
  **Phone:** (803) 325-5603  
  **Email:** roger@christiancounseling3.com  
  **Web:** www.christiancounseling3.com

Eagle’s Nest Counseling
*Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, CBT, DBT, women’s issues, self-esteem, codependency, and LGBT.*
  
  **Address:** 331 East Main Street, Suite 200, Rock Hill, SC 29730  
  **Phone:** (803) 909-9347  
  **Web:** www.eaglesnestcounseling.com
Executive Counseling
Offers counseling for children, adolescents, adults, couples, and families, specializing in Christian counseling, addiction, trauma, grief, depression, anxiety, and relationships.
Address: Fort Mill, SC 29708
Phone: (803) 220-2618
Web: www.executivecounseling.org
Payment: accepts Medicaid and offers a sliding scale

Fort Mill Psychotherapy
Offers therapy for adolescents, adults, couples, and families, specializing in addiction, self-esteem, relationships, grief, stress, parenting, and coping.
Address: 100 Stone Village Drive, Fort Mill, SC 29708
Phone: (855) 588-2532
Web: fortiomillpsychotherapy.com

Four Seasons Counseling Services
Offers counseling and therapy for adolescents, adults, couples, and families, specializing in depression, anxiety, grief, stress, relationships, and transitions.
Address: 454 South Anderson Road, Suite 305A, Rock Hill, SC 29730
Phone: (803) 327-0058
Web: www.dcoopertherapist.com

Hyatt Counseling, LLC
Offers counseling for children, adolescents, adults, and families, specializing in trauma, grief, anxiety, addiction, depression, and change.
Address: 2106 Celanese Road, Rock Hill, SC 29732
Phone: (803) 307-4647
Email: info@michellehyatt.com
Web: www.michellehyatt.com
Payment: offers a sliding scale

Inner Transformation Therapeutic Services, PLLC
Offers counseling for children, adolescents, and adults specializing in trauma, grief, anxiety, depression, relationships, and stress.
Address: 331 East Main Street, Rock Hill, SC 29730
Phone: (980) 209-3222
Email: info@innertransformationpllc.com
Web: innertransformationpllc.com
Payment: accepts Medicaid

Journeys of Life Therapeutic Resources
Offers counseling to children, adolescents, adults, and families, specializing in depression, self-esteem, life stressors, and anger.
Address: 2025 Ebenezer Road, Suite G, Rock Hill, SC 29732
Phone: (803) 280-5349
Email: info@journeysoflifetherapy.com
Web: www.journeysoflifetherapy.com
Payment: accepts Medicaid and offers a sliding scale
Kim Engel-Hughes, LPC  
Offers counseling to adults and families, specializing in anxiety, OCD, depression, relationships, abuse, LGBT issues, food allergies, trauma, and parenting.  
Address: 1700 First Baxter Crossing, Suite 204, Fort Mill, SC 29708  
Phone: (803) 547-1106  
Email: kengelhughesterapy@gmail.com  
Web: www.engelhughesterapy.com

Dr. Lois Vernon  
Provides individual, couples, and family counseling, specializing in depression, anxiety, parenting support, grief, work and career issues, stress, addiction, and conflict.  
Address: 229 Johnston Street, Rock Hill, SC 29730  
Phone: (803) 448-6333  
Web: www.drloisveronen.com

Lucy Bedenbaugh, M.ed, LPC  
Provides therapy for adolescents, adults, and couples, specializing in relationship issues, coping skills, anxiety, addiction, depression, grief, trauma, and life transitions.  
Address: 1624 Ebenezer Road, Rock Hill, SC 29732  
Phone: (803) 274-1567  
Web: www.lucybedenbaughlpc.com

Milestone Counseling, LLC  
Offers counseling for children, adolescents, and adults, specializing in trauma, anxiety, depression, EMDR, and borderline personality disorder.  
Address: 150 BW Thomas Drive, Suite 105, Fort Mill, SC 29708  
Phone: (803) 616-1691  
Email: rebeccagray@milestonecounselingllc.com  
Web: milestonecounselingllc.com  
Payment: offers a sliding scale

New Hope Carolinas  
A psychiatric residential treatment facility for adolescents ages 12-21, specializing in emotional and behavioral issues, trauma, self-injury, anger, substance abuse, intellectual disability, PTSD, developmental disability, and mood disorders.  
Address: 101 Sedgewood Drive, Rock Hill, SC 29732  
Phone: (877) 328-9300  
Web: www.newhopetreatment.com  
Payment: accepts Medicaid

North Central Family Medical Center  
A community health center offering counseling services.  
Address: 1131 Saluda Street, Rock Hill, SC 29370  
Phone: (803) 325-7744  
Web: www.northcentralmed.com  
Payment: accepts Medicaid and offers a sliding scale
* Palermo Counseling Services
Offers counseling for children, adults, adolescents, and families, specializing in behavior, school issues, ADD/ADHD, substance use, anger, mood disorders, stress, relationships, and attachment.
  Address: 302 Tm Hall Street, Fort Mill, SC 29715
  Phone: (803) 322-0447
  Email: palermocounseling@gmail.com
  Web: palermocounseling.wixsite.com/palermocounseling2

* Palmetto Counseling & Consulting Services, LLC
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in clinical evaluation/diagnostic assessment, depression, anxiety, ADHD, CBT, DBT, substance abuse, and anger.
  Address: 1721 Ebenezer Road, Suite 225, Rock Hill, SC 29732
  Phone: (803) 329-9639
  Web: palmettocounselingconsulting.com

^ Pinnacle Point Supportive Services, LLC
Offers behavioral health services for children, adolescents, and adults, specializing in mood disorders, anger, coping, substance abuse, medication management, Medicaid targeted case management, and parenting.
  Address: 154 Amendment Avenue, Suite 203, Rock Hill, SC 29732
  Phone: (704) 749-8833
  Web: www.pinnaclepointllc.com
  Payment: accepts Medicaid and offers a sliding scale

* RideAbility Therapeutic Riding Center
Offers equine therapy for children, adults, and families with special needs to promote emotional, social, physical and psychological wellbeing.
  Address: 937 Stallion Spirit Trail, Clover, SC 29710
  Phone: (803) 222-6008
  Email: rideabilitysc@gmail.com
  Web: www.rideabilitysc.com

* † Safe Passage Children’s Advocacy Center
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
  Address: 104 Oakland Road, Rock Hill, SC 29730
  Phone: (803) 327-7558
  Web: www.safepassagesc.org

Simone Esquibel, LICSW
Offers therapy for children, adolescents, adults, couples, and families, specializing in trauma, mood disorders, ADD/ADHD, grief, sexual assault/abuse, and the LGBTQ community.
  Address: Williams Road, Fort Mill, SC 29715
  Phone: (843) 315-5112
  Email: simoneesq@gmail.com
  Web: www.simoneesquibel.com
  Payment: accepts Medicaid and offers a sliding scale
* Stepping Stones Counseling Services, LLC
Offers therapy for children, adolescents, adults, couples, and families, specializing in play therapy, depression, anxiety, trauma, relationships, and work conflicts.
   Address: 1365 Ebenezer Road, Rock Hill, SC 29732
   Phone: (803) 817-7837
   Web: steppingstonescounselingsc.com
   Payment: accepts Medicaid

Susan H. Bullard, LISW-CP
Provides psychotherapy for children, adolescents, and adults, specializing in anxiety, codependency, depression, grief, life transitions, relationships, self-esteem, and trauma.
   Address: 1624 Ebenezer Road, Rock Hill, SC 29732
   Phone: (803) 599-8869
   Web: www.susanbullardtherapy.com

Sweet Fire Counseling
Offers counseling for adults, couples, families, and groups, specializing in relationships, infidelity, anxiety, depression, ADHD, grief, trauma, and personality disorders
   Address: 229 Johnston Street, Rock Hill, SC 29730
   Phone: (803) 524-3480
   Web: www.sweetfirecounseling.com

The Mediation and Family Services Center, Inc.
Offers counseling for adults and families, specializing in anxiety, depression, grief, marital difficulties, and Family Court Mediation.
   Address: 1477 Ebenezer Road, Rock Hill, SC 29732
   Phone: (803) 389-6222
   Web: www.mediationandfamily.com
   Payment: accepts Medicaid

^ The Saluda Counseling Center
Offers psychotherapy for children, adolescents, adults, couples, and families, specializing in art therapy, medication management, depression, anxiety, grief, trauma, stress, PTSD, addiction, chronic illness, and ADHD.
   Address: 2400 West Main Street, Rock Hill, SC 29732
   Address: 2955 Highway 160W, Fort Mill, SC 29708
   Phone: (803) 327-6103
   Email: contactus@thesaludacenter.net
   Web: www.thesaludacenter.org

* Thompson Community Counseling Center
Offers counseling services for children, adolescents, and families, specializing in depression, anxiety, anger, trauma, family conflict, divorce, ODD, and communication.
   Address: 377 Rubin Drive, Suite 204, Fort Mill, SC 29708
   Phone: (704) 376-7180
   Web: www.thompsoncff.org
   Payment: accepts Medicaid
Archway Counseling
Offers outpatient drug and alcohol addiction treatment services for adolescents and adults.
  Address: 222 West Union Street, Morganton, NC 28655
  Phone: (828) 475-1804
  Payment: accepts Medicaid

* † Burke County Children’s Advocacy Center - Gingerbread House
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
  Address: 408 South Green Street, Morganton, NC 28655
  Phone: (828) 430-9949
  Email: burkecac@southmountain.org
  Web: www.southmountain.org/childrens-advocacy-centers/

Burke Recovery
Offers addiction treatment for adolescents, adults, and families, including outpatient and residential services, and recovery support.
  Address: 203 White Street, Morganton, NC 28655
  Phone: (828) 433-1221
  Web: www.burkerecovery.com
  Payment: accepts Medicaid and offers a sliding scale

Groups Recover Together
Offers Suboxone treatment and therapy for opiate addiction.
  Address: 214 Avery Avenue, Morganton, NC 28655
  Phone: (800) 683-8313
  Email: info@joinGroups.com
  Web: www.joingroups.com

The Cognitive Connection
Offers substance use treatment services including assessments, dual disorder treatment, employment training, cognitive behavioral intervention, peer support, outpatient services, group therapy, and suboxone treatment.
  Address: 350 East Parker Road, Morganton, NC 28655
  Phone: (828) 391-5026
  Email: info@thecogcon.com
  Web: www.thecogcon.com
  Payment: accepts Medicaid and offers a sliding scale
Therapy

* ^ A Caring Alternative
Offers therapy and intensive in-home services for children and adolescents, and offers therapy and support services for adults, specializing in mental health and substance use disorders.

  Address: 301 East Meeting Street
  Address: 617 South Green Street, Suite 200, Suite 102, Morganton, NC 28655
  Phone: (828) 437-3000
  Email: info@caringalternative.com
  Web: www.caringalternative.com

^ Burke Integrated Health
Offers therapy for individuals, families and groups, psychiatric care and medication management, peer support, and substance abuse services including suboxone treatment, intensive outpatient treatment, outpatient treatment, and dual-diagnosed treatment.

  Address: 301 East Meeting Street, Suite 101, Morganton, NC 28655
  Phone: (828) 624-0300
  Email: info@burkeintegratedhealth.com
  Web: burkeintegratedhealth.com
  Payment: accepts Medicaid and offers a sliding scale

^ Catawba Valley Behavioral Healthcare
Offers a day treatment program, residential services, peer support, crisis services, and outpatient treatment for individuals with intellectual developmental disabilities or behavioral health disorders.

  Address: 301 East Meeting Street, Suite 104, Morganton, NC 28655
  Phone: (828) 624-1900
  Web: www.cvbh.org

Clear Perspective, LLC
Offers therapy for children, adolescents, and adults, specializing in EMDR, anxiety, Autism, ADHD, behavioral difficulties, depression, eating disorders, grief, PTSD, trauma, substance abuse, LGBT, and marital difficulties.

  Address: 140 Beach Street, Morganton, NC 28655
  Phone: (828) 475-0149
  Email: clearperspective@clearperspective.co
  Web: www.clearperspective.co
  Payment: accepts Medicaid

* Focus Behavioral Health Services, LLC
Offers services for youth and their families, including day treatment, outpatient, residential, intensive in-home, and equine assisted learning services.

  Address: 207 Queen Street, Morganton, NC 28655
  Phone: (828) 439-8191
  Web: www.focusbhs.com
"**Fresh Start Counseling Center**
Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, grief, anxiety, depression, parenting, stress management, substance abuse, physical and sexual abuse, and spiritual issues.

**Address:** 512 E Fleming Drive, Morgantown, NC 28655  
**Phone:** (828) 443-0005  
**Email:** holly@fscounselingcenter.com  
**Web:** www.fscounselingcenter.com  
**Payment:** accepts Medicaid

Karen G. Steele, PLLC
Offers counseling for adolescents, adults, and couples, specializing in trauma, PTSD, stress, spirituality, anxiety, depression, chronic pain, grief, life transitions, and relationship issues.

**Address:** 216 North Sterling Street, Suite C, Morganton, NC 28655  
**Phone:** (828) 477-4319  
**Web:** www.karensteele.org

**Life Works Counseling Practice**
Offers counseling for children, adolescents, and adults, specializing in depression, anxiety, relationships, grief, stress management, parenting, conflict resolution, behavioral problems, ADHD, and play therapy.

**Address:** 205 East Union Street, Morganton, NC 28655  
**Phone:** (828) 433-9190  
**Email:** lifework@bellsouth.net  
**Web:** www.lifeworksnc.com

**Mimosa Christian Counseling Center**
Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, anxiety, stress, trauma, abuse, marital concerns, and relationships.

**Address:** 220 Burkemont Avenue, Morganton, NC 28655  
**Phone:** (828) 433-5600  
**Web:** mimosachristiancounseling.org

**One Love Periodic Services, Inc.**
Offers behavioral health services including clinical assessment, outpatient services, medication management, intensive in-home services, and residential services.

**Address:** 103 North Green Street, Morganton, NC 28655  
**Phone:** (828) 433-4567  
**Web:** www.oneloveservices.com

**† Options of Burke County**
A domestic violence, rape, and sexual assault shelter, education, and advocacy center offering domestic violence support groups and therapy for victims of domestic violence, rape, sexual assault, or child abuse.

**Address:** PO Box 2512, Morganton, NC 28655  
**Phone:** (828) 438-9444  
**Web:** www.optionsburkecounty.org
Patricia Hawkins Wells, MDiv, PsyD, NCFBPPC
Offers counseling for adults and couples, specializing in anxiety, depression, trauma, PTSD, grief, women’s issues, marital concerns, and spirituality.
   Address: 200 North King Street, Morganton, NC 28655  
   Phone: (919) 698-8098  
   Web: drpatricia wells.clientsecure.me

* The Counseling Group
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in anxiety, PTSD, abuse, addiction, substance use disorder, depression, parenting, stress management, play therapy, ADHD, Autism, grief, and relationships.
   Address: 305 East Union Street, Suite B113, Morganton, NC 28655  
   Phone: (828) 322-8736  
   Email: contact@thecounselinggroup.com  
   Web: www.thecounselinggroup.com

Wisdom Path, PLLC
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in relationships, trauma, compulsive behaviors, depression, anxiety, and bipolar disorder.
   Address: 220 West Union Street, Morganton, NC 28655  
   Phone: (828) 475-6544  
   Email: wisdompathnc@gmail.com
New Season Hickory Metro Treatment Center
Offers services to treat opioid addiction including medication-assisted treatment, counseling, medically supervised withdrawal, and outpatient services.
Address: 1152 Lenoir Rhyne Boulevard Southeast, Hickory, NC 28601
Phone: (828) 485-1320
Email: hickory.nc@cmglp.com
Web: www.newseason.com

The Cognitive Connection
Offers substance use treatment services including assessments, dual disorder treatment, employment training, cognitive behavioral intervention, peer support, outpatient services, group therapy, and suboxone treatment.
Address: 929 15th Street Northeast, Hickory, NC 28601
Phone: (828) 327-6026
Adolescent Services: 4330 Viola Sipe Drive, Conover, NC 28613
Phone: (828) 256-3436
Email: info@thecogcon.com
Web: www.thecogcon.com
Payment: accepts Medicaid and offers a sliding scale

Therapy

* Access Family Services
Offers services for children, adolescents, adults, and families, specializing in trauma, crisis management, intensive in-home services, and medication management.
Address: 738 4th Street Southwest, Hickory, NC 28602
Phone: (828) 468-8624
Email: smclean@accessfamilyservices.com
Web: www.accessfamilyservices.com

Brand New Day Counseling
Offers online therapy for adults, specializing in gender therapy, the LGBT population, marital problems, transitions, anxiety, parenting, grief, stress, and relationships.
Address: Conover, NC 28613
Email: brandnewdaycounseling@gmail.com
Web: brandnewdaycounseling.com

* Brian S. Hissom & Associates, PLLC
Offers counseling for children, adolescents, adults, and families, specializing in ADHD, anxiety, depression, anger, social skills development, pain and chronic health problem management, and sleep.
Address: 321 7th Street Northeast, Suite B, Hickory, NC 28601
Phone: (828) 485-2195
Web: www.hickorycounseling.com
^-Catawba Valley Behavioral Healthcare
Offers a day treatment program, residential services, peer support, crisis services, and outpatient treatment for individuals with intellectual developmental disabilities or behavioral health disorders.
Address: 327 1st Avenue Northwest, Hickory, NC 28601
Phone: (828) 695-5900
Web: www.cvbh.org

* † Children's Advocacy and Protection Center of Catawba County
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
Address: 4360 County Home Road, Conover, NC 28613
Phone: (828) 465-9296
Web: catawbacountycapc.org/capc/

* Cornerstone Counseling Center
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in addiction, anxiety, ADD, depression, divorce, eating disorders, grief, parenting, stress, spiritual issues, and trauma.
Address: 439 1st Avenue Northwest, Hickory, NC 28601
Phone: (828) 322-4941 Email:ccc.cornerstonescounselingnc@gmail.com
Web: cornerstonecounselingnc.org

Counseling Edge
Offers counseling for adults, specializing in anxiety, panic disorders, relationships, eating disorders, depression, self-esteem, adjustment, grief, parenting, sexuality and identity, personality disorders, and transitions.
Address: 825 3rd Avenue Northwest, Hickory, NC 28601
Phone: (828) 324-1400
Web: www.counselingedge.com

* ^ Crossroads Counseling Center
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in grief, divorce, depression, anxiety, sexual and physical abuse, ADHD, attachment, parenting, dissociative disorders, spiritual issues, trauma, Autism spectrum, and early childhood issues.
Address: 255 18th Street Southeast, Hickory, NC 28602
Phone: (828) 327-6633
Web: crossroadscounseling.org
Payment: accepts Medicaid

* † Family Guidance Center
Offers counseling for children, adults, adolescents, couples, and families, specializing in depression, anxiety, child abuse, behavior, parenting, eating disorders, relationships, grief, trauma, sexual assault, and stress.
Address: 17 Us Highway 70 Southeast, Hickory, NC 28602
Phone: (828) 322-1400
Email: familyguidance@fgcservices.com
Web: www.fgcservices.com
Payment: offers a sliding scale
Greater Hickory Cooperative Ministry Free Clinic
Offers counseling, mental health, and substance abuse assessments.
   Address: 31 1st Avenue Southeast, Hickory, NC 28602
   Phone: (828) 327-0979
   Email: info@ccmhickory.org
   Web: www.ccmhickory.org
   Payment: free (must be adults and meet clinic income and insurance guidelines)

Growing Tree Counseling Center, PLLC
Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, addiction, trauma, depression, anxiety, anger, grief, and stress.
   Address: 715 Fairgrove Church Road Southeast, Suite 202, Conover, NC 28613
   Phone: (828) 638-5907
   Web: www.grow-nc.com

Hickory Psychiatric Center
Offers psychiatric services for adults, specializing in stress, anxiety, mood disorder, medication management, and other behavioral health issues.
   Address: 24 2nd Avenue Northeast, Suite 201, Hickory, NC 28601
   Phone: (828) 324-9900
   Email: info@hickorypsychiatriccenter.com
   Web: hickorypsychiatriccenter.com

Juanita Brown, PLLC
Offers counseling for children, adolescents, adults, and groups, specializing in trauma, PTSD, EMDR, depression, anxiety, and peer support.
   Address: Hickory, NC 28601
   Phone: (828) 201-4442
   Web: www.brownwalsh.com
   Payment: accepts Medicaid and offers a sliding scale

JumpStart Counseling Services
 Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, trauma, PTSD, anger management, marital and family problems, substance abuse, and ADHD.
   Address: 729 1st Avenue Southwest, Hickory, NC 28602
   Phone: (828) 302-3868
   Web: jumpstartcounselingservice.com
   Payment: offers a sliding scale

Life Recreated
Offers counseling for adolescents, adults, couples, and families, specializing in ADHD, anxiety, depression, emotion regulation, substance use disorders, grief, and relationships.
   Address: 825 3rd Avenue Northwest, Suite 2, Hickory, NC 28601
   Phone: (704) 534-7110
   Email: brenton@liferecreatednc.com
   Web: www.liferecreatednc.com

* Marriage and Family Therapy Services
Offers therapy for children, adolescents, adults, couples, and families, specializing in premarital therapy, divorce, play therapy, and parenting.
   Address: 832 2nd Avenue Northwest, Hickory, NC 28601
   Phone: (828) 328-4673
   Web: www.powertothrive.com
**New Directions Counseling Services**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in EMDR, abuse, Autism, ADHD, relationships, stress, anxiety, depression, grief, PTSD, self-esteem, codependency, social phobia, and life transitions.

- **Address:** 201 Government Avenue Southwest, Suite 305, Hickory, NC 28602
- **Phone:** (828) 267-1740
- **Web:** www.newdirectionscs.com
- **Payment:** accepts Medicaid

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**Renovo Christian Counseling**

Offers counseling for adults and couples, specializing in marriage and premarital counseling, parenting, divorce, depression, anxiety, grief, stress, anger, and conflict resolution.

- **Piedmont Center:** Suite 122, 1375 Lenoir Rhyne Blvd, Southeast, Hickory, NC 28602
- **Phone:** (828) 446-4341
- **Email:** info@RenovoForLife.com
- **Web:** www.renovoforlife.com

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**Seeds of Hope Counseling, PLLC**

Offers counseling for children, adolescents, adults, families, and groups, specializing in stress, chronic illness, anxiety, depression, gender and sexuality, the LGBT+ community, play therapy, and education advocacy.

- **Address:** 231 13th Avenue PL NW, Suite A, Hickory, NC 28601
- **Phone:** (828) 457-8597
- **Web:** www.seedsofhopepllc.com
- **Payment:** accepts Medicaid

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**Stepping Stones of Newton**

Offers counseling for children, adolescents, adults, and families, specializing in autism, depression, oppositional behavior, anger, ADHD, relationships, anxiety, divorce, grief, and regulation issues.

- **Address:** 20 East 1st Street, PO Box 245, Newton, NC 28658
- **Phone:** (828) 464-3900
- **Email:** steppingstones@charter.net
- **Web:** steppingstonesofnewton.com

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**Support, Inc.**

Offers services for children, adolescents, and adults, including family centered treatment, intensive in-home services, medication management, substance abuse programs, and individual, family, and group therapy.

- **Address:** 1053 13th Street Southeast, Hickory, NC 28602
- **Phone:** (704) 865-3525
- **Web:** www.supportinc.org

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**The Counseling Group**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in anxiety, PTSD, abuse, addiction, substance use, depression, parenting, stress, play therapy, ADHD, Autism, relationships, and grief.

- **Address:** 106 Third Avenue NE, Hickory, NC 28601
- **Phone:** (828) 322-9130
- **Email:** contact@thecounselinggroup.com
- **Web:** www.thecounselinggroup.com
* Therapy of Hickory

Offers therapy for children, adolescents, adults, couples, and families, specializing in relationships, PTSD, eating disorders, depression, self-esteem, ODD, pain, play therapy, art therapy, EMDR, grief, and anxiety.

**Address:** 1015 2nd Street Northeast, Suite 210, Hickory, NC 28601

**Phone:** (828) 409-6743

**Email:** davidkadans@hushmail.com

**Web:** www.therapyofhickory.com
CLEVELAND COUNTY
Rehabilitation

^ Crossroads Treatment Centers of Cleveland County
Provides outpatient rehabilitation for opiate addiction.
Address: 1895 East Dixon Boulevard, Shelby, NC 28150
Phone: (828) 429-4499
Web: crossroadstreatmentcenters.com
Payment: accepts Medicaid

* † ^ Phoenix Counseling and Crisis Centers
Offers mental health, substance abuse, sexual assault, and crisis services for children, adolescents, and adults.
Cleveland Crisis & Recovery Center: 609 North Washington Street, Shelby, NC 28150
Phone: (704) 751-3693
Shelby Outpatient: 200-2 South Post Road, Shelby, NC 28152
Phone: (704) 476-4106
Web: www.phoenixcc.us
Payment: accepts Medicaid and offers a sliding scale

Therapy

Art of Therapy Center
Offers counseling for children, adolescents, and adults, specializing in play therapy, infant mental health services, faith-based counseling, and parenting.
Address: 103-1 North Lafayette Street, Shelby, NC 28150
Phone: (980) 484-2111
Web: www.artoftherapycenter.com
Payment: accepts Medicaid and offers a sliding scale

† Cleveland County Abuse Prevention Council, Inc.
Offers services for survivors of domestic violence and sexual assault and to homeless women and children including individual and group therapy for adolescents and adults.
Address: 407 West Warren Street, Shelby, NC 28150
Phone: (704) 487-9325
Domestic Violence and Sexual Assault Crisis Line: (704) 481-0043
Web: apcouncil.wordpress.com
Payment: offers a sliding scale

Expeditionary Counseling
Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, anxiety, marriage, anger management, conflict resolution, grief, life transitions, OCD, spiritual issues, and stress disorders.
Address: 1050 Sam Lattimore Drive, Shelby, NC 28152
Phone: (704) 200-9343
Web: expeditionarycounseling.com
Payment: accepts Medicaid and offers a sliding scale
Inner Healing Solutions, Inc.  
Offers therapy for children, adolescents, adults, couples, and families, specializing in trauma, PTSD, anxiety, depression, and relationships.  
**Address:** 2007 East Dixon Boulevard, Shelby, NC 28152  
**Phone:** (704) 466-3022  
**Web:** innerhealingsolutions.com  
**Payment:** offers a sliding scale

LDH Counseling and Consulting, PLLC  
Offers counseling for adolescents, adults, couples, and families, specializing in dual diagnosis, domestic violence, coping, depression, grief, anxiety, substance use, bipolar disorder, ADHD, and trauma.  
**Address:** 331 South Washington Street, Shelby, NC 28150  
**Phone:** (704) 734-9247  
**Payment:** offers a sliding scale

Preferred Choice Healthcare  
Offers counseling for children, adolescents, adults, couples, and families, specializing in domestic violence, anger management, EMDR, parenting, play therapy, substance abuse, and trauma.  
**Address:** 1243-4 East Dixon Boulevard, Shelby, NC 28152  
**Phone:** (704) 487-4000  
**Web:** www.pchnc.com  
**Payment:** accepts Medicaid and offers a sliding scale

Sarah Philbeck, PLLC  
Offers counseling for adults, couples, families, and groups, specializing in art therapy, trauma, abuse, depression, anxiety, addiction, grief, anger management, and stress management.  
**Address:** 621-A South Lafayette Street, Shelby, NC 28150  
**Phone:** (704) 837-2022  
**Email:** counseling@sarahphilbeck.com  
**Web:** www.sarahphilbeck.com

Shelby Wellness and Therapy Center  
Offers counseling for individuals, couples, and families, specializing in depression, anxiety, grief, parenting, stress, conflict, postpartum depression, and substance abuse.  
**Address:** 809 North Lafayette Street, Suite A, Shelby, NC 28150  
**Phone:** (704) 284-0554  
**Email:** info@shelbytherapy.com  
**Web:** www.shelbytherapy.com  
**Payment:** accepts Medicaid and offers a sliding scale

Stacie Camp Bennett  
Offers counseling for adolescents, adults, couples, and groups, specializing in trauma, abuse, addiction, mood disorders, anxiety disorders, chronic pain, grief, and relationships.  
**Address:** 213 South Trade Street, Suite B, Shelby, NC 28152  
**Phone:** (704) 301-8093  
**Web:** stacie-bennett.clientsecure.me  
**Payment:** offers a sliding scale

* † The Children’s Advocacy Center of Cleveland County  
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.  
**Address:** 101 Trade Street, Shelby, NC 28150  
**Phone:** (704) 600-6025  
**Web:** www.cac-cc.org/
GASTON COUNTY
Rehabilitation

* † ^ Phoenix Counseling and Crisis Centers
Offers mental health, substance abuse, sexual assault, and crisis services for children, adolescents, and adults.
  Gastonia Outpatient: 2505 Court Drive, Gastonia, NC 28054
  Phone: (704) 842-6359
  Gastonia Crisis & Recovery Center: 2505 Court Drive, Gastonia, NC 28054
  Phone: (704) 854-4196
  Web: www.phoenixcc.us
  Payment: accepts Medicaid and offers a sliding scale

Therapy

Cold Water Counseling
Offers counseling for adolescents, adults, couples, and families, specializing in caregiver support, spiritual crisis, trauma, grief, stress, aging issues, and school issues.
  Address: 1607 Rankin Lake Road, Gastonia, NC 28052
  Phone: (704) 765-2059
  Email: david@coldwatercounseling.com
  Web: www.coldwatercounseling.com

* Creative Perspectives, PLLC
Offers therapy for children, adults, adolescents, couples, and families, specializing in ADHD, animal assisted therapy, women’s issues, career counseling, anxiety, and autism.
  Address: 127 South Main Street, Mt Holly, NC 28120
  Phone: (704) 759-6525
  Web: creativeperspectivestherapy.com
  Payment: offers a sliding scale

Debbie Crane, LCSW/ACSW
Offers counseling for adults, specializing in depression, PTSD, anxiety, trauma, grief, divorce, stress, and addiction.
  Address: 1301 Bessemer City Road, Gastonia, NC 28052
  Phone: (704) 874-2387
  Web: www.debbiecrane.com

Essential Journey Counseling, PLLC
Offers counseling for adolescents, adults, couples, families, and groups, specializing in relationship issues, family conflict, depression, sexual assault, and coping skills.
  Address: 603 Cox Road, Suite C, Gastonia, NC 28054
  Phone: (704) 869-2570
  Web: www.gastoniacounselor.com
Gaston Family Health Services
A patient-centered medical home offering behavioral health services specializing in anxiety, depression, stress, substance use, mood, pain, behavior, attention, and relationships.

Bessemer City Health Care Center: 119 W.Pennsylvania Ave., Bessemer City, NC 28016
Phone: (704) 629-3465

Gaston Family Counseling Center: 409 Oakland Street, Gastonia, NC 28052
Phone: (704) 874-9005

Gaston Family Health Services - Hudson: 991 W. Hudson Blvd, Gastonia, NC 28052
Phone: (704) 853-5079

Gaston Family Medical Center: 111 East 3rd Avenue, Gastonia, NC 28052
Phone: (704) 874-0065

GFHS Adult and Pediatric Practice: 2721 X-Ray Drive, Gastonia, NC 28054
Phone: (704) 874-2255

GFHS Cherryville - Adult and Pediatric Medicine: 112 S. Oak St, Cherryville, NC 28021
Phone: (704) 435-7954

GFHS Pediatrics: 991 West Hudson Boulevard, Gastonia, NC 28052
Phone: (704) 853-5010

Highland Health Center: 609 North Highland Street, Gastonia, NC 28052
Phone: (704) 772-4700
Web: www.gfhs.info
Payment: offers a sliding scale

* Genuine Counseling Services
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in depression, anxiety, parenting, grief, stress management, bullying, conflict resolution, academic needs, and attention deficit.

Address: 332 South York Street, Gastonia, NC 28052
Phone: (704) 396-6547
Email: help@genuinecounselingservice.com
Web: genuinecounselingservice.com
Payment: accepts Medicaid and offers a sliding scale

Gillian Squillacioti, LPC
Offers counseling for adolescents, adults, and couples, specializing in anxiety, depression, grief, self-esteem, the LGBT community, and mood disorders.
Address: 1554-C Union Road, Suite 6, Gastonia, NC 28054
Phone: (704) 755-5213
Email: gillian.squillacioti@gmail.com
Web: www.ggscounseling.com
Payment: offers a sliding scale

* Healing and Hope Counseling Center
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in depression, anxiety, anger, stress, grief, adjustment disorders, ADHD, ODD, abuse, trauma, self-injurious behavior, and parenting.
Address: 419 South York Street, Gastonia, NC 28052
Phone: (704) 865-8722
Web: healingandhopecounselingcenter.com
Payment: accepts Medicaid and offers a sliding scale
Hope Psychiatric
Offers therapy for individuals, specializing in psychiatric evaluations, mood disorders, medication management, anxiety, addiction, ADHD, PTSD, and crisis intervention.
Address: 438-1 East Long Avenue, Gastonia, NC 28054
Phone: (704) 854-9595
Email: hopeappointment@gmail.com
Web: www.hopepsychnc.com
Payment: accepts Medicaid

Infinite Beginnings
Offers psychosocial rehabilitation day programs for adults with a severe mental disorder.
Address: 201 West 2nd Avenue, Suite E, Gastonia, NC 28052
Phone: (704) 671-4047
Web: www.infinitebeginningsnc.org
Payment: accepts Medicaid and offers a sliding scale

* Jacqueline Najafian, LMFT
Offers therapy for children, adolescents, adults, couples, and families, specializing in depression, adjustment disorders, anxiety, trauma, grief, substance use, and ADHD.
Address: 427 Catawba Street, Belmont, NC 28012
Phone: (704) 576-4935
Web: jacquelinennajafianlmft.com

† Janet Nekooasl
Offers counseling for children, adolescents, adults, couples, and families, specializing in divorce, anger, anxiety, grief, PTSD, sexual abuse, and stress.
Address: 1562-A Union Road, Gastonia, NC 28054
Phone: (704) 861-0380
Web: www.jnekoo.com

* New Hope Counseling and Wellness
Offers counseling for children, adolescents, adults, couples, and families, specializing in trauma, play therapy, substance abuse, pastoral counseling, depression, and anxiety.
Address: 609 South New Hope Road, Suite 200C, Gastonia, NC 28053
Phone: (704) 208-1865
Web: newhopecounselingandwellness.com

* Patterson Psych Group, PLLC
Offers counseling for children, adolescents, adults, couples, and families, specializing in play therapy, depression, anxiety, trauma, PTSD, OCD, and conduct disorder.
Address: 1554-C Union Road, Suites 5 & 6, Gastonia, NC 28054
Phone: (704) 869-2047
Web: www.pattersonpsych.com

* Progress and Peace Counseling
Offers counseling for children, adolescents, adults, couples, and families, specializing in play therapy, anxiety, depression, grief ADHD eating disorders, divorce, child and adolescent behavioral issues, school-related concerns, and relationship issues.
Address: 2571A Pembroke Road, Gastonia, NC 28054
Phone: (704) 733-9010
Web: www.kellyholland.net
Providential Counseling
Offers counseling for children, adolescents, adults, and families, specializing in ADHD, anxiety, anger, behavioral disorders, substance use, autism, and dual diagnosis.
Address: 2400 Forbes Road, Gastonia, NC 28056
Phone: (704) 251-9317
Email: providentialcounseling@gmail.com
Web: providentialcounseling.net

Reach Counseling Solutions, PLLC
Offers counseling for adolescents and adults, specializing in anxiety, depression, adjustment, anger, and behavioral concerns.
Address: 6640 Wilkinson Boulevard, Suite 550, Belmont, NC 28012
Phone: (704) 561-1858
Email: brandilewis@reachcounselingsolutions.com
Web: reachcounselingsolutions.com/
Payment: offers a sliding scale

* Round Table Coaching & Consulting
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in mood disorders, trauma, PTSD, coping skills, anxiety, stress, anger management, and substance abuse.
Address: 1554 Union Road Drive, Suite 6, Gastonia, NC 28054
Phone: (980) 555-5704
Email: rbarnett rtc@gmail.com
Web: www.roundtablecc.com
Payment: offers a sliding scale

South Point Counseling
Offers counseling for children, adults, adolescents, couples, and families, specializing in depression, anger, grief, ADHD, phobias, anxiety, and parenting.
Address: 32 North Main Street, Suite 214, Belmont, NC 28012
Phone: (704) 825-9696
Web: southpointcounseling.com

Steps for Success Family Services, LLC
Offers counseling for children, adolescents, adults, couples, and families, specializing in anger, mood disorders, art therapy, anxiety, trauma, depression, conduct disorder, sexual aggression, abuse, and relationships.
Address: 811 South Oakland Street, Suite A, Gastonia, NC 28054
Phone: (704) 842-3773
Web: www.stepsforsuccessfamily.com
Payment: offers a sliding scale

* ^ Support, Inc.
Offers day treatment for children and adolescents, intensive in-home services, medication management, substance abuse programs, family centered treatment, and individual, family, and group therapy.
Day Treatment: 708 South Chestnut Street, Gastonia, NC 28054
Phone: (704) 864-6444
Outpatient: 708 South Chestnut Street, Gastonia, NC 28054
Phone: (704) 865-3525
Web: www.supportinc.org
† The Cathy Mabry Cloninger Center
Offers services to victims of domestic violence including individual and group therapy and support groups.
  Address: 330 Dr. Martin Luther King Jr. Way, Gastonia, NC 28052
  Therapy Services: (704) 477-6209
  Domestic Violence Crisis Line: (704) 852-6000
  Web: gastongov.com/government/departments/the_shelter_of_gaston_county_a_battered_women_s_residence_and_resource_center/index.php

* † The Lighthouse Children’s Advocacy Center
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
  Address: 609 Highland Street, Gastonia, NC 28052
  Phone: (704) 862-7898

Veronda Bellamy
Offers counseling for adolescents, adults, couples, and groups, specializing in substance abuse, women’s issues, coping skills, learning disabilities, dual diagnosis, and life coaching.
  Address: 1552 Union Street, Suite E, Gastonia, NC 28054
  Phone: (704) 243-9316
  Email: info@verondabellamy.com
  Web: www.verondabellamy.com
HENDERSON COUNTY
Rehabilitation

Premier Treatment Specialists
Offers treatment for opioid dependence, specializing in medication assisted treatment.
Address: 400 Beverly Hanks Center, Hendersonville, NC 28792
Phone: (828) 595-9558
Web: premierhendersonville.com

Vance Recovery
An opioid dependence treatment center offering medication assisted treatment and counseling services.
Address: 510 Dabney Drive, Suite B, Hendersonville, NC 27536
Phone: (252) 572-2625
Web: www.vancerecovery.com
Payment: accepts Medicaid

Support Services

NAMI Four Seasons
Provides free education, support groups, and advocacy to people with a mental illness and their families.
Address: P.O. Box 2108, Hendersonville, NC 28793
Phone: (888) 955-6264
Email: info@namifourseasons.org
Web: www.namifourseasons.org

Therapy

Adrienne Maurin, LCSW
Offers counseling for adults, couples, and families, specializing in depression, anxiety, trauma, PTSD, mood disorders, impulse control disorders, ADHD, grief, sexual abuse, stress, and women's issues.
Address: 110 Williams Street, Hendersonville, NC 28792
Phone: (828) 301-0770
Email: adrienne.maurin@gmail.com
Web: www.adriennemaurin.com
Payment: accepts Medicaid and offers a sliding scale

^ Advent Health Hendersonville Behavioral Services
Offers partial hospitalization, intensive outpatient, and outpatient mental health treatment services for adults including medication management, animal therapy, geriatric psychiatric services, and psychiatrist or psychotherapist services.
HOPE Women's Services is a unit that offers a full range of inpatient psychiatric treatment for women 18 and older.
Address: 100 Hospital Drive, Hendersonville, NC 28792
Phone: (828) 681-2282
Web: adventhealth.com/hospital/adventhealth-hendersonville/behavioral-care
Payment: accepts Medicaid
Betsy Comingore, MS, LPC, BCN
Offers counseling for children, adolescents, and adults, specializing in anxiety, depression, ADHD, sleeping issues, impulsivity, emotional reactivity, and mood regulation.

Address: 1216 6th Avenue W, Suite 200, Unit 4, Hendersonville, NC 28739
Phone: (828) 799-0220
Email: betsyclpc@gmail.com
Web: betsyclpc.wixsite.com/heartandmind

* ^ Blue Ridge Health
A community health center offering behavioral health services for children, adolescents, and adults, specializing in couple, family, and group counseling, addiction, mental health crisis, and somatic therapy.

Address: 2579 Chimney Rock Road, Hendersonville, NC 28792
Phone: (828) 692-4289
Web: www.brchs.com
Payment: accepts Medicaid and offers a sliding scale

Brian Dugdale Counseling
Offers counseling for children, adolescents, adults, couples, and families, specializing in addiction, depression, anxiety, and relationship issues.

Address: 244 5th Avenue West, Hendersonville, NC 28739
Phone: (828) 283-0573
Email: briandugdale@hotmail.com
Web: www.briandugdale.com

Ceil Mattingly Counseling - Marriage Family Therapist LMFT
Offers counseling for adults, couples, and families, specializing in trauma, PTSD, EMDR, life transitions, anxiety, depression, sexual violence, domestic violence, divorce, and upsetting medical diagnoses.

Address: Hendersonville, NC 28739
Phone: (828) 388-1558
Web: www.ceilmattingly.com

Cochran Christian Counseling
Offers counseling for adults, couples, and families, specializing in trauma, PTSD, men’s issues, homeschool families, depression, and anxiety.

Address: 611 North Church Street, Suite 204, Hendersonville, NC 28792
Phone: (828) 290-7968
Web: cochranchristiancounseling.com

Compassionate Counseling and Psychotherapy
Offers counseling for adults, specializing in stress management, coping with chronic illness, life changes, smoking cessation, pain management, and weight management.

Address: 1303 5th Avenue West, Suite B, Hendersonville, NC 28793
Phone: (828) 697-0160
Email: klscottingham@bellsouth.net
Web: compassionatecounselingforyou.com
* ^ Doc Ann Counseling & Health Consultation
Offers counseling for children, adolescents, adults, couples, and families, specializing in anxiety, depression, family and relationship issues, parenting, stress management, health issues, and weight management.
  Address: Hendersonville, NC 28739
  Phone: (828) 782-0343
  Email: consult@docann.com
  Web: www.docann.com
  Payment: offers a sliding scale

Dona Menz, MS, LPC, LCAS
Offers counseling for adolescents, adults, and groups, specializing in life transition, depression, anxiety, trauma, addiction, and EMDR.
  Address: 2684 A Greenville Highway, Flat Rock, NC 28731
  Web: www.donamenz.com
  Payment: offers a sliding scale

Eastern Sun Counseling
Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, stress, trauma, relationship issues, EMDR, Asperger’s disorder, and life transitions.
  Address: 160 White Street, Hendersonville, NC 28739
  Phone: (828) 785-8406
  Web: easternsuncounseling.com

* ^ Family Preservation Services
Offers services for children, adolescents, and adults, specializing in medication management, outpatient therapy, school-based therapy, substance use, day treatment, psychosocial rehabilitation, and peer support services.
  Address: 120 Chadwick Square Court, Hendersonville, NC 28739
  Phone: (828) 697-4187
  Address: 120 South Grove Street, Hendersonville, NC 28791
  Phone: (828) 697-2660
  Web: www.pathways.com

Fostering Real Change Counseling Services, Inc.
Offers counseling for adolescents, adults, couples, families, and groups, specializing in relationship issues, trauma, PTSD, depression, behavior disorders, suicidal urges, and abuse.
  Address: 220 3rd Avenue West, Suite A, Hendersonville, NC 28739
  Phone: (828) 376-0000
  Email: info@fosteringrealchange.com
  Web: www.fosteringrealchange.com

^ The Free Clinics
Offers short-term counseling and a bi-monthly psychiatric clinic.
  841 Case Street
  Address: Hendersonville, NC 28792, Phone: (828) 697-8422
  Web: www.thefreeclinics.org
  Payment: maintains eligibility requirements for services including county residency, lack of insurance, and income guidelines
Full Circle
Offers therapy for adolescents, adults, couples, families and groups, specializing in depression, anxiety, eating disorders, anger management, substance abuse, bipolar disorder, psychosis, schizophrenia, personality disorders, OCD, PTSD, and self-harm.
Address: 322 8th Avenue East, Hendersonville, NC 28739
Phone: (828) 222-0401
Email: info@fullcirclewnc.org
Web: www.fullcirclewnc.org
Payment: offers a sliding scale

Grover Family Therapy
Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, trauma, substance use, and addiction.
Address: 425 Linda Vista Drive, Hendersonville, NC 28792
Phone: (828) 523-9912
Email: grovertherapy@gmail.com
Web: www.groverfamilytherapy.com
Payment: offers a sliding scale

* Kintsugi Healing
Offers counseling for children, adolescents, adults, and families, specializing in trauma, anxiety, depression, play therapy, and stress.
Address: 121 3rd Avenue West, Hendersonville, NC 28792
Phone: (828) 290-5126
Email: kati@kintsugihealingcounseling.com
Web: kintsugihealingcounseling.com

Mountain Counseling Associates, LLC
Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in mood disorders, anxiety disorders, trauma, PTSD, pain management, child and adolescent behavior problems, developmental disabilities, family and relationship issues, and veterans issues.
Address: 110 Williams Street, Hendersonville, NC 28792
Phone: (828) 692-7300
Web: mountaincounseling.com/
Payment: accepts Medicaid

Mountain Creative Arts
Offers therapy for adults and groups, specializing in art therapy, trauma, anxiety, depression, EMDR, and trauma-informed counseling.
Address: 307 North Main Street, Suite 9-10, Hendersonville, NC 28792
Phone: (828) 785-4789
Email: kgilmore@mountaincreativearts.com
Web: www.mountaincreativearts.com

Peggy Bintz, PMHNP-BC
Offers services to adults, couples, and families, specializing in medication management, ADHD, anxiety, autism spectrum, bipolar disorder, depression, mood disorder, OCD, ODD PTSD schizophrenia, disorders, and women's issues.
Address: 558 Fleming Street, Suite A, Hendersonville, NC 28739
Phone: (828) 697-8444
Web: peggybintznp.wordpress.com
Payment: accepts Medicaid
Resilient Journeys
Offers counseling for adults, couples, and groups, specializing in depression, anxiety, borderline personality disorder, bipolar disorder, trauma, domestic violence, substance use, anger management, chronic pain management, and LGBTQ issues.

Address: 220 3rd Avenue West, Unit A, Hendersonville, NC 28739
Phone: (828) 376-0055
Web: www.resilientjourneysnc.com
Payment: accepts Medicaid and offers a sliding scale

* † Safelight
Believe Child Advocacy Center
Offers services for survivors of interpersonal violence, sexual assault, and child abuse including counseling for children, adolescents, and adults.

Address: 133 Fifth Avenue West, Hendersonville, NC 28792
Phone: (828) 693-3840
Email: info@safelightfamily.org
Web: www.safelightfamily.org
Payment: counseling services are free

Shirley Nicholson Counseling
Offers counseling for adolescents, adults, and couples, specializing in depression, anxiety, OCD, self-esteem, relationship issues, and infertility counseling.

Address: 131 4th Avenue West, Suite 216, Hendersonville, NC 28792
Phone: (828) 242-7806
Email: shirleymnicholson@gmail.com
Web: shirleynicholsoncounseling.com
Payment: offers a sliding scale

Tammy Maxey, MS, LPC, LCAS, CEDS
Offers counseling for adolescents and adults, specializing in eating disorders, anxiety, depression, addiction, mood disorders, personality, and self-harm.

Address: 120 Chadwick Square Court, 2nd Floor, Suite D, Hendersonville, NC 28739
Phone: (828) 696-6985
Email: tammaxey@gmail.com
Web: hendersonvillecounseling.com

Terri Morgan, M.Ed., LPC, LCAS
Offers counseling for adults, couples, and groups, specializing in depression, anxiety, relationship issues, family issues, substance abuse, personality disorders, mood disorders, and sexual trauma.

Address: 244 5th Avenue West, Hendersonville, NC 28739
Phone: (828) 333-7931
Web: www.terrilmorgan.com

Wellness Within Counseling
Offers counseling for adults and groups, specializing in trauma, PTSD, dissociative disorders, depression, anxiety, anger management, and relationship issues.

Address: 840 Fleming Street, Suite 2, Hendersonville, NC 28791
Phone: (828) 692-8097
Web: wellnesswithincounseling.net
**Lincoln County Rehabilitation**

*†^ Phoenix Counseling and Crisis Centers
Offers mental health, substance abuse, and sexual assault services for children, adolescents, and adults.

- **Lincoln Outpatient:** 510 South Aspen Street, Lincolnton, NC 28092
  - **Phone:** (704) 735-7325
- **Lincoln Wellness Center:** 311 McBee Street, Lincolnton, NC 28092
  - **Phone:** (704) 732-0018
  - **Web:** www.phoenixcc.us
  - **Payment:** accepts Medicaid and offers a sliding scale

**Support Services**

Infinit Beginnings
Offers psychosocial rehabilitation day programs for adults with a severe mental disorder.

- **Address:** 526 East Main Street, Lincolnton, NC 28092
- **Phone:** (704) 671-4047
- **Web:** www.infinitebeginningsnc.org
- **Payment:** accepts Medicaid and offers a sliding scale

**Therapy**

* Breakthrough Mental Health Counseling
Offers counseling for children, adolescents, and adults, specializing in anxiety, anger management, depression, eating disorders, phobias, play therapy, relationships, self-esteem, stress, and women’s issues.

- **Address:** 2485 NC-16 Business, Denver, NC 28037
- **Phone:** (980) 247-0301
- **Email:** alexis@breakthroughmentalhealth.com
- **Web:** breakthroughmentalhealth.com

Charles Counseling & Consulting
Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, grief, anxiety, depression, parenting, and stress management.

- **Address:** 2589 East Main Street, Suite 102, Lincolnton, NC 28092
- **Phone:** (980) 263-0458
- **Email:** appointments@chalescounselingconsulting.com
- **Web:** charlescounselingconsulting.com
Counsel for Hope
Offers counseling for children, adolescents, adults, couples, and families, specializing in addiction, codependency, ADHD, abuse, anger, anxiety, grief, eating disorders, depression, and relationships.

Address: 119 Fuchia Lane, Lincolnton, NC 28092
Phone: (704) 201-9063
Email: info@counselforhope.com
Web: www.counselforhope.com
Payment: accepts Medicaid and offers a sliding scale

GFHS Lincolnton Family Medicine
A patient-centered medical home offering behavioral health services specializing in anxiety, depression, stress, substance use, mood, pain, behavior, attention, and relationships.

Address: 212 Gamble Drive, Suite C, Lincolnton, NC 28092
Phone: (704) 735-7145
Web: www.gfhs.info
Payment: offers a sliding scale

Grace Roads Counseling Center, PLLC
Offers counseling for adolescents, adults, couples, and families, specializing in ADD, anxiety, coping skills, depression, grief, parenting, relationships, and substance use.

Address: 274 North Highway 16, Suite 100, Denver, NC 28037
Address: 125 East Main Street, Lincolnton, NC 28092
Phone: (704) 550-4792
Email: sbenson317@gmail.com
Web: www.groundedingrace.net
Payment: offers a sliding scale

^ Hope Psychiatric
Offers therapy for individuals, specializing in psychiatric evaluations, mood disorders, medication management, anxiety, addiction, ADHD, PTSD, and crisis intervention.

Address: 1220 North Flint Street, Lincolnton, NC 28092
Phone: (704) 748-9558
Email: hopeappointment@gmail.com
Web: www.hopepsychnc.com
Payment: accepts Medicaid

* † Lincoln County Child Advocacy Center
Offers services for survivors of interpersonal violence, sexual assault, and child abuse including counseling for children, adolescents, and adults.

Address: 161 Policarp Street, Lincolnton, NC 28092
Phone: (704) 736-1155
Web: cac-lincolncounty.org

Solid Foundations Counseling Center
Offers counseling for children, adolescents, adults, couples, and families, specializing in physical and sexual abuse, mood disorders, ADHD, parenting, defiant behavior, domestic violence, trauma, and relationships.

Address: 151 Sigmon Road, Lincolnton, NC 28092
Address: 311 McBee Street, Lincolnton, NC 28092
Phone: (704) 466-0162 Email:bobbyfisher@solidfoundationscounseling.com
Web: solidfoundationscounseling.com
Payment: accepts Medicaid
Stepping Forward Counseling Services, PLLC
Offers counseling for children, adults, and adolescents, specializing in grief, coping, stress, anxiety, depression, transitions, and school issues.
   Address: 327 North Laurel Street, Lincolnton, NC 28092
   Phone: (704) 339-7749
   Web: stepping-forward-counseling-services-pllc.business.site

Youtopia Counseling Services
Offers counseling for children, adults, adolescents, couples, families, and groups, specializing in depression, grief, parenting, anxiety, coping, addiction, emotional and crisis management, and eating disorders.
   Address: 388 North Highway 16, Denver, NC 28037
   Phone: (980) 231-0955
   Web: www.youtopiacounseling.com
**MCDOWELL COUNTY**

**Therapy**

* ^ A Caring Alternative
Offers therapy, intensive in-home, and day treatment services for children and adolescents, and offers therapy and support services for adults, specializing in mental health and substance use disorders.

Address: 361 North Main Street, Marion, NC 28752
Phone: (828) 652-5444
Email: info@caringalternative.com
Web: www.caringalternative.com

CareNet Counseling
Offers counseling for children, adolescents, adults, couples, and families, specializing in stress, trauma, PTSD, anxiety, depression, grief, eating disorders, and spiritual concerns.

Address: 79 Academy Street, Marion, NC 28752
Phone: (828) 559-0125
Web: www.carenetnc.org/about/our-regional-centers/western-region/
Payment: offers a sliding scale

* † McDowell County Children’s Advocacy Center - Lily’s Place
Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.

Address: 378 South Main Street, Marion, NC 28752
Phone: (828) 659-5565
Email: burkecac@southmountain.org
Web: www.southmountain.org/childrens-advocacy-centers/

Neural~Synergistic~Network & Domestic Appeal
Offers therapy for children, adolescents, adults, couples, and families, specializing in trauma, PTSD, neurofeedback, relationship issues, anxiety, depression, grief, and anger.

Address: 150 North Madison Street, Marion, NC 28752
Phone: (828) 460-3411
Email: neurosynergists@gmail.com, deanneackley@earthlink.net
Web: www.domesticappeal.com

^ RHA Health Services
Offers services for children, adolescents, adults, families, and groups, specializing in diagnostic assessment, child and adolescent day treatment services, domestic violence, peer supports, medication management, and substance abuse.

Address: 486 Spaulding Road, Suite B, Marion, NC 28752
Phone: (828) 652-2919
Email: laura.mcilvaine@rhanet.org
Web: www.rhahealthservices.org
Payment: accepts Medicaid
**POLK COUNTY**

**Therapy**

**Angela Gupta-Thomas, PhD, LCSW**

Offers counseling for children, adolescents, adults, couples, and families, specializing in abuse, trauma, anger management, anxiety, coping skills, stress, chronic illness/pain, depression, disordered eating, relationships, grief, parenting, and divorce and blended families.

- **Address:** 590 South Trade Street, Tryon, NC 28782
- **Phone:** (828) 708-0953
- **Web:** www.angelaguptathomas.com
- **Payment:** accepts Medicaid

* ^ **Blue Ridge Health**

A community health center offering behavioral health services for children, adolescents, and adults, specializing in couple, family, and group counseling, addiction, mental health crisis, and somatic therapy.

- **Address:** 155 West Mills Street, Columbus, NC 28722
- **Phone:** (828) 894-2222
- **Web:** www.brchs.com
- **Payment:** accepts Medicaid and offers a sliding scale

* ^ **Family Preservation Services**

Offers services for children, adolescents, and adults, specializing in medication management, outpatient therapy, school-based therapy, substance use, day treatment, psychosocial rehabilitation, and peer support services.

- **Address:** 96 White Drive, Polk, NC 28722
- **Phone:** (828) 894-2290
- **Web:** www.pathways.com

* **FENCE Therapeutic Riding of Tryon**

Offers therapeutic riding and equine assisted activities for children, adolescents, and adults with physical, developmental, and cognitive disabilities.

- **Address:** 3381 Hunting Country Road, Tryon, NC 28782
- **Phone:** (828) 859-9315
- **Email:** horseshow@fence.org
- **Web:** www.fence.org/trot
NAMI South Mountains, NC
Provides free education, support groups, and advocacy to people with a mental illness and their families.

Address: 124 South Powell Street, Suite D, Forest City, NC 28043
Phone: (828) 771-6305
Email: namisouthmountainsnc@gmail.com
Web: namirutherfordclevelandburke.org

Therapy

* ^ Blue Ridge Health
A community health center offering behavioral health services for children, adolescents, and adults, specializing in couple, family, and group counseling, addiction, mental health crisis, and somatic therapy.

Address: 187 West Main Street, Spindale, NC 28160
Phone: (828) 288-2881
Address: 146 Nesbitt Ridge, Lake Lure, NC 28746
Phone: (828) 625-4400
Web: www.brchs.com
Payment: accepts Medicaid and offers a sliding scale

* ^ Family Preservation Services
Offers services for children, adolescents, and adults, specializing in medication management, outpatient therapy, school-based therapy, substance use, day treatment, psychosocial rehabilitation, and peer support services.

Address: 356 Charlotte Road, Rutherfordton, NC 28139
Phone: (828) 288-8773
Address: 139 East Trade Street, Forest City, NC 28043
Phone: (828) 288-2707
Web: www.pathways.com

* † Family Resources of Rutherford County - Wanda Paul Children's Center
Provides services to victims of domestic violence, sexual assault, and child abuse, including counseling for children, adolescents, and adults.

Address: 358 East Main Street, Forest City, NC 28043
Phone: (828) 247-1440

Flourishing Lives Counseling
Offers child, adult, adolescent, and family counseling, specializing in ODD, ADHD, adjustment, parenting, anxiety, bipolar, depression, divorce, neglect, PTSD, and sexual and physical abuse.

Address: 179 West Main Street, Suite 122, Forest City, NC 28043
Phone: (828) 289-7612
Nelson Christian Counseling
Offers counseling for adults, couples, and families, specializing in marriage, PTSD, anxiety, and depression.

Address: 179 West Main Street, Suite 122, Forest City, NC 28043
Phone: (828) 513-6491
Web: nelsonchristiancounseling.com

* Preferred Choice Healthcare
Offers family, couples, adult, child, and adolescent therapy, specializing in anger, EMDR, trauma, play therapy, substance abuse, and parenting.

Address: 182 West Court Street, Rutherfordton, NC 28139
Phone: (828) 287-7806
Web: www.pchnc.com
Payment: accepts Medicaid and offers a sliding scale

Restoration Counseling
Offers adult, couple, and family counseling, specializing in anxiety, grief, depression, blended families, relationships, divorce, transitions, health concerns, and spiritual concern

Address: 2975 Memorial Highway, Suite A, Lake Lure, NC 28746
Phone: (704) 858-2926
Email: maryalisonreitano@gmail.com
Web: restorationcounselingcarolinas.com

^ RHA Health Services
Offers child, adolescent, adult, family, and group services, specializing in diagnostic assessment, child and adolescent day treatment services, substance abuse, peer support, and medication management.

Address: 132 Commercial Drive, Suite 120, Forest City, NC 28043
Phone: (828) 248-1117
Email: laura.mcilvaine@rhanet.org
Web: www.rhahealthservices.org
Payment: accepts Medicaid

Solid Foundations Counseling Center
Offers child, adolescent, adult, family, and couples counseling, specializing in parenting, mood, ADHD, defiant behaviors, relationships, domestic violence, trauma, and abuse

Address: 172 South Oak Street, Suite C, Spindale, NC 28160
Phone: (704) 466-0162
Email: bobbyfisher@solidfoundationscounseling.com
Web: solidfoundationscounseling.com
Payment: accepts Medicaid